

# DMAVA Highlights

August 4, 2006

Volume 5, Number 32

### News For your Views

### Congratulations to the United States Coast Guard, today is their 216<sup>th</sup> birthday

The United States Coast Guard traces their history back to August 4, 1790, when the first Congress authorized the construction of ten vessels, called cutters, to enforce tariff and trade laws, prevent smuggling, and protect the collection of federal revenue. They were known variously as the Revenue Marine and the Revenue Cutter Service and expanded in size and responsibilities as the nation grew.

These responsibilities included aiding mariners in distress, enforcing laws against slavery, piracy and preventing smuggling. They were also responsible for protecting the marine environment, exploring and policing Alaska, and charting the growing nation's coastlines, all well before the turn of the twentieth century.

The service was renamed in 1915 under an act of Congress when the Revenue Cutter Service merged with the Life-Saving Service. They began to maintain the country's aids to maritime navigation, including operating lighthouses, when the Lighthouse Service was transferred to the Coast Guard in 1939. In 1946, Congress transferred the Bureau of Marine Inspection and Navigation to the Coast Guard.

In times of peace the Coast Guard operates as part of the Department of Homeland Security, serving as the nation's front-line agency for enforcing our laws at sea, protecting our coastline and ports and saving life. In times of war, or on direction of the President, the Coast Guard serves under the Navy.

The Coast Guard's motto is "Semper Paratus" – Always Ready.

**Did you know:** In 1790, when the Revenue Marine/Revenue Cutter Service was established by the First Congress of the United States these ships were the only maritime force available to the new government under the Constitution (the Continental Navy had been disbanded in 1785). So, between 1790 and 1798, there was no United States Navy and the cutters were the only warships protecting the coast, trade and maritime interests of the United States.

*Famous Coast Guardsmen: Buddy Ebsen*, actor; *Blake Edwards*, writer, director and producer; *Arthur Feidler*, conductor; *Alan Hale Jr.*, actor; *Alex Haley*, writer; *Sam Nunn*, former Senator (GA); Arnold Palmer, professional golfer; *Caesar Romero*, actor and *Ted Turner*, businessman.

### Veterans Benefits Workshop Held

Two Veterans Benefits Workshop sessions with the New Jersey State Police were held at the Hamilton Tech Center on July 24. Approximately 100 State Police Officers and employees attended the seminar. Opening comments were provided by Gary Englert, Director, Division of Veterans Services (DVS) and supported by Bill Devereaux, Program Coordinator, DVS along with Joe Nyzio and Kimberly Bruss of the NJDMAVA staff. Topics included state and federal benefits, Department policies on the buy back of military service and vets preference for promotion and job placement.

*NJ Dept of Military and Veterans Affairs* 

Maj. Gen. Glenn K. Rieth The Adjutant General

Brig. Gen. Maria Falca-Dodson Deputy Adjutant General

Col. (Ret) Stephen G. Abel Deputy Commissioner for Veterans Affairs

Contacting us is easy!

Public Affairs Office

SSgt. Barbara Harbison <u>Barbara.harbison@njd</u> <u>mava.state.nj.us</u>

Or

609-530-7088

We're on the Web! www.state.nj.us/military



Veterans' Organizations

### Contact Information

State Veterans Service Council Mr. Richard Clark <u>RJClark21@msn.com</u>

NJ Advisory Committee for Women Veterans Mrs. Anna Hoffman <u>AnnaMHoffman</u> <u>@qmail.com</u>

BG William C. Doyle Cemetery Advisory Council Mr. William Rakestraw <u>warjrnj@msn.com</u>

### <u>Veterans Hotlines</u>



Benefits & Entitlements 1-888-8NJ-VETS (1-888-865-8367)

> <u>Mental Health</u> 1-866-VETS-NJ4U (1-866-838-7654)

NJ World War II Memorial



For information or to make a donation, call 609-530-7049

### **PTSD Meeting Held**

A Post Traumatic Stress Disorder Task Force Monthly meeting was held in Ocean County on July 26 featuring guest speakers from both the Amputee Coalition of America and the Newark Veterans Administration Regional Office. Topics included psychological care for our returning vets to a proposal for the committee to apply for commission status through the State Legislature. Meeting was chaired by Bill Devereaux, Task Force Coordinator on behalf of NJDMAVA through Division of Veterans Services.

