



The State of New Jersey
Department of Military and Veterans Affairs
 Governor Phil Murphy Lt. Governor Tahesha Way

Army Guard	Air Guard	Veterans	Administration	Leadership	Youth ChalleNGe	Sitemap
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DMAVA Highlights » 21 July 2006

-- Select a Menu Item --

Volume 5, Number 30

Contacting us is easy!

Public Affairs Office

Phone: (609) 530-7088

Fax: (609) 530-6963

Veterans' Organizations Contact Information

State Veterans Service Council

Mr. Richard Clark

RJClark21@msn.com

NJ Advisory Committee for Women Veterans

Mrs. Anna Hoffman

hoffmanannem@aol.com

BG William C. Doyle Cemetery

Advisory Council

Mr. William Rakestraw

warjrnj@msn.com

Veterans Hotlines

Benefits & Entitlements

1-888-8NJ-VETS

(1-888-865-8387)

Mental Health

1-866-VETS-NJ4

(1-866-838-7654)

NJ World War II Memorial

For information or to make a donation, call 609-530-7049

[WWII Memorial on the web](#)

New Jersey Freedom Loans

What is a Freedom Loan?

* Up to \$10,000

* Annual APR 6%

* Term: 5 years (no pre-payment penalty)

News for your Views

Helping one of our own

One of our fellow employees, Ms. Sandra Langley, suffered a terrible loss last weekend. A tragic fire resulted in the loss, not only of her home, but most importantly, her daughter and two grandchildren.

Ms. Langley, who is a Nurses Aide at the Veterans Memorial Home at Vineland, can use our help as she begins to rebuild her life.

A collection box has been placed in our lobby for your donations of clothing and household items for Sandra. Monetary donations are being collected by Ms. Cindy Leese in our Human Resource Division. Checks should be made payable to: Sandra Langley Fire Relief Fund.

Because of the generosity of the DMAVA employees, along with the Veterans of Foreign Wars Post 3020 and Leonard Saxton Memorial VFW Post 6590, more than \$4,000 has been collected to this point.

Thank you for your generosity.

Korean War Armistice – July 27

Please take the time to remember the Korean War Armistice July 27.

On July 27, 1953 the forces of the United Nations, under leadership of the United States, entered into an armistice with communist North Korea and Chinese communist ally, bringing to a halt in fighting between the two sides.

More than 1.7 million Americans faced forbidding terrain and harsh combat in battles such as Pork Chop Hill, Heartbreak Ridge, the Pusan Perimeter, and the Chosin Reservoir. The war claimed the lives of more than 34,000 Americans.

The Armistice ended 3 years of bitter warfare on the Korean Peninsula.

Vets Haven sends out Thank You's

The Township of Maple Shade has just approved the sale of a 1996 Ford Crown Victoria to the Department of Military and Veterans Affairs, Veterans Haven, for \$1. This is the second year that they have done this for our veterans. Vets Haven would like to thank Mayor Jack Galloway, Councilmen James Fletcher, Lou Manchello, Anthony Saporito, Councilwoman Claire Volpe and Township Manager George Haeuber for their continued support to our Veterans. Also the Burlington County Bridge Commission donated a 1997 Ford Explorer to our program. Dahn Corporation is donating a 16-foot U-Haul Truck. Rocco Castranova donated a 1990 Nissan Axxess to the program. All residents who have a valid driver's license and are able to afford auto insurance will have their names placed in a drawing for these vehicles. This will enable four current residents to seek better employment and improve their quality of life. THANKS to all those involved for their generous donations.

Tax-free in New Jersey!

Does your shopping list have either a U.S. Flag or New Jersey flag on it? One good piece of news – the sales tax hike does not affect that purchase; in fact purchase of either flag is TAX FREE in New Jersey. Please visit the following web page to check out the

* Unsecured Loan (no collateral required)

Who is eligible to apply?

NJ residents who are:

- * Members of the National Guard or Reserve
- * Mobilized for one year or longer to fight in the Global War on Terrorism (GWOT) - excluding routine training.

Or

- * Served 90 or more consecutive days in the GWOT on federal or state active duty (excluding routing training) and have received orders extending cumulative active duty a year or longer.

How do I apply?

