DMAVA Highlights

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Key Congressional staffers hear DMAVA priorities

By Sgt. Wayne Woolley, DMAVA Public Affairs Specialist

The New Jersey National Guard and state Department of Military and Veterans Affairs have a reputation for finding innovative solutions to budget constraints.

But Maj. Gen. Glenn K. Rieth, the Adjutant General, told a group of two dozen key staff members from New Jersey's Congressional Delegation on Wednesday that continued support from the federal government will be critical for the Guard and Department to meet future objectives.

Rieth and other top Guard and DMAVA leaders brought the Congressional staff members to New Jersey for a three-day visit this week to familiarize them with the top six federal Legislative priorities for the department.

"We want you to leave here as subject matter experts to go back and talk to your bosses with a better understanding of what we need to continue to achieve success," Rieth said.

The Legislative priorities include money to achieve or continue three vital military missions and three veterans-service objectives.

The military items are \$4 million to consolidate the United States Property and Fiscal Office on DMAVA's Lawrenceville Campus to increase efficiencies; support for an Army Guard proposal to create an Unmanned Aviation Center of Excellence in Warren Grove; and next-generation aircraft for both the Air Guard's 177th Fighter Wing and the 108th Wing. Failure to obtain the new aircraft over the next decade could place the future of both units in jeopardy.

The veteran items are an increase to the current \$300 federal Plot Interment Allowance (PIA); creation of a PIA for the burial

July Fiscal social will have food, music, fun for everyone

Who couldn't stand a midsummer's break? Especially one that has food, refreshments, live music and is cheap (\$5)?

Come join the Fiscal Division social – Rockin' with Rog and the Coyote Jack Band – on July 29 at the Lawrenceville Armory, 4-6 p.m.

Here is your chance to see the band that has DMAVA employ-

ees Roger Bushyeager and John Hastings as members; with the band's original music to entertain you.

For those interested in attending, see either Tina Taylor or Dawn Baulo, Fiscal, to pay the cover charge.

I wonder who the bouncer will be?





John Hastings, Installation Division, briefs congressional staffers on DMAVA's solar heating and other green priorities in the department. Photo by Tech. Sqt. Mark Olsen, DMAVA PAO

of eligible dependents and approximately \$2.5 million to allow DMAVA to comply with federal health records requirements at the three Veterans' Memorial Homes, a measure that will also improve patient care.

As part of the visit, the staffers took part in a whirlwind tour of key installations, including the Lawrenceville Campus, Joint Base McGuire-Dix-Lakehurst, the 177th Fighter Wing, and Picatinny Arsenal. Transportation from Washington, D.C. was provided by the 108th Wing's KC-135 refuelers and in-state transportation was Army Guard UH-60 Blackhawk helicopters.

Military Appreciation, family fun weekend at Ringoes, July 10-11

RINGOES, NJ - On July 10-11, the Black River Railroad Historical Trust (BRRHT) will host its annual Military Appreciation and Railroad Days event. This family-oriented special event will offer the public an in-depth look at Hunterdon County's railroad heritage through special train and caboose rides, interactive displays, and guided tours from railroad volunteers. New this year will be a display of military vehicles.

A special addition this year will be displays of historic jeeps and other military vehicles, provided by the non-profit Central Jersey Military Motor Pool, Inc. Soldiers dressed in period wartime dress, from World War II, Vietnam, and more, will set up camp at Ringoes station, and spend the weekend on site in their military tents. They will give visitors free tours of their tents, explaining how soldiers lived in the field in past wars. There will also be representatives from the Flemington Army National Guard on hand to answer questions. Also, Outwater's Militia, will be reenacting the Revolutionary War militia in New Jersey. For additional information about the BRRHT visit www.brrht.org or call 908-782-6622.



DMAVA Highlights Filing claims with VA made easier, faster for veterans

WASHINGTON - As part of Secretary of Veterans Affairs Eric K. Shinseki's effort to break the back of the backlog, the Department of Veterans Affairs (VA) is reducing the paperwork and expediting the process for Veterans seeking compensation for disabilities related to their military service.

VA has shortened application forms to reduce paperwork for Veterans. The new forms, which are being made available on VA's Web site at <u>www.va.gov/vaforms</u>, include:

* A shortened VA Form 21-526 for Veterans applying for the first-time to VA for disability compensation or pension benefits. This form has been cut in half - from 23 to 10 pages. It is immediately available to Veterans via Web download, and will be available through VA's online claim-filing process later this summer at http://vabenefits.vba.va.gov/vonapp/main.asp

* VA Form 21-526b for Veterans seeking increased benefits for conditions already determined by VA to be service-connected. This new form more clearly describes the information needed to support claims for increased benefits.