### Fill Your Date Book

### "Good Morning America" looking for OIF/OEF vets for concerts

"Good Morning America" is opening up to 50 spaces in their concert series to OIF/OEF veterans every Friday morning through Aug. 25. If you are interested in attending one of these concerts, please contact Kryn Westhoven, 609-530-6950 as soon as possible.

The events are 7-9 a.m., with arrival time of 6 a.m. at the concert location – Bryant Park at  $42^{nd}$  and  $6^{th}$  Avenue, which is located directly behind the New York Public Library. Uniform is ACUs/DCUs with berets.

Soldiers and guests will be in the VIP section near the stage – there is no seating; standing room only. Those who attend must provide their own transportation; parking is several blocks away from the park.

Entertainers on the calendar are: Aug. 11- Carrie Underwood Aug. 18- Christina Aguilera Aug. 25- Lionel Richie

### Honorable Mention

### Civil Air Patrol looking for BDU donations

The New Jersey Civil Air Patrol is the official auxiliary of the U.S. Air Force. They perform inland search and rescue missions, aerial reconnaissance for homeland security and disaster relief missions. CAP has an active cadet program and aerospace education program for young people. All of the members are unpaid volunteers and must purchase their own uniforms, although CAP does try to provide uniforms for their cadet members without charge to them.

CAP is looking for donations of BDUs (woodland pattern) in wearable condition for use by their members. They can use pants, shirts, field jackets and caps. They will also accept Air Force Service Dress uniforms for cadet's use.

If you have uniforms to donate, please contact Maj. Rick Ulmer, (732)364-7755 or e-mail: caplawyer123@comcast.net. He will make arrangements for pick-up.

### Tax-free in New Jersey!!

Does your shopping list have either a U.S. Flag or New Jersey flag on it? One good piece of news – the sales tax hike does not affect that purchase; in fact purchase of either flag is TAX FREE in New Jersey. Please visit the following web page to check out the particulars: <u>http://www.state.nj.us/treasury/taxation/index.html?flag.htm</u>.

### Extreme heat pointers

As summer sets in, the heat will get to each of us sooner or later. Please stop by the Center for Disease Control web site for more information on what to do during extreme heat, symptoms of heat stroke, exhaustion and cramps and other great pointers. Here is the link: <u>http://www.bt.cdc.gov/disasters/extremeheat/heat\_guide.asp</u>.

#### Helping one of our own

One of our fellow employees, Ms. Sandra Langley, suffered a terrible loss last weekend. A tragic fire resulted in the loss, not only of her home, but most importantly, her daughter and two grandchildren.



<u>New Jersey Freedom</u> <u>Loans</u>

#### <u>What is a Freedom Loan?</u>

- \* Up to \$10,000
- \* Annual APR 6%
- Term: 5 years (no prepayment penalty)
- Unsecured Loan (no collateral required)

#### Who is eligible to apply?

NJ residents who are:

- Members of the National Guard or Reserve
- Mobilized for one year or longer to fight in the Global War on Terrorism (GWOT) excluding routine training.

Or

Served 90 or more consecutive days in the GWOT on federal or state active duty (excluding routing training) <u>and</u> have received orders extending cumulative active duty a year or longer.

#### How do I apply?

 Contact participating banks. Call or visit your local branch office to obtain an application. Ms. Langley, who is a Nurses Aide at the Veterans Memorial Home at Vineland, can use our help as she begins to rebuild her life.

A collection box has been placed in our lobby for your donations of clothing and household items for Sandra. Monetary donations are being collected by Ms. Cindy Leese in our Human Resource Division. Checks should be made payable to: Sandra Langley Fire Relief Fund.

Because of the generosity of the DMAVA employees, along with the Veterans of Foreign Wars Post 3020 and Leonard Saxton Memorial VFW Post 6590, more than \$4,000 has been collected to this point.

Thank you for your generosity.

### Army offers free courses for Soldiers, DA civilians

If you are an Army Soldier or DA civilian, you can access more than 2,600 information technology, business, self-development and 30 foreign language courses for FREE through Army e-Learning. Visit <u>www.us.army.mil</u> and select "my education." In Fiscal Year 2006, almost a quarter million courses were completed. Some of the top 10 courses of the month for July were: Rosetta Stone Spanish and Arabic, Windows XP: Fundamentals, Accounting Fundamentals and Encryption Technologies.