- * Contact participating banks. Call or visit your local branch office to obtain an application.
- * Guardmembers, Reservists, or family members with Power of Attorney must submit copies of current mobilization orders with the bank's Freedom Loan application.

Current participants:

Commerce Bank
1-888-751-9000

Credit Union of NJ
609-538-4061, ext. 401

First Morris Bank & Trust
1-888-530-2265

Manasquan Savings Bank
732-223-4450

North Jersey Federal Credit Union
1-888-78NJFCU

Peapack-Gladstone Bank (908)
719-BANK

Pennsville National Bank
856-678-6006

PNC
1-866-PNC-4USA

Sovereign Bank
1-877-391-6365

Sun National Bank
1-800-691-7701

Quote of the Week

If you do not express your own original ideas, if you do not listen to your own being, you will

particulars: <http://www.state.nj.us/treasury/taxation/index.html?flag.htm>

Extreme heat pointers

As the summer progresses, the heat will get to each of us sooner or later. Please stop by the Center for Disease Control web site for more information on what to do during extreme heat, symptoms of heat stroke, exhaustion and cramps and other great pointers. Here is the link: http://www.bt.cdc.gov/disasters/extremeheat/heat_guide.asp

Governor's Surf Fishing Contest

Applications for the 2006 Governor's Surf Fishing Tournament, held each year at Island Beach State Park, are now available. Early registrants save on adult registration fees, are eligible for special prizes offered to pre-registrants and avoid delays - pre-registration ensures timely entry to the park.

The tournament will be held Sunday, October 1st. Fishing begins at 6:30am. A variety of species are eligible for entry in the tournament, and there are winners in male, female, teen and child categories. Don't miss this exciting family event!

For more information and a link to the application form visit:

<http://www.njfishandwildlife.com/gsf.htm> on the NJ Div. of Fish and Wildlife website.

Fill Your Date Book

"Good Morning America" looking for OIF/OEF vets for concerts

"Good Morning America" is opening up to 50 spaces in their concert series to OIF/OEF veterans every Friday morning through Aug. 25. If you are interested in attending one of these concerts, please contact Kryn Westhoven, 609-530-6950 as soon as possible.

The events are 7-9 a.m., with arrival time of 6 a.m. at the concert location - Bryant Park at 42nd and 6th Avenue, which is located directly behind the New York Public Library. Uniform is ACUs/DCUs with berets.

Soldiers and guests will be in the VIP section near the stage - there is no seating; standing room only. Those who attend must provide their own transportation; parking is several blocks away from the park.

Entertainers on the calendar are:

July 28- Huey Lewis & The News

Aug. 11- Carrie Underwood

Aug. 18- Christina Aguilera

Aug. 25- Lionel Richie

SBA offers financial assistance, seminar to Vets with small businesses

If you are a veteran and own a small business or want to start a business and are in need of financing, the U.S. Small Business Administration's New Jersey District Office has announced that eight SBA lenders have agreed to provide veterans with preferential pricing terms on SBA guaranteed loans. A seminar will be held on Wednesday, July 26, 10 a.m.-2 p.m. at the Hamonn building (second floor conference room), 92 East Main St., Somerville, N.J. 08876. There is no fee to attend but registration is required. To register, call 908-526-1200, ext. 8516.

Essex Troop Association Family Picnic

"The Essex Troop Association" 2/102AR - 102CAV (RSTA) NJARNG will hold its Annual Family Picnic at Sea Girt National Guard Center on Saturday, July 29, at noon. Activities will be centered at the Essex Troop Memorial Grove and N.J. Military Museum building. There is no cost to association members and their guests, or any members of the 2/102 Armor or 102D Cavalry (RSTA). Food and beverages will be supplied by the association. Bring your bathing suits and toys/games for the children. There are changing rooms available and the beach is just a short distance away. Bring the family and friends and enjoy a relaxing day at the shore. This will be an excellent way to meet some of your new fellow Soldiers from the 5/117th Cav and 2/102 AR, who are being transformed into the 102 Cavalry (RSTA) - Reconnaissance, Surveillance, Target Acquisition Squadron

have betrayed yourself.

Rollo May

[DMAVA Highlights Archive Page](#)

NJARNG.

There will be a short business meeting at 11:30 a.m. for all association members. For further information call 973-736-0952 or email at etroop@verizon.net.