In order to make the claims process faster, VA has also introduced two new forms for Veterans participating in the Department's new fully developed claim (FDC) program, which is one of the fastest means to receive a claims decision.

Gathering the information and evidence needed to support a Veteran's disability claim often takes the largest portion of the processing time.

If VA receives all of the available evidence when the claim is submitted, the remaining steps in the claims-decision process can be expedited without compromising quality.

To participate in the FDC program, Veterans should complete and submit an FDC Certification and VA Form 21-526EZ, "Fully Developed Claim (Compensation)," for a compensation claim, or a VA Form 21-527EZ, "Fully Developed Claim (Pension)," for a pension claim.

Along with the application and certification, Veterans must also submit all relevant and pertinent evidence to "fully develop" their claims. A claim submitted as "fully developed" may still require some additional evidence to be obtained by VA, to include certain federal records and a VA medical examination.

Disability compensation is a tax-free benefit paid to a Veteran for disabilities that are a result of -- or made worse by -- injuries or diseases that happened while on active duty, active duty for training or inactive duty training. Pension is a benefit paid to wartime Veterans with limited income, and who are permanently and totally disabled or age 65 or older.

For additional information, go to <u>www.va.gov</u> or call VA's toll free benefits number at 1-800-827-1000.

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DMANA Green

By Tech. Sgt. Barb Harbison, DMAVA Public Affairs Specialist

What can I recycle? That depends on where I live. Research tells me that I can recycle clean plastic types I-7 in the city of Los Angeles in curbside bins, but where I live here in New Jersey, I am only permitted to recycle types I and 2 in my blue recycling buckets.

As I wander through recycling Web sites, I find that there is a number of kinds of cans that my family uses and tosses in the recycling bin; how can I tell the difference and are they all able to be recycled? Again, the local municipality has some say. They will tell you about the tin, steel, aluminum and bi-metal cans; just about all are recyclable. Some areas even want clean aluminum foil and foil dinner trays. How can I tell the difference between the types of cans? **Magnets do not stick to aluminum cans.**

When it comes to glass, the clear, brown and green glass bottles that come into a house are all ready for the blue bin, but need to be rinsed out first. But do not recycle the broken drinking glass or window pane. Those go into the trash can. It is good to wrap them in newspaper so anyone handling the bag doesn't get cut from the jagged pieces. Also, light bulbs – particularly fluorescent bulbs which contain mercury and must be disposed of during those special hazardous waste days – cannot be recycled.

Most paper can be recycled. Some communities have Single Stream Recycling, which means residents can mix all their recycling – plastic, paper and glass – in one container. Paper that has been contaminated with food, waxed paper, waxed cardboard milk and juice containers, oil-soaked paper, carbon paper, sanitary products or tissues, thermal fax paper, stickers and plastic laminated paper such as fast food wrappers, juice boxes and pet food bags cannot be recycled.

Simple rules to follow and everyone and the environment can benefit.

Keep Green!

Quotes

If I have seen further it is by standing on the shoulders of giants.

--Isaac Newton

All diplomacy is a continuation of way by other means.

--Chou En-lai

What is a cynic? A man who knows the price of everything, and the value of nothing.

--Oscar Wilde

New Jersey Department of Military and Veterans Affairs Maj. Gen. Glenn K. Rieth – The Adjutant General Brig. Gen. James J. Grant – Director, Joint Staff Raymond Zawacki – Deputy Commissioner for Veterans Affairs Maj. Yvonne Mays – Public Affairs Officer

Tech. Sgt. Barb Harbison – Public Affairs Specialist Sgt. Wayne Woolley – Public Affairs Specialist Wounded Soldier and Family Hotline I-800-984-8523



Military Appreciation Day at Six Flags, Aug. 6

Six Flags Great Adventure and Wild Safari is holding their Military Appreciation Day on Aug. 6. The special package of \$32.10 per person includes admission to Six Flags Great Adventure and Wild Safari and a two hour all-you-can-eat buffet in the Old Country



Picnic Grove.

To get the special promotion, go to <u>www.sixflags.com/greatadventure</u>

and type milday10 in the Promo Code (upper right hand corner). Call Lisa at 732-928-2000, ext. 2864 if you have any questions.