### DMAVA Hotline

The Department of Military and Veterans Affairs Emergency Hotline is:

### 1-866-232-5798

You will hear the following message:

You have reached the New Jersey Department of Military and Veterans Affairs Emergency Information Number. Please listen to the following menu choices and select an appropriate option:

State employees – press 1 Federal employees – press 2 National Guard employees – press 3

### Political activities of Federal employees

General policy. As a matter of long-standing policy, DoD personnel acting in their official capacities may not engage in activities that associate DoD with any partisan political campaign or election, candidate, cause or issue.

Public commentary by military personnel. All military personnel, including National Guard and Reserve forces, acting in their official capacities may not engage in public commentary, including speeches and written submissions offered for publication, concerning political campaigns or elections absent prior clearance.

### Affordable vacation spots around the world

Are you looking for an affordable vacation spot? The Armed Forces Recreation Center has resorts around the world for members of the Armed Forces, their families and other members of the Total Defense Force. Room rates are based on rank, pay grade, duty status, room size and/or room location. Reservations are required, policies vary by location and guests may not stay more than 30 consecutive days or register again within the following 90-day period. But if you are thinking of Hawaii, Germany, South Korea or Orlando as a possible vacation destination, this just may be the ticket! Visit <a href="http://www.armymwr.com/portal/travel/recreationcenters/">http://www.armymwr.com/portal/travel/recreationcenters/</a> for more information.

### Doyle cemetery seeks volunteers

The Cemetery is working toward designation as a Certified Audubon Cooperative Sanctuary. We are enlisting the support of community volunteers for Outreach & Education. Scouting Groups, Veteran Service Organizations, Youth Groups, and other interested individuals are encouraged to contact Iven C. Dumas 1st Sgt, USMC (Ret) Assistant Superintendent, at (609) 758-7250 ext. 17 or by e-mail at Iven.Dumas@njdmava.state.nj.us.

### JT2DC Memorial Walkway offers engraved pavers

Guardmembers,
 Reservists, or family
 members with Power
 of Attorney must
 submit copies of
 current mobilization
 orders with the bank's
 Freedom Loan
 application.

#### Current participants:

- © Commerce Bank 1-888-751-9000
- © Credit Union of NJ 609-538-4061, ext. 401
- First Morris Bank & Trust
   1-888-530-2265
- Manasquan Savings
  Bank
  732-223-4450
- North Jersey Federal
  Credit Union
  1-888-78NJFCU
- © Peapack-Gladstone Bank (908) 719-BANK
- © Pennsville National Bank 856-678-6006
- © PNC 1-866-PNC-4USA
- Sovereign Bank 1-877-391-6365
- © Sun National Bank 1-800-691-7701

The Joint Training and Development Center (JT2DC) recently unveiled the Memorial Walkway to the center. The purpose of the pond and walkway are to serve as a reminder that there are Soldiers in harm's way protecting the freedoms that we all cherish and enjoy.

The concept of the Memorial Walkway was to have Soldiers create a mark by dedicating inscribed bricks. Soldiers have chosen to honor loved ones, family members, friends, and personnel with whom they served.

Anyone interested in purchasing an engraved paver for \$50, can contact Command Sgt. Maj. Timothy Maskery at (609) 562-0539.

### Enlisted Association of the National Guard of New Jersey <u>Membership</u>

Give our state a larger voice by becoming a member of the Enlisted Association. The increased numbers will help us speak on all legislative issues that will benefit you and your families. The association works hard for you at the Federal & State level on all important issues. Visit the web site <u>EANG-NJ.org</u>, click on *Become a Member* for the application and find out more about what the association does.

### <u>Conference</u>

The Enlisted Association invites you to the Annual Conference at the Clarion Hotel and Conference Center in Atlantic City West, **October 6-8**, **2006**, to Honor and Salute our Airmen and Soldiers who supported the <u>War on Terrorism</u>. Saturday during the Military Ball will be our way to say thank you for their dedication and sacrifices that they and their families shared. Friday night will feature a Hawaiian luau with a show and an Army and Air challenge. Our mission is to have fun. Visit our web site <u>EANG-NJ conference</u> to find out more. Thank you for your support. You can reach the membership chairman Jerome Zebrowski at (609) 214-6959 or jcptfalc@aol.com or co-chairman Edward Goetschius at (609) 965-1972 or esgtmaj@comcast.net.