Honorable Mention

New Tricare Benefits On Tap

Effective Oct. 1, the Tricare Reserve Select health plan will be offered for purchase by qualified National Guard and Reserve service members. Additional coverage also will begin for post-traumatic stress disorder and mental health conditions. In addition, extended coverage will be available under Tricare Prime for surviving children whose sponsor died while serving on active duty for a period of more than 30 days. Also the Tricare Dental Program (TDP) survivor benefit will include the surviving active duty spouse if both spouses are on active duty when one of the spouses dies, and the surviving spouse enrolls in the TDP after retirement or separation within three years of the death. ROTC cadets and midshipmen on orders, who have not yet reported for their initial period of active duty and are uninsured, will be covered for medical and dental care the same as active-duty service members.

TRS is a premium-based, three-tier TRICARE health plan for certain selected reserve members and their families. Selected reserve members must work with their service personnel offices to determine which one of three TRS tiers they qualify for. Service members can review TRS program eligibility requirements at <http://www.defenselink.mil/ra/>.

For additional information about the TRS benefit for members of the selected reserve, including open enrollment dates for TRS tiers two and three, visit <http://www.tricare.osd.mil/reserve/reserveselect/index.cfm>.

Army Launches Site for Data Theft Info

Although the FBI recovered the stolen Veterans Affairs (VA) laptop containing more than 26 million personal records, the Army has activated a secure Web site at <https://ID-Theft.army.mil> that will enable current and former service members to determine if their personal information was compromised.

The lost data includes identifying information (name, social security numbers and dates of birth) on millions of veterans, including active and reserve-component service members.

No evidence indicates that the data was used illegally, but all soldiers and former service members should be extra vigilant regarding their financial well-being.

When entering the Army's secure web site, soldiers and veterans should enter all the requested information (name, last four numbers of their social security number and date of birth) in the format specified to ensure a valid response to your query.

Those whose data has been compromised will be linked to the VA web site, which explains recommended steps needed protect their credit. For additional information on how to protect yourself from identity theft, contact DoD's Military One Source at www.militaryonesource.com or 1-800-342-9647.

Army offers free courses for Soldiers, DA civilians

If you are an Army Soldier or DA civilian, you can access more than 2,600 information technology, business, self-development and 30 foreign language courses for FREE through Army e-Learning. Visit www.us.army.mil and select "my education." In Fiscal Year 2006, almost a quarter million courses were completed. Some of the top 10 courses of the month for July were: Rosetta Stone Spanish and Arabic, Windows XP: Fundamentals, Accounting Fundamentals and Encryption Technologies.

DMAVA Hotline

The Department of Military and Veterans Affairs Emergency Hotline is:
1-866-232-5798

You will hear the following message:

You have reached the New Jersey Department of Military and Veterans Affairs

Emergency Information Number. Please listen to the following menu choices and select an appropriate option:

State employees – press 1
Federal employees – press 2
National Guard employees – press 3

SGLI premium changes in July 06

The new SGLI premium rate will increase the monthly premium rate for a member with maximum coverage of \$400,000 from \$27 to \$29. This premium includes an additional \$1 per month for Traumatic Injury Protection coverage (TSGLI), which is mandatory and added to any premium rate automatically. In addition the Family SGLI will be reduced. Service members will see a change in the deduction from their pay for the first time in July 2006.

Political activities of Federal employees

General policy. As a matter of long-standing policy, DoD personnel acting in their official capacities may not engage in activities that associate DoD with any partisan political campaign or election, candidate, cause or issue.

Public commentary by military personnel. All military personnel, including National Guard and Reserve forces, acting in their official capacities may not engage in public commentary, including speeches and written submissions offered for publication, concerning political campaigns or elections absent prior clearance.

Affordable vacation spots around the world

Are you looking for an affordable vacation spot? The Armed Forces Recreation Center has resorts around the world for members of the Armed Forces, their families and other members of the Total Defense Force. Room rates are based on rank, pay grade, duty status, room size and/or room location. Reservations are required, policies vary by location and guests may not stay more than 30 consecutive days or register again within the following 90-day period. But if you are thinking of Hawaii, Germany, South Korea or Orlando as a possible vacation destination, this just may be the ticket! Visit <http://www.armymwr.com/portal/travel/recreationcenters/> for more information.