The buffet is from noon to 2 p.m., with a menu of hamburgers, hot dogs,

pasta salad, vegetarian baked beans, ice cream cups and Coca-Cola ® products. Theme park hours are 10:30 a.m.-10 p.m. and the Safari is open 9 a.m.-4 p.m.

Workshop to become an outdoors woman opens

Registrations are now being accepted for the NJDEP's Division of Fish and Wildlife "Becoming an Outdoors-Woman" (BOW) Coastal workshop. Slated for September 10 - 12, 2010, the workshop is an opportunity to spend three value-packed days and two nights in beautiful Avalon when the crowds are gone and the weather and water are usually superb.

The low fee of \$395 includes lodging at the oceanfront Golden Inn (<u>http://www.goldeninn.com/</u>), seven meals and free instruction and use of equipment needed for the various wildlife and outdoor skill classes. A limited number of \$235 scholarships are available for first-time participants.

Although oriented towards women, this workshop is open to anyone who is at least 18 years of age who would like to learn about wildlife and outdoor skills on the Jersey coast. Snorkeling, fishing, geocaching, shooting, kayaking, archery, falconry, boating, crabbing and bird watching are just a few of the 23 hands-on learning sessions being offered. No prior knowledge or skills are required – just a willingness to learn from experienced and talented instructors.

This workshop has been a life changing experience for many women who discovered the joy of the outdoors and enriched their lives with the skills and confidence they acquired. It can do the same for you or someone you care about.

Don't miss out on this unique value and wonderful opportunity and experience. Register early to secure your spot for this great learning opportunity. Visit <u>http://www.njfishandwildlife.com/</u> <u>bowhome.htm</u> today to view and print the workshop brochure and registration form.

Come to Quaker Bridge Mall to support the troops

Join the Quaker Bridge Mall on Saturday, July 10, from noon-4 p.m. in Center Court to show support for our troops.

"We are reaching out to the community to help the deployed members of our military" Marian Kapp, Marketing director at the



Quaker Bridge Mall said. "Any donation big or small will truly benefit the men and women who are bravely protecting our country."

Our troops need to know that we support and appreciate the sacrifices they make for us, our families, and our future. Now you can help to ensure that deployed U.S. military members in all branches of service are supported with let-

ters and care packages, said Kapp.

The Insiders Teen Board will be staffing a drop off table to accept your donations. The most needed and requested items are: food, snacks and drinks, toiletries, entertainment and games, linens, flashlights, phone cards and socks. For a complete list of items and requirements please visit <u>www.quakerbridgemall.com</u>.

Every donation will be given to the Marine Corps Ladies Auxiliary, who then will box and ship care packages for troops serving overseas in Iraq and Afghanistan,

regardless of service branch.

Also, starting at noon in Center Court, children are invited to a special "Give to our Troops" Kids Club.



Activities will include creating thumb-body bookmarks and dog tags from our friends, Operation Military Kids, writing thank you letters and decorating posters to be sent to our troops, plus much more.



The Quaker Bridge Mall is located 150 Quaker Bridge Mall, Lawrenceville, NJ 08648. For directions to the Quaker Bridge Mall, check out the mall Web site, <u>www.</u> <u>quakerbridgemall.com</u>.

Blue Star Mothers reaching out to Gold Star families

By Karen Rokosny, Blue Star Mother

I am a member of Blue Star Mothers - NJ - 4, and Blue to Gold Liaison for that Chapter. If anyone knows of a Gold Star Family who has not been presented with a Gold Star Banner honoring their Fallen Hero, please contact me and, if the family wishes, I will secure and present it to them. I will also work with any Veteran's group on the above mission.

My contact information is: BSM-NJ-4, PO Box 916, Ocean Gate NJ 08740; daytime phone 732-901-7035.

Et Cetera

Veterans' medallion for headstones is available

WASHINGTON (June 29, 2010) - Secretary of Veterans Affairs Eric Shinseki announced today that the Department of Veterans Affairs (VA) is offering bronze medallions to attach to existing, privately purchased headstones or markers, signifying a deceased's status as a Veteran.

"For Veterans not buried in a national or state Veterans cemetery, or those without a government grave marker, VA is pleased to offer this option that highlights their service and sacrifices for our country," said Secretary Shinseki.

The new item can be furnished instead of a traditional government headstone or marker for Veterans whose death occurred on or after Nov. I, 1990, and whose grave in a private cemetery is marked with a privately purchased headstone or marker.