### For the Families

### Grants available for assistance and recreation

Happy Summer! Now is the time that many families and kids enjoy vacations and day trips, camps, picnics, and family visits. Unfortunately, because of increased deployments and the financial and emotional stress associated with them, many military families might find these activities difficult to arrange. This is why The Women's Opportunity Center at the YMCA of Burlington County in Mt. Laurel, N.J., is pleased to remind military members that grant funds are available not only for financial emergencies and crisis situations, but also to provide recreational and stress relieving activities such as camps and classes.

This grant, provided by the Department of Community Affairs is available to spouses of deployed military personnel in all branches of service in the state who are income eligible. Applicants can expect to fill out very minimal paperwork (one page) and receive their approval and funds within a week of completed application.

Director of the Center, Cathi Rendfrey, said the YMCA and the Women's Opportunity Center are proud and honored to be able to come to the aid of the military at such a critical time.

For more information and an application, contact Fawn Mutschler at 856-234-6200, ext. 235 or e-mail: <u>fawnm@ymca-bc.org</u>.

### Marriage Enrichment Seminar

Due to the success of the Marriage Enrichment Seminars, also known as Prevention and Relationship Enhancement Program (PREP), we have requested and have been approved for additional funding. Another seminar has been scheduled for **Sept. 22-24.** This will be the last seminar for FY06. If you have never attended the seminar, call Marie Durling at 609-562-0739 for more information and or to register. This seminar is open to all NJNG Soldiers. Soldiers that have been deployed will be given priority.

### **Guard Family Action Plan**

The Guard Family Action Plan (GFAP) identifies issues of concern to Guard members, spouses, parents, children, retirees and civilian employees. The GFAP determines actions necessary to resolve issues and assigns responsibility for actions to the proper staff agency.

The proper staff agency begins at unit level within the chain of command and can include the Departments of the Army and Air Force and the Congress of the United States. You can submit an issue along with your recommendation for a solution through the GFAP website at <u>www.gfap.org</u>. If you have any questions, you can call Marie Durling in the State Family Programs Office at 609-562-0739.

### Spouses invited to go on orientation flights

The 108th Air Refueling Wing would like to extend an invitation to the spouses of New Jersey Army and Air National Guardsmen and women who would like to see an aerial refueling up close.

The wing will be having a spouse-only orientation flight on August 18. This is a great opportunity for spouses to see the skills needed to fuel an aircraft more than 20,000 feet in the air. Seats will be on a first-come, first-served basis. If you are unable to get a seat, don't worry. The 108th will have more flights to follow to give everyone a chance to fly.

If you are interested, please call Staff Sgt. Beth Pritchard at (609) 754-4173 or e-mail at <u>elizabeth.Pritchard@njmcgu.ang.af.mil</u> for the form needed to request a seat.

Guard members who would like an orientation flight or would like to nominate their bosses for a flight can also contact Staff Sgt. Pritchard for information and forms.

### Family Programs on the calendar

Aug. 5, noon	D/250th BSB & 5/117 CAV FRG Luau at Sea Girt Beach
Aug. 5, 11 a.m.	Battalion Picnic, Washington Armory
Aug. 9, 7:30 a.m5 p.m.	Intrepid Museum (New York City) trip for youth members
Aug. 13, 10 a.m5 p.m.	Riverdale FRG Classic Car Show and Fair
Aug. 20, 9 a.m 3 p.m.	108th ARW Family Day, Doughboy Field, Fort Dix
Aug. 20, 10 a.m.	50th PSB FRG Beach Party, Sea Girt Beach
Aug. 26, 1 p.m.	End of Summer Barbeque, Kenvil VFW Post
Aug. 26	Mystery Auction and dinner at Cookstown VFW
Aug. 30, 6-10 p.m.	Teaneck Children's Day, Teaneck Armory, Front Lawn

### Family Readiness Group Meeting schedule

Bordentown Armory – B Co 250th SBF & Co D 250th BSB – **Aug. 19**, 10 a.m. Hammonton Armory – 119th SB Corps – **Aug. 17**, 7 p.m. Jersey City Armory – D Co 2-113th – **Sept. 20**, 7 p.m. Lawrenceville Armory – 50<sup>th</sup> PSB – **Aug. 24**, 7 p.m.; 50<sup>th</sup> Fin Bn – **Aug. 6**, 2 p.m. Morristown Armory – 3-112th & 5/117th – Newark Armory – A, B, E Co's 2-113th Inf – **Aug. 16**, 7 p.m. Port Murray Armory – 2-102nd Arm –