Easy tick removal tip

They say ticks are going to be abundant this year, so here's a tip we all may need to remember. This comes from a school nurse.

I had a pediatrician tell me what she believes is the best way to remove a tick. This is great, because it works in those places where it's sometimes difficult to get to with tweezers: between toes, in the middle of a head full of dark hair, etc. Apply a glob of liquid soap to a cotton ball. Cover the tick with the soap-soaked cotton ball and swab it for a few seconds (15-20), the tick will come out on its own and be stuck to the cotton ball when you lift it away. This technique has worked every time I've used it (and in Ky., that was frequently), and it's much less traumatic for the patient and easier for me. Unless someone is allergic to soap, I can't see that this would be damaging in any way. I even had my doctor's wife call me for advice because she had one stuck to her back and she couldn't reach it with tweezers. She used this method; then immediately called me back to say, "It worked!"

Doyle cemetery seeks volunteers

The Cemetery is working toward designation as a Certified Audubon Cooperative Sanctuary. We are enlisting the support of community volunteers for Outreach & Education. Scouting Groups, Veteran Service Organizations, Youth Groups, and other interested individuals are encouraged to contact Iven C. Dumas 1st Sgt, USMC (Ret) Assistant Superintendent, at 609- 758-7250 ext. 17 or by e-mail at Iven.Dumas@njdmava.state.nj.us.

JT2DC Memorial Walkway offers engraved pavers

The Joint Training and Development Center (JT2DC) recently unveiled the Memorial

Walkway to the center. The purpose of the pond and walkway are to serve as a reminder that there are Soldiers in harm's way protecting the freedoms that we all cherish and enjoy.

The concept of the Memorial Walkway was to have Soldiers create a mark by dedicating inscribed bricks. Soldiers have chosen to honor loved ones, family members, friends, and personnel with whom they served.

Anyone interested in purchasing an engraved paver for \$50, can contact Command Sgt. Major Timothy Maskery at (609) 562-0539.

Enlisted Association of the National Guard of New Jersey

Membership

Give our state a larger voice by becoming a member of the Enlisted Association. The increased numbers will help us speak on all legislative issues that will benefit you and your families. The association works hard for you at the Federal & State level on all important issues. Visit the web site EANG-NJ.org, click on Become a Member for the application and find out more about what the association does.

Conference

The Enlisted Association invites you to the Annual Conference at the Clarion Hotel and Conference Center in Atlantic City West, October 6-8, 2006, to Honor and Salute our Airmen and Soldiers who supported the War on Terrorism. Saturday during the Military Ball will be our way to say thank you for their dedication and sacrifices that they and their families shared. Friday night will feature a Hawaiian luau with a show and an Army and Air challenge. Our mission is to have fun. Visit our web site EANG-NJ.org, click on EANG-NJ Conference to find out more. Thank you for your support. You can reach the membership chairman Jerome Zebrowski at 609-214-6959 or jcptfalc@aol.com or co-chairman Edward Goetschius at 609-965-1972 or esgtmaj@comcast.net.

For the Families

Grants available for assistance and recreation

Happy Summer! Now is the time that many families and kids enjoy vacations and day trips, camps, picnics, and family visits. Unfortunately, because of increased deployments and the financial and emotional stress associated with them, many military families might find these activities difficult to arrange. This is why The Women's Opportunity Center at the YMCA of Burlington County in Mt. Laurel, N.J., is pleased to remind military members that grant funds are available not only for financial emergencies and crisis situations, but also to provide recreational and stress relieving activities such as camps and classes.

This grant, provided by the Department of Community Affairs is available to spouses of deployed military personnel in all branches of service in the state who are income eligible. Applicants can expect to fill out very minimal paperwork (one page) and receive their approval and funds within a week of completed application.

Director of the Center, Cathi Rendfrey, said the YMCA and the Women's Opportunity Center are proud and honored to be able to come to the aid of the military at such a critical time.

For more information and an application, contact Fawn Mutschler at 856-234-6200, ext. 235 or e-mail: fawnm@ymca-bc.org.