Under federal law, eligible Veterans buried in a private cemetery are entitled to either a government-furnished grave marker or the new medallion, but not both. Veterans buried in a national or state Veterans cemetery will receive a government headstone or marker of the standard design authorized at that cemetery.

The medallion is available in three sizes: 5 inches, 3 inches and 1 $\frac{1}{2}$ inches in width. Each bronze medallion features the image of a folded burial flag adorned with laurels and is inscribed with the word "Veteran" at the top and the branch of service at the bottom.

Next of kin will receive the medallion, along with a kit that will allow the family or the staff of a private cemetery to affix the medallion to a headstone, grave marker, mausoleum or columbarium niche cover.

More information about VA-furnished headstones, markers and medallions can be found at <u>http://www.cem.va.gov/cem/hm/</u><u>hmtype.asp</u>.

VA is currently developing an application form for ordering the medallion. Until it is available, applicants may use the form for ordering government headstones and markers, VA Form 40-1330. Instructions on how to apply for a medallion are found on the VA Web site at <u>www.cem.va.gov/hm_hm.asp</u>.

Veterans with a discharge issued under conditions other than dishonorable, their spouses and eligible dependent children can be buried in a VA national cemetery. Other burial benefits available for all eligible Veterans, regardless of whether they are buried in a national cemetery or a private cemetery, include a burial flag, a Presidential Memorial Certificate and a government headstone or grave marker.

The new medallions will be available only to Veterans buried in private cemeteries without a government headstone or marker. Families of eligible decedents may also order a memorial headstone or marker when remains are not available for interment.

Information on VA burial benefits can be obtained from national cemetery offices, from the VA Web site on the Internet at <u>www.cem.va.gov</u> or by calling VA regional offices toll-free at 1-800-827-1000.

Healthcare for women vets available at CBOCs

Women veterans are reminded of the services available at the

Community Based Outpatient Clinics (CBOC) in South Jersey.

Vineland CBOC – Comprehensive care for women including primary care, gender specific care (gyn care), mental health, podiatry and eye care

Ventnor CBOC – Primary care for women (soon to offer gender-specific care after provider training), mental health, podiatry and eye care

Cape May CBOC – Primary care for women, mental health, podiatry and eye care



Congressman Holt looking for veterans for Oral History Project

By Terry Dearden, DMAVA Government Relations

New Jersey Congressman Rush Holt wants to interview veterans for the Library of Congress Veteran Oral History Project . He is looking to contact Veterans of all conflicts to share their story to be videotaped and recorded. Any Veteran interested should contact Matthew Hall in Congressman Rush Holt's office at 609-716-0497.

Joint Base thrift shops are the answer for crowded closets

Wouldn't it be great to clean out your closets – and get a tax break at the same time? There is. Consider making a donation



to the McGuire Thrift Shop at 3446 Broidy Road on Joint Base McGuire-Dix-Lakehurst. Donations of gently-used goods, such as clothes, tools, bicycles, furniture, and sporting goods are welcome. The hours are from 10 a.m. to 2 p.m. Wednesday through Friday and the same hours on the first Saturday of the month. All proceeds are reinvested back into the military community. Volunteers are welcome. The thrift shop also

accepts consignments from 10 a.m. till noon. Call 609-754-2368 for more information. And while you're on the Joint Base, check out the Dix Thrift Shop. The shop has an ever-growing array of clothes, golf equipment, household items, gardening tools as well

as clothes. Hours are from 10 a.m. to 2 p.m. Tuesdays and Thursdays; 10 a.m. to 2 p.m. the first and third Saturday of each month; and from 3 p.m. to 7 p.m. the first Wednesday of each month. For more information, call Sylvia at 609-723-2683. Both thrift shops are looking for volunteers.



Veterans & Military

Fast-running Soldiers needed to try out for NJ Guard ATM team

So Soldier, think you're fast?

Why not compete to represent the New Jersey Army National Guard at the Army 10-miler on Oct. 24 in Washington, D.C.?

The tryout will be held on Aug. 3 at the National Guard Training Center at Sea Girt. Show time is 6 a.m. at Building 35. The competition is open to both sexes and all ranks from within the Army Guard.

Soldiers who make the team will be placed on temporary duty for the race and their registration will be paid.

If you can't make the tryout, but want to try to represent the state at the big race, the posted results of a race 10 miles or longer can be used as a qualifier as long as that race is held within two months of the race.

For more information about competing, contact Sgt. Ist Class Melanie Rowton by email at <u>Melanie.rowton@us.army.mil</u>. For general information about the race, visit <u>www.army10miler.com</u>.