Contact name and number for DMAVA Highlights

Please submit any articles and all and information to:

PAO Office DMAVA Highlights ATTN: SSgt. Barbara Harbison

DEADLINE IS NOON THURSDAY

<u>Barbara.Harbison@nj</u> <u>mava.state.nj.us</u>

> Or by calling 609-530-7088

Teaneck Armory – 50th SBM – **Aug. 17**, 7 p.m. Toms River Armory – C/3-112<sup>th</sup> FA – Vineland Armory – 5/117<sup>th</sup> Cav – West Orange Armory – B Co 5/117th Cav – **Aug. 26**, 1 p.m. Woodbury Armory – Trp C 5.117th Cav – **Aug. 12**, noon

### Quote for the week

Good character is more to be praised than outstanding talent. Most talents are. to some extent, a gift. Good character, by contrast, is not given to us. We have to build it piece by piece – by thought, choice. courage and determination.

-John Luther

### **Recreation and Sports**

### ESGR Golf Outing on August 9

The N.J. Friends of the Guard and Reserve is proud to present the 2006 State Chairman's Annual Golf Outing. The golf outing will be held on Wednesday, **August 9**, at the Cream Ridge Golf Club in Cream Ridge, N.J. The \$95 per golfer registration fee includes greens fees, cart, registration, food and beverages on the course, door prizes and a luncheon at the Green's Café at the golf club. Corporate, hole and cart sponsors are also being sought. All proceeds benefit the activities of the N.J. Committee for Employer Support of the Guard and Reserve. For additional information please contact Hank Pierre at 609-530-6879.

### 108th ARW Jr. Enlisted Club Golf Outing

Come to the Falcon Creek Golf Course, McGuire Air Force Base on Friday, **August 11**, for the 3rd Annual 108th Air Refueling Wing Golf Outing. Shotgun start is at 8 a.m. Proceeds from the tournament go to the Freedom Alliance Scholarship Fund which provides scholarships for children of members of the Armed forces that have sacrificed life or limb. Cost of the outing is \$80 per golfer and the price includes pastries, coffee, lunch, 18 holes of golf and a chance to win prizes. If interested, please call 609-754-4031.

### Babe Ruth World Series has Armed Forces Night

The 2006 Babe Ruth 13-Year-Old World Series will be held in Hamilton, N.J., August 17-25. Opening night, **Aug. 17** will be Armed Forces night and all members of the Armed Forces will receive free admission. For more information visit www.hamiltonworldseries.org.

### Trenton Thunder offers reduced tickets to military personnel, vets

The Trenton Thunder baseball team and its community partner, the Trenton Vet Center, have collaborated to sponsor reduced ticket prices for veterans and their families during the 2006 Trenton Thunder baseball season.

A regular \$9 season ticket has been reduced to \$7 for veterans and their family members.

Active Duty, Reserve, and National Guard, separated, and retired veterans are eligible for this program. Interested veterans must have a picture I.D. and provide proof of their veteran status by showing one of the following documents:

8 Military I.D. card.

Federal Department of Veteran Affairs medical I.D. card
 DD Form 214

### New Jersey State Park passes for 2006

All Active New Jersey National Guard Members are entitled to Division of Parks and Forestry State Park Passes. When parking fees are in effect this pass entitles the NJNG member (and passengers) free parking at all New Jersey State Parks, Forests, Recreation Areas and Historic Sites (Does not pertain to Campground fees) ID Card must be shown with this Pass. See your Orderly Room for your pass.

### Anheuser Busch extends complimentary ticket program

Anheuser Busch has announced its program offering free amusement park tickets to the service members and their families has become so popular it will be extended another year. The "Here's to the Heroes," is open to active duty service members, active members of the National Guard or Reserve, and up to three direct dependents for one complimentary admission per year. Participants can go online to fill out a form for free admission at http://www.herosalute.com/.

The amusement parks participating in the program are: *Sea World* parks in Orlando, Florida; San Diego and San Antonio; *Busch Gardens* parks in Tampa, Florida, and Williamsburg, Virginia; *Sesame Place*, a children's play and water park, near Philadelphia; *Adventure Island* water park in Tampa; and *Water Country USA* water park in Williamsburg.