Marriage Enrichment Seminar

Due to the success of the Marriage Enrichment Seminars, also known as Prevention and Relationship Enhancement Program (PREP), we have requested and have been approved for additional funding. Another seminar has been scheduled for **Sept. 22-23**. This will be the last seminar for FY06. If you have never attended the seminar, call Marie Durling at 609-562-0739 for more information and or to register. This seminar is open to all NJNG Soldiers. Soldiers that have been deployed will be given priority.

Guard Family Action Plan

The Guard Family Action Plan (GFAP) identifies issues of concern to Guard members, spouses, parents, children, retirees and civilian employees. The GFAP determines

actions necessary to resolve issues and assigns responsibility for actions to the proper staff agency.

The proper staff agency begins at unit level within the chain of command and can include the Departments of the Army and Air Force and the Congress of the United States. You can submit an issue along with your recommendation for a solution through the GFAP website at www.gfap.org. If you have any questions, you can call Marie Durling in the State Family Programs Office at 609-562-0739.

Spouses invited to go on orientation flights

The 108th Air Refueling Wing would like to extend an invitation to the spouses of New Jersey Army and Air National Guardsmen and women who would like to see an aerial refueling up close.

The wing will be having a spouse-only orientation flight on August 18. This is a great opportunity for spouses to see the skills needed to fuel an aircraft more than 20,000 feet in the air. Seats will be on a first-come, first-served basis. If you are unable to get a seat, don't worry. The 108th will have more flights to follow to give everyone a chance to fly.

If you are interested, please call Staff Sgt. Beth Pritchard at (609) 754-4173 or e-mail at elizabeth.Pritchard@njmcgu.af.mil for the form needed to request a seat.

Guard members who would like an orientation flight or would like to nominate their bosses for a flight can also contact Staff Sgt. Pritchard for information and forms.

Youth Camp 2006

This year's Youth Camp will begin Sunday July 16, 2006 and will end with closing ceremonies on Saturday July 22, 2006. There are many activities scheduled for the week at the National Guard Training Center in Sea Girt, NJ. The campers will be able to enjoy the beach, arts and crafts, archery, sports and presentations by other organizations. Campers ages 9-12, Helpers ages 13-15, Junior Volunteers ages 16-17 and Volunteers ages 18 and up are all encouraged to attend. The fee for campers is \$100 and volunteers are free. For an application, please go to http://www.state.nj.us/military/familysupport/youth_camp.html.

Family Programs on the calendar

Aug. 1, 8 a.m.-7 p.m.	Teaneck & Jersey City FAC outing to Dorney Park, Allentown, PA
Aug. 5, noon	D/250th BSB & 5/117 CAV FRG Luau at Sea Girt Beach
Aug. 5, 11 a.m.	Battalion Picnic, Washington Armory
Aug. 9, 7:30 a.m.-5 p.m.	Intrepid Museum (New York City) trip for youth members
Aug. 13, 10 a.m.-5 p.m.	Riverdale FRG Classic Car Show and Fair
Aug. 20, 9 a.m.- 3 p.m.	108th ARW Family Day, Doughboy Field, Fort Dix
Aug. 20, 10 a.m.	50th PSB FRG Beach Party, Sea Girt Beach
Aug. 26	Mystery Auction and dinner at Cookstown VFW
Aug. 30, 6-10 p.m.	Teaneck Children's Day, Teaneck Armory, Front Lawn

Family Readiness Group Meeting schedule

Bordentown Armory – B Co 250th SBF & Co D 250th BSB – **Aug. 19**, 10 a.m.
Jersey City Armory – D Co 2-113th – **Sept. 20**, 7 p.m.
Lawrenceville Armory – 50th PSB – July 27, 7 p.m.; 50th Fin Bn – **Aug. 6**, 2 p.m.
Morristown Armory – 3-112th & 5/117th –
Newark Armory – A, B, E Co's 2-113th Inf – **July 19**, 7 p.m.
Port Murray Armory – 2-102nd Arm –
Toms River Armory – C/3-112th FA –
Vineland Armory – 5/117th Cav –
West Orange Armory – B Co 5/117th Cav – **July 29**, 1 p.m.

Recreation and Sports

ESGR Golf Outing on August 9

The N.J. Friends of the Guard and Reserve is proud to present the 2006 State Chairman's Annual Golf Outing. The golf outing will be held on Wednesday, August 9, at the Cream Ridge Golf Club in Cream Ridge, N.J. The \$95 per golfer registration fee includes greens fees, cart, registration, food and beverages on the course, door prizes and a luncheon at the Green's Café at the golf club. Corporate, hole and cart sponsors are also being sought. All proceeds benefit the activities of the N.J. Committee for Employer Support of the Guard and Reserve. For additional information please contact Hank Pierre at 609-530-6879.