Invitation to join extended by JWV Post 972 to all veterans

An invitation is extended to all military personnel to join the Lt Seth Dvorin Post 972 of the Jewish War Veterans. The veterans meet on the first Wednesday of the month at the Marlboro Jewish Center located at 103 School Road West, Marlboro, N.J. Meeting time is 7:30 p.m.

Second Lt. Seth Dvorin was a native of Monmouth County who made the ultimate sacrifice while proudly defending the American way of life and liberty. Lt Dvorin was killed in Iraq Feb. 3, 2004. The post was renamed in May of 2004 to honor Lt. Dvorin.

Post 972 covers Monmouth and Ocean Counties. Anyone interested in joining this post or a similar post should contact Richard Berg at <u>r2d2b2@optonline.net</u> or Richard Dvorin at <u>ltsethd-</u> <u>vorinpost972jwv@comcast.net</u>.

Troops to Teachers helps military lead in classroom

The Troops to Teachers program is designed to assist separating or retiring military personnel in pursuing a rewarding second career in public education (elementary, secondary or vocational) while also facilitating employment in public schools. Funded by the U.S. Department of Education and administered by the U.S. Department of Defense through DANTES, the long term goal of the program is to help improve American education by providing mature, self-disciplined, experienced and dedicated personnel for the nation's classrooms. New Jersey's Troops to Teachers office has counseled hundreds of interested military personnel, advising them on routes and programs to achieve full teacher certification in New Jersey, and referring them to school districts for employment.

To learn more, consider attending one of the upcoming program briefings at Joint Base McGuire-Dix-Lakehurst. Contact 800-680-0884 or via e-mail at <u>tttnj@doe.state.nj.us</u> for briefing and program information. You can also visit the program on the web at: <u>www.nj.gov/education/tttnj</u>.

N.J. Bar offers free legal assistance to military

If you have a legal matter that cannot be handled by our Office of the Staff Judge Advocate (OSJA), you may be eligible for a pro bono (free of charge) military legal assistance program (MLAP) administered by the New Jersey Bar Association (NJSBA), <u>http://</u> <u>www.njsba.com/</u>. This program provides legal representation to New Jersey residents who have served overseas as active duty members of reserve components of the armed forces after Sept. 11, 2001. Eligibility for the program is not income based. The program was created to meet the expected demand of military reservists in the current operational tempo and offers assistance in four primary areas:

- Family Law
- Employment Law
- Debtor-Creditor Law
- Medical Evaluation Boards (MEBs)

The program will refer military members who contact the NJBSA to volunteer attorneys qualified to assist them with their specific legal issues. For more information about the MLAP contact the OSJA, visit the NJSBA website, or contact:

D. Todd Sidor, Esq., Director of Judicial Administration New Jersey State Bar Association One Constitution Square New Brunswick, NJ 08901 732-249-2815 (fax) 732-937-7544(phone)

tsidor@njsba.com

Joint Base security forces offer tips for entering post

To increase efficiency at the entry points to Joint Base McGuire-Dix-Lakehurst, the installation security forces are issuing a reminder that a 100 percent identification check remains in effect.

For vehicle drivers, only the following forms of ID are accepted by the installation commander: DoD common access card; DD Form 1173, dependant ID; DD form 2, retired ID; DoD investigative services credential; AF Form 354, retired civilian employee ID; DD Form 2765, Uniform Service IDS and Privilege Card; Friends of JB MDL ID. All vehicle passengers over aged 18 must show a federal- or state-issued identification card. To apply for an ID card, visit any of the Joint Base Welcome Centers. Also, the window sticker known as the DD Form 2220 is not required for installation access, but can be issued by the welcome center. For more information, contact the security forces desk at 609-562-6001.

N.J. Warrant Officer Association looking for new members

The United States Army Warrant Officer Association, Fort Dix Doughboy Chapter, is looking for members. For membership information, contact Chief Warrant Officer Nancy E. Rowbotham at <u>nancy.rowbotham@us.army.mil</u>.

Calendar

"Last Hooah" July 16-18

Come join in Fort Monmouth's "LAST HOOAH" July 16-18. You will find Organization Day, sporting events, card tournament, live entertainment and more. Click here for more details - <u>http://www.monmouth.army.mil/mwr/lasthooah.html</u> or <u>http://www.fortmonmouthmwr.com</u>, or call 732-532-9407.

Water Pong tourney, July 15

Bucky's at Picatinny Arsenal presents its first annual Water Pong Tournament on July 15 at 4:30 p.m. until closing.