### Free WWE tickets to military personnel

Are you a service member and a fan of World Wrestling Entertainment? WWE is offering all U.S. military personnel from the Army, Navy, Marines, Air Force, Reserves and National Guard a complimentary ticket to a live WWE event in their local area, provided they come dressed in uniform with a military ID.

Tickets are available the day of the event. Military personnel can log onto the World Wrestling Entertainment Web site to view a schedule of live events in their area. Check out <u>www.wwe.com</u> for more information.

### Operation Oasis vacations for military personnel

Operation Oasis Outreach at Sandy Cove, North East, Md., offers a free, 3-day, 2-night time for rest and relaxation for military personnel who were deployed to the Middle East area during OIF/OEF with their spouse and children. Sandy Cover is located at the headwaters of the Chesapeake Bay. If you are interested, contact Carol Lee Lynch: toll free 1-800-287-4843 or e-mail c.lynch@sandycove.org.

#### Picatinny Waterpark and Golf Course open to Vets, Guard, families

Picatinny Arsenal Morale, Welfare and Recreation Office are proud to announce new opportunities for Veterans. As part of the Army's "Always a Soldier" program, Picatinny's Frog Falls Waterpark and Golf Course are now open to veterans as well as Active Duty and Retired Military and Reservists. Frog Falls Waterpark offers annual memberships to veterans through our partnership with Rockaway Township Recreation. Active Duty and Retired Military and Reservists can purchase an annual membership or visit the Waterpark for a \$3 daily fee. Guest passes (for non-dependents) can be purchased at the gate for \$7 (limit of 4 per visit). Please call (973) 724-7275 for more information. Picatinny Golf Course is also open to Veterans. Please call (973) 724-GOLF for more information.

#### Memorial Golf Tournament, Sept. 11

The 3rd Annual Tom Laffey Memorial Golf Tournament will be held Monday, **Sept. 11**, with a 10 a.m. shotgun start at The Meadows at Middlesex Golf Course, Plainsboro. The tournament is sponsored by The Keeping the Faith Foundation which was created in 2004 by the children of Tom and Virginia Laffey as a way to honor the memory of their parents. The proceeds from the annual golf tournament are donated to a special cause; this year's proceeds will be given to the family of 1st Lt. Howard Gwin, whose daughter Ashleigh has been diagnosed with Krabbe Keukodystrophy. For more information about the tournament, please call Bill Laffey (732) 822-5814, Helene Wahl (732) 922-6539 or Tom Laffey Jr. (732) 846-1775.

### LT. Col. Dave Savino Memorial Golf Tournament

The 10th Annual Lt. Col. Dave Savino Memorial Golf Tournament will be held at the Fountain Green Golf Course, Fort Dix on Monday, **Sept. 18.** Format will be two person scramble (best ball). Donation to play is \$85 per person which includes greens fees, cart, refreshments and door prizes. A buffet lunch will be held after the tournament. For more information, call 609-754-2048.

### Governor's Surf Fishing Contest

Applications for the 2006 Governor's Surf Fishing Tournament, held each year at Island Beach State Park, are now available. Early registrants save on adult registration fees, are eligible for special prizes offered to pre- registrants and avoid delays - pre-registration ensures timely entry to the park.

The tournament will be held Sunday, **October 1.** Fishing begins at 6:30am. A variety of species are eligible for entry in the tournament, and there are winners in male,

female, teen and child categories. Don't miss this exciting family event!

For more information and a link to the application form visit <u>http://www.njfish</u> andwildlife.com/gsft.htm on the NJ Div. of Fish and Wildlife website.

### Support our Troops Motorcycle Run

The Freedom Riders "Support Our Troops" Motorcycle Run is scheduled for **October 14**, 2006 (October 15 – Rain date). <u>Proceeds</u> benefit the Freedom Alliance Foundation providing: Educational scholarships to the children of American's Military Heroes that have given the Ultimate Sacrifice; pre-paid long-distance phone cards, gift cards for clothing, food, toiletries, books and magazines for the injured in our hospital; and funding for family members to travel to see and encourage their loved one.