Trenton Thunder offers reduced tickets to military personnel, vets

The Trenton Thunder baseball team and its community partner, the Trenton Vet Center, has collaborated to sponsor reduced ticket prices for veterans and their families during the 2006 Trenton Thunder baseball season.

A regular \$9 season ticket has been reduced to \$7 for veterans and their family members.

Active Duty, Reserve, and National Guard, separated, and retired veterans are eligible for this program. Interested veterans must have a picture I.D. and provide proof of their veteran status by showing one of the following documents:

- Military I.D. card
 - Federal Department of Veteran Affairs medical I.D. card
 - DD Form 214
-

New Jersey State Park passes for 2006

All Active New Jersey National Guard Members are entitled to Division of Parks and Forestry State Park Passes. When parking fees are in effect this pass entitles the NJNG member (and passengers) free parking at all New Jersey State Parks, Forests, Recreation Areas and Historic Sites (Does not pertain to Campground fees) ID Card must be shown with this Pass. See your Orderly Room for your pass.

Anheuser Busch extends complimentary ticket program

Anheuser Busch has announced its program offering free amusement park tickets to the service members and their families has become so popular it will be extended another year. The "Here's to the Heroes," is open to active duty service members, active members of the National Guard or Reserve, and up to three direct dependents for one complimentary admission per year. Participants can go online to fill out a form for free admission at <http://www.herosalute.com/>.

The amusement parks participating in the program are: Sea World parks in Orlando, Florida; San Diego and San Antonio; Busch Gardens parks in Tampa, Florida, and Williamsburg, Virginia; Sesame Place, a children's play and water park, near Philadelphia; Adventure Island water park in Tampa; and Water Country USA water park in Williamsburg.

Operation Oasis vacations for military personnel

Operation Oasis Outreach at Sandy Cove, North East, Md., offers a free, 3-day, 2-night time for rest and relaxation for military personnel who were deployed to the Middle East area during OIF/OEF with their spouse and children. Sandy Cove is located at the headwaters of the Chesapeake Bay. If you are interested, contact Carol Lee Lynch: toll free 1-800-287-4843 or e-mail c.lynch@sandycove.org.

Picatinny Waterpark and Golf Course open to Vets, Guard, families

Picatinny Arsenal Morale, Welfare and Recreation Office is proud to announce new opportunities for Veterans. As part of the Army's "Always a Soldier" program, Picatinny's Frog Falls Waterpark and Golf Course are now open to veterans as well as Active Duty and Retired Military and Reservists. Frog Falls Waterpark offers annual memberships to veterans through our partnership with Rockaway Township Recreation. Active Duty and Retired Military and Reservists can purchase an annual

membership or visit the Waterpark for a \$3 daily fee. Guest passes (for non-dependents) can be purchased at the gate for \$7 (limit of 4 per visit). Please call (973) 724-7275 for more information. Picatinny Golf Course is also open to Veterans. Please call (973) 724-GOLF for more information.

Memorial Golf Tournament, Sept. 11

The 3rd Annual Tom Laffey Memorial Golf Tournament will be held Monday, Sept. 11, with a 10 a.m. shotgun start at The Meadows at Middlesex Golf Course, Plainsboro. The tournament is sponsored by The Keeping the Faith Foundation which was created in 2004 by the children of Tom and Virginia Laffey as a way to honor the memory of their parents. The proceeds from the annual golf tournament are donated to a special cause; this year's proceeds will be given to the family of 1st Lt. Howard Gwin, whose daughter Ashleigh has been diagnosed with Krabbe Keukodystrophy. For more information about the tournament, please call Bill Laffey (732) 822-5814, Helene Wahl (732) 922-6539 or Tom Laffey Jr. (732) 846-1775.

Support our Troops Motorcycle Run

The Freedom Riders "Support Our Troops" Motorcycle Run is scheduled for October 14, 2006 (October 15 – Rain date). Proceeds benefit the Freedom Alliance Foundation providing: Educational scholarships to the children of American's Military Heroes that have given the Ultimate Sacrifice; pre-paid long-distance phone cards, gift cards for clothing, food, toiletries, books and magazines for the injured in our hospital; and funding for family members to travel to see and encourage their loved one.