Participants should form teams of two before attending the tournament. If you do not have a partner, the organizers will team participants up when they arrive.

Please call Scott or Adam at 973-724-9621 if you have any questions.

NJVVMF golf outing, Aug. 2

On August 2, the New Jersey Vietnam Veterans' Memorial Foundation will be holding its 16th annual Golf Tournament at the Olde York Country Club in Columbus, N.J.

Registration and the range open at 8 a.m., along with a continental breakfast. The tournament starts at 10.am. with a shot-gun start. Lunch and refreshments will be on the course. A post golf reception with awards and silent auction and raffles will be held after playing is through.

The outing provides a major source of funds for the Foundation's work throughout the year. The foundation welcomes individual and foursome golfers, as well as sponsors.

If you would like more information on the events or to RSVP your participation, call the office at 732-335-0033 ext. 100., or visit www.njvvmf.org and click on the "events" button.

Texas Hold'em, Picatinny July 31

As the song says – "You have to know when to hold' em, know when to fold' em" and the Texas Hold'em Tournament is there to see if anyone knows when that is. The tournament will be held July 31 at the Cannon Gate Catering.at 11 a.m. Cost is \$40 per person. Call 973-724-2582 for reservations; seating is limited. Prizes will be awarded for the top ten players.

Somerset Patriots host veterans

Operation Jersey Cares is hosting the 8th Annual Veterans of America Day at TD Bank Ballpark, Bridgewater, on Aug. 29, starting at 4 p.m. There will be a celebration with a parade for the veterans with the guest of honor, Jack Gartenberg.

Gartenberg served in the U.S. Marine Corps from 1944-1946 and is a lwo Jima survivor .

After the celebration, the Somerset Patriots invite everyone to stay and enjoy the game between the Southern Maryland Blue Claws and the Patriots. Veterans can receive free tickets; cost of tickets for friends and family will be \$5. To order tickets, contact Marc Russinoff, Somerset Patriots, 908-252-0700, ext. 215 or e-mail mrussinoff@somersetpatriots.com.

Park promotion for the day is a camouflage Patriots hat to the first 2,000 fans in attendance.

Sea Girt clambake, concert July 10

The National Guard Association of New Jersey is hosting a Clam Bake on July 10, 2-4 p.m., at the Sea Girt Training Center. It will be followed by a concert by the New Jersey National Guard Army Band at 5 p.m.

Cost is \$20 for adults, \$10 for children 12 and under. The menu will include steamed clams and crabs, hot dogs, hamburgers, barbecue chicken, corn on the cob, salads and refreshments.

To register, send a check made payable to "NGANJ," along with the Guard member's name and unit and number of adults and children attending to:

NGANJ – Clam Bake PO Box 266 Wrightstown NJ 08652

Volunteers, mud run, July 18

MESP Inc., is producing a trail running race called "Down and Dirty" at the Belmont Plateau in Fairmount Park, Philadelphia, on July 18. The organizers are looking for adult, military-related groups to provide the 100 necessary "volunteers."

The race features military-style obstacles throughout a 5k and 10k course and a mud pit before the finish line.

MESP, Inc., will make a donation to the unit, or affiliated charity, in the amount of \$25 per person in the military group who volunteers. Each volunteer will also receive an event t-shirt.

Volunteers are needed to hand out water on the course, working the packet pickup/check-in tent, directing cards, directing athletes on the course and more.

While MESP is looking for a total of 100 volunteers, they will take smaller groups to make up a total of 100.

Hours needed are 5:30 a.m.-1 p.m.

If your unit is interested, contact Matt Peterson, Director of Operations, MESP, INC., 818-707-8866, ext. 17, cell 818-665-8313, fax 303-927-6852, or e-mail matt@mesp.com. Check out the web site for more information: www.downanddirtymudrun.com.

Veterans Outreach Campaign schedule

The DMAVA Veterans Outreach Campaign has kiosk displays at malls throughout the state and other special events to help veterans and their family members discover and apply for the benefits they are eligible to receive.

July 30	First Energy State Park, Lakewood**
	Lakewood Blue Claws Veterans Appreciation
	Night

August 29	TD Bank Ballpark, Bridgewater**	
	Somerset Patriots Veterans of America Day	
**Outreach events only		
Sept. 7*, 8,	9 Willowbrook Mall	

Oct. 5*, 6, 7 Brunswick Square Mall *Medal ceremony 10:30 a.m.