For registration and information on the run go to: www.citikids.org/freedom.htm

### Run For Ryan

On **August 19**, the Knights of Fire III, NJ will sponsor a 75-mile ride with the proceeds going to the Sergeant Ryan E. Doltz Foundation. Sgt. Doltz was a member of the 3<sup>rd</sup> Battalion, 112<sup>th</sup> Field Artillery who deployed to Iraq. He was killed on June 5, 2004 when his vehicle was attacked by rocket propelled grenades and improvised explosive devices. Cost is \$20 for drivers, \$15 for passengers or \$15 for just the picnic. For more information go to the Knights of Fire website at <u>www.knightsoffire3nj.com</u>

### Scholarship News

<u>Grantham University scholarships:</u> Grantham University offers a scholarship program to severely injured service members and their spouses and adult children. Go to <u>www.grantham.edu</u> for more information. They also have scholarship programs for military veterans, service members, and family members.

<u>Widener University CARES Scholarship</u>: Widener University, Chester, Pa., has a full scholarship program for children of Global War on Terrorism service members who were killed in action. Contact the Office of Admissions at 610-499-4126 for more information.

### Veterans Information

#### DMAVA Veterans Outreach Campaign continues.

The DMVA Veterans Outreach Campaign continues with kiosk displays at selected malls throughout New Jersey. The schedule is as follows:

August 10-12	Quakerbridge Mall
September 14-16	Livingston Mall
October 12-14	Deptford Mall
November 9-11	Menlo Park Mall
January 11-13, 2007	Brunswick Square Mall
February 9-11, 2007	Moorestown Mall
March 1-3, 2007	Hamilton Mall
The kiesk will be open from 10 a m, to 6 p m, on the identified dates	

The kiosk will be open from 10 a.m. to 6 p.m. on the identified dates.

### Ocean County opens PTSD counseling for vets

Ocean County veterans now have a place to get Post Traumatic Stress Disorder counseling. Once a week, counselors from the Trenton Vet Center will offer office hours at the Ocean County Veterans Service Bureau, 1027 Hooper Ave, Building 2, Toms River.

To schedule an appointment, call 732-929-2096.

Ocean County, with the state's largest concentration of veterans, signed an agreement with the Vets Center, an arm of the Veterans Administration recently.

John Dorrity, director of the Ocean County Veterans Bureau said that he has a waiting list of veterans who will participate in the counseling. He added that they will start off with once a week, but will possibly increase sessions if the need arises.

## NJ Vietnam Veterans' Memorial and Vietnam Era Educational Center's upcoming event schedule.

Charles H. Johnson, Vietnam veteran and poet, will have a reading of his latest book of poetry at the Vietnam Era Educational Center on **August 12**. Johnson of Hillsborough, N.J., is a graduate of the ROTC program at Rutgers University and a retired captain in the US Army Reserve. From 1970 to 1971, he was a first lieutenant and an infantry platoon leader for the 1st Cavalry Division in South Vietnam. He is the author of "Tunnel Vision" and numerous poems about Vietnam. Three of his poems are engraved on the Plainsboro Veterans Memorial sculpture in Plainsboro, NJ. Johnson conducts poetry workshops for high school students and teachers throughout New Jersey, and serves as a night editor and poetry reviewer for the Home News Tribune in East Brunswick, N.J.

Johnson's book, Sam's Place, consists of free verse concerning the poet's service as an infantry platoon leader in Vietnam and haiku about his dreams of America while he served overseas. Other poetry in the collection relates the poet's reaction to the World Trade Center and Pentagon terrorist attacks of Sept. 11, 2001, and how he deals with the ever-present reality of war and its consequences.

#### Upcoming Events

Aug. 12 / 1 p.m. / *Sam's Place*, a book of poetry about the Vietnam War experience -- readings and lecture by the poet, N.J. Vietnam Veteran Charles H. Johnson.

Sept. 9 / 1 p.m. / 36 Years and a Wake-Up, a Vietnam veteran's memoir -- lecture by the author, Vietnam Veteran Carey Spearman.

Sept. 15 / 11 a.m. / National POW/MIA Recognition Day and Gold Star Mothers Day ceremony.

Sept. 17 / 12:30 p.m. / Arrival of the Rolling Thunder-NJ motorcycle run for POW/MIA awareness, leaving Warinaco Park, Elizabeth at 11 a.m.