For registration and information on the run go to: www.citikids.org/freedom.htm

Free WWE tickets to military personnel

Are you a service member and a fan of World Wrestling Entertainment? WWE is offering all U.S. military personnel from the Army, Navy, Marines, Air Force, Reserves and National Guard a complimentary ticket to a live WWE event in their local area, provided they come dressed in uniform with a military ID.

Tickets are available the day of the event. Military personnel can log onto the World Wrestling Entertainment Web site to view a schedule of live events in their area. Check out www.wwe.com for more information.

Scholarship News

Freedom Alliance scholarships for children of military heroes: The Freedom Alliance Scholarship Fund provides college scholarships to children of military personnel who have been killed or permanently disabled (100 percent VA rating) in the line of duty during the War on Terror. Deadline for submission is July 31, 2006 for the 2006-2007 school year. For more information, go to www.freedomalliance.org/scholarship.htm.

Grantham University scholarships: Grantham University offers a scholarship program to severely injured service members and their spouses and adult children. Go to www.grantham.edu for more information. They also have scholarship programs for military veterans, service members, and family members.

Widener University CARES Scholarship: Widener University, Chester, Pa., has a full scholarship program for children of Global War on Terrorism service members who were killed in action. Contact the Office of Admissions at 610-499-4126 for more information.

Veterans Information

DMVA Veterans Outreach Campaign continues.

The DMVA Veterans Outreach Campaign continues with kiosk displays at selected malls throughout New Jersey. The schedule is as follows:

August 10-12	Quakerbridge Mall
September 14-16	Livingston Mall
October 12-14	Deptford Mall
November 9-11	Menlo Park Mall

January 11-13	Brunswick Square Mall
February 9-11, 2007	Moorestown Mall
March 1-3, 2007	Hamilton Mall

The kiosk will be open from 10 a.m. to 6 p.m. on the identified dates.

NJ Vietnam Veterans’ Memorial and Vietnam Era Educational Center’s upcoming event schedule.

Aug. 12 / 1 p.m. / Sam's Place, a book of poetry about the Vietnam War experience -- readings and lecture by the poet, N.J. Vietnam Veteran Charles H. Johnson.

Sept. 9 / 1 p.m. / 36 Years and a Wake-Up, a Vietnam veteran's memoir -- lecture by the author, Vietnam Veteran Carey Spearman.

Sept. 15 / 11 a.m. / National POW/MIA Recognition Day and Gold Star Mothers Day ceremony.

Sept. 17 / 12:30 p.m. / Arrival of the Rolling Thunder-NJ motorcycle run for POW/MIA awareness, leaving Warinaco Park, Elizabeth at 11 a.m.

Oct. 14 / 1 p.m. / "Vietnam: A View You Have Never Seen Before," a slide show with discussion about folk life in modern Vietnam by NJ school teacher Ken Mayberg.

Lecture attendees are asked to RSVP to (732) 335-0033. A donation of \$5 per person is suggested. The Educational Center is open Tuesday through Saturday, 10 a.m. - 4 p.m. Regular admission is free for veterans and active-duty military personnel. Regular adult admission is \$4; student and senior citizen admission is \$2; and children under 10 are admitted free.

For more information, please call the NJ Vietnam Veterans Memorial Foundation office at (732) 335-0033 or (800) 648-VETS. The Vietnam Era Educational Center is located adjacent to the NJ Vietnam Veterans’ Memorial off the Garden State Parkway at Exit 116.

Vets’ federal hiring preference changes for Guard, Reserve

Beginning June 9, National Guard and reserve members released from active duty will get the same veterans’ hiring preference for federal jobs as those who are separated or retired from regular active-duty assignments.

Under the new rules, which Congress approved last year as part of the 2006 Defense Authorization Act, the definition of a veteran expands for the purposes of getting extra credit when seeking a federal job. Previously, veterans’ preference applied only to people “separated” from active duty under honorable conditions.

Under the new policy, hiring preference would extend to any person discharged or released from active duty if they had more than 180 consecutive days of duty since Sept. 11, 2001, served in a war or in a campaign for which a campaign badge or expeditionary medal was authorized. Also, the person who is discharged or released must have received an honorable or general discharge.

Trenton Vets Center open for counseling services

Located at 934 Parkway Ave, 2nd Floor, Ewing, N.J., the Department of Veteran Affairs, Trenton Vet Center, provides free readjustment counseling services to combat zone veterans and their families.

The Vet Center services include:

- Individual readjustment counseling
- Group readjustment counseling
- Screening for Post-Traumatic Stress Disorder
- Counseling for PTSD
- Substance Abuse counseling
- Marital and family counseling
- Sexual Trauma counseling
- Community education and liaison
- Referral for benefits assistance
- Employment Assistance

Heading the Trenton Vet Center Staff is James Gordon, team leader. Other staff at the center to help veterans and their families are Jeanne Morrison, Master Social Worker, Rawle Gaskin, Readjustment Counseling Therapist, Darryll Johnson, Readjustment Counseling Technician and Burnice Rice, Trenton Vet Center Office Manager.

The center is open Monday thru Friday 8 a.m. to 4:30 p.m., with Wednesday and Thursday extended hours by appointment only.

All services provided to veterans and their families are at no cost and clients' rights are protected by HIPPA. For more information call (609) 882-5744.

"The Moving Wall" is scheduled to visit New Jersey

"The Moving Wall" is the half-size replica of the Washington, DC Vietnam Veterans Memorial and has been touring the country for almost twenty years. When John Devitt attended the 1982 dedication in Washington, he felt the positive power of "The Wall." He vowed to share that experience with those who did not have the opportunity to go to Washington.

On June 14-19, 2006, the Medford New Jersey Township Council will sponsor "The Moving Wall" exhibit at Freedom Park, 86 Union Street, Medford, New Jersey. Opening ceremonies are planned for Wednesday evening, June 14. For further information, please contact the Recreation Department at 609-654-2512, or visit www.medfordtownship.com or www.themovingwall.org.

Part-time opportunities in Military Funeral Honors Program.

The New Jersey Army National Guard Military Funeral Honors Program has several part-time employment opportunities immediately available across the state for TDGs and Technicians. Earn one day's base pay and one retirement point for a few hours work providing Military Funeral Honors for our Veterans. If you are interested, please contact SGM Edward Goetschius, Military Funeral Honors Coordinator, at 609-530-7090 or by e-mail at Edward.goetschius@nj.ngb.army.mil.

Mark your calendar

July 21 – National Tug-O-War Tournament Day
July 22 – Ratcatcher's Day
July 23 – National Vanilla Ice Cream Day, National Parents' Day
July 24 – Amelia Earhart Day
July 25 – Threading the Needle Day
July 26 – All or Nothing Day
July 27 – Take your Pants for a Walk Day

Handy tips and hints -

For icy door steps in freezing temperatures: get warm water and add Dawn dishwashing liquid in it. Pour it all over the steps. They won't refreeze.

Use an empty toilet paper roll to store appliance cords. It keeps them neat and you can write on the roll what appliance it belongs to.

Spray your Tupperware® with nonstick cooking spray before pouring in tomato based sauces and there won't be any stains.

Don't throw out all that leftover wine: Freeze into ice cubes for future use in casseroles and sauces.

Use vertical strokes when washing windows outside and horizontal for inside windows. This way you can tell which side has the streaks. Straight vinegar will get outside windows really clean. Don't wash windows on a sunny day. They will dry too quickly and will probably streak.

A Smile for your weekend

Real-life warning labels:

- On a Duraflame™ fireplace log: "Caution – Risk of Fire."
- On a Batman costume: "Warning: Cape does not enable user to fly."
- On a bottle of hair coloring: "Do not use as an ice cream topping."

- On a cardboard sunshield for a car: "Do not drive with sun shield in place."
- On a portable stroller: "Caution: Remove infant before folding for storage."

Where to send your submissions to "Highlights"

If you have submissions for the newsletter, please e-mail them to Staff Sgt. Harbison at barbara.harbison@njdmava.state.nj.us - for those of you who have global accounts, the address you see on the global listing is NOT the DMAVA address, so you will have to type it. You can also contact her at (609) – 530-7088, fax: (609) 530-6963.

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