Oct. 14 / 1 p.m. / "Vietnam: A View You Have Never Seen Before," a slide show with discussion about folk life in modern Vietnam by NJ school teacher Ken Mayberg.

Lecture attendees are asked to RSVP to (732) 335-0033. A donation of \$5 per person is suggested. The Educational Center is open Tuesday through Saturday, 10 a.m. - 4 p.m. Regular admission is free for veterans and active-duty military personnel. Regular adult admission is \$4; student and senior citizen admission is \$2; and children under 10 are admitted free.

For more information, please call the NJ Vietnam Veterans Memorial Foundation office at (732) 335-0033 or (800) 648-VETS. The Vietnam Era Educational Center is located adjacent to the NJ Vietnam Veterans' Memorial off the Garden State Parkway at Exit 116.

#### Vets' federal hiring preference changes for Guard, Reserve

Beginning June 9, National Guard and reserve members released from active duty will get the same veterans' hiring preference for federal jobs as those who are separated or retired from regular active-duty assignments.

Under the new rules, which Congress approved last year as part of the 2006 Defense Authorization Act, the definition of a veteran expands for the purposes of getting extra credit when seeking a federal job. Previously, veterans' preference applied only to people "separated" from active duty under honorable conditions.

Under the new policy, hiring preference would extend to any person discharged or released from active duty if they had more than 180 consecutive days of duty since Sept. 11, 2001, served in a war or in a campaign for which a campaign badge or expeditionary medal was authorized. Also, the person who is discharged or released must have received an honorable or general discharge.

### Trenton Vets Center open for counseling services

Located at 934 Parkway Ave, 2nd Floor, Ewing, N.J., the Department of Veteran Affairs, Trenton Vet Center, provides free readjustment counseling services to combat

zone veterans and their families.

The Vet Center services include:

- Individual readjustment counseling
- Group readjustment counseling
- Screening for Post-Traumatic Stress Disorder
- Counseling for PTSD
- Substance Abuse counseling
- Marital and family counseling
- Sexual Trauma counseling
- Community education and liaison
- Referral for benefits assistance
- Employment Assistance

Heading the Trenton Vet Center Staff is James Gordon, team leader. Other staff at the center to help veterans and their families is Jeanne Morrison, Master Social Worker, Rawle Gaskin, Readjustment Counseling Therapist, Darryll Johnson, Readjustment Counseling Technician and Burnice Rice, Trenton Vet Center Office Manager.

The center is open Monday thru Friday 8 a.m. to 4:30 p.m., with Wednesday and Thursday extended hours by appointment only.

All services provided to veterans and their families are at no cost and clients' rights are protected by HIPPA. For more information call (609) 882-5744.

#### Part-time opportunities in Military Funeral Honors Program.

The New Jersey Army National Guard Military Funeral Honors Program has several part-time employment opportunities immediately available across the state for TDGs and Technicians. Earn one day's base pay and one retirement point for a few hours work providing Military Funeral Honors for our Veterans. If you are interested, please contact Sgt. Maj. Edward Goetschius, Military Funeral Honors Coordinator, at 609-530-7090 or by e-mail at Edward.goetschius@nj.ngb.army.mil.

### Mark your calendar ....



- Aug. 4 Twins Day Festival
- Aug. 5 National Mustard Day Aug. 6 - Wiggle Your Toes Day
- Aug. 7 Sea Serpent Day
- Aug. 8 Sneak some Zucchini Onto Your Neighbor's Porch Night Aug. 10 – Middle Children's Day, Lazy Day

### Handy tips and hints -

Blood stains on clothes? Not to worry! Just pour a little hydrogen peroxide on a cloth and proceed to wipe off every drop of blood.

To remove old wax from a glass candleholder, put it in the freezer for a few hours. Then take the candleholder out and turn it upside down. The wax will fall out.

To clean artificial flowers, pour some salt into a paper bag and add the flowers. Shake vigorously as the salt will absorb all the dust and dirt and leave your artificial flowers looking like new!

Place fabric softener sheets in dresser drawers and your clothes will smell freshly washed for weeks to come. You can also do this with towels and linen.

### A Smile for your weekend

### **Real-life bumper stickers:**

I Brake Suddenly for Tailgaters

Celibacy is not hereditary.

Adults are just kids who owe money.

Wrinkled was not one of the things I wanted to be when I grew up. I brake for. . .wait. . . AAAH! NO BRAKES!!!!