



# DMAVA Highlights

February 5, 2009

Volume 9, Number 5

*NJ Dept of Military  
and Veterans  
Affairs*

**Maj. Gen. Glenn K. Rieth**  
The Adjutant General

**Brig. Gen. Maria Falca-  
Dodson**  
Deputy Adjutant General

**Col. (Ret) Stephen G. Abel**  
Deputy Commissioner for  
Veterans Affairs

**Contacting us  
is easy!**

Public Affairs  
Office

Tech. Sgt. Barbara  
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[Barbara.harbison@njdmava.state.nj.us](mailto:Barbara.harbison@njdmava.state.nj.us)

Or

609-530-6951

## *News For Your Views*

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### **Twins see each other coming and going**

*By Wayne Woolley, DMAVA Public Affairs Specialist*

Two ships passing in the night? More like two New Jersey Army National Guard aviation units passing in broad daylight on the McGuire Air Force Base tarmac.

On Monday, the three-dozen Soldiers of Alpha Company, 2-104th General Support Aviation Battalion landed at McGuire to finish a year-long deployment in support of Operation Iraqi Freedom. A few hours later, many of those same Soldiers were back on the tarmac, exchanging handshakes and hugs with the members of the 150th Assault Helicopter Battalion as those 250 Soldiers boarded a plane to begin their year-long deployment in support of Operation Iraqi Freedom.

Capt. Sean Roughneen, the Alpha company commander, was among those leading the sendoff. In the middle of the good-byes, he gave one Soldier an extra big hug. That would have been Capt. Joseph Roughneen, his identical twin and a staff officer in the 150th.

After the embrace, brother Sean watched brother Joe disappear through the door of the waiting plane to begin his deployment.

"We'll miss each other," he said. "But this is what we signed up to do."

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### **New Presidential photos have been distributed**

Photographs of our new President, Barack H. Obama, are being sent through distribution this week to all the National Guard and DMAVA facilities. Each envelope is labeled "President Obama Portrait." Check your mailroom for your facility's copy to place in the chain of command photos. If you do not receive your copy by Feb. 11, notify Tech. Sgt. Barb Harbison at 609-530-7088 or [Barbara.harbison@njdmava.state.nj.us](mailto:Barbara.harbison@njdmava.state.nj.us).

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### **Youth Camp applications now online**

*From the desk of Amanda Balas, State Youth Coordinator*

Youth Camp 2009 is on the calendar for July 19-25 at Sea Girt. Applications for 2009 N.J. National Guard Youth Camp are now online. The applications have changed, so read carefully when choosing and filling out your application. You can find the three applications in blue at the bottom of the NJNG Family Programs Web site at [http://www.state.nj.us/military/familysupport/youth\\_camp.html](http://www.state.nj.us/military/familysupport/youth_camp.html). If you have any questions, feel free to contact Amanda Balas at 609-530-6836 or [amanda.balas@us.army.mil](mailto:amanda.balas@us.army.mil).

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### **Sain receives museum Board of Trustees Recognition award**

*From the desk of Robert Dennin*

Retired Lt. Col. Ed Sain, Director, Installations Division at DMAVA, was recently

**We're on the Web!**  
**[www.nj.gov/military](http://www.nj.gov/military)**



## ***Veterans' Organizations***

### ***Contact Information***

State Veterans Service  
Council  
Mr. Richard Clark  
[RJClark21@msn.com](mailto:RJClark21@msn.com)

BG William C. Doyle  
Cemetery Advisory  
Council  
Mr. William Rakestraw  
[warjrnj@msn.com](mailto:warjrnj@msn.com)

### **Veterans Hotlines**



Benefits &  
Entitlements  
1-888-8NJ-VETS  
(1-888-865-8387)

Mental Health  
1-866-VETS-NJ4  
(1-866-838-7654)

honored by the National Guard Militia Museum of New Jersey's Board of Trustees for his dedicated volunteerism and exemplary membership on the Board of Trustees. President of the museum's board of trustees, retired Col. Len Luzky, presented Sain with the museum's highest and most prestigious *Board of Trustees Recognition Award* stating, "Lt. Col. Sain's leadership, hard work and service over the years have contributed greatly to the Museum's many accomplishments. Throughout his many successive elected terms on the Board he has provided invaluable assistance and guidance to the Museum and its Board of Trustees. Lt. Col. Sain is an important and valued member of our Team; a true friend of the Museum and we are fortunate and proud to have him as a Member of our Board. The Board is grateful for his many efforts, his service and important contributions to furthering the goals of the NGMMNJ." Congratulations Lt. Col. Ed Sain!!

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## **State has new time sheets for employees**

*From the desk of Cindy L. Leese, Human Resources manager*

For state employees, effective pay period 4 there are new timesheets that are on DMAVA Net under Human Resources. Click on the timesheet that pertains to you – manager, standard or shift differential – go to Save As, name it as your timesheet and save it to your Z drive.

These are the only timesheets that should be used from this point. If you submit an old timesheet it will be returned back to you.

These timesheets are not to be used by the three memorial homes.

If you have any questions, please call Cindy Leese at 609-530-7056 or Irene Sokolowski at 609-530-7038.

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## **N.J. Vietnam Memorial to host presentation on Vietnam Donut Dollies**

On Feb. 21, at 1 p.m., the New Jersey Vietnam Veterans' Memorial Foundation will show the film, *A Touch of Home: The Vietnam War's Red Cross Girls*. This program will be held at the Vietnam Era Educational Center, Holmdel, N.J.

The American Red Cross introduced the idea of Donut Dollies, originally known as Red Cross Recreation workers. The GIs in Korea gave the Red Cross Recreation workers the nickname "Donut Dolly" because the women had donut machines and were able to make up to 20,000 donuts a day when the troop ships came in. The Donut Dollies were meant to be a supplemental recreation program that started during World War II at the request of the Secretary of War, but continued through the Korean and Vietnam Wars.

In 1962, the American Red Cross sent its first paid field staff to Vietnam to assist the growing number of servicemen at various bases and hospitals. At the height of the Red Cross involvement in 1968, 480 field directors, hospital personnel, and recreation assistants served throughout Southeast Asia. By the end of the Vietnam War, more than 600 women had provided services to U.S. military personnel and assisted Vietnamese refugees. The Donut Dollies in Vietnam didn't even serve donuts; they provided entertainment and other services to the soldiers.

After being dropped into firebases and base camps to serve coffee, Kool-Aid and snacks, they additionally wrote, typed and mailed letters for the soldiers. They also recorded messages on small reel-to-reel tapes and sent them out to eager families and friends. Donut Dollies created a momentary diversion for the servicemen by organizing entertainment, making hospital visits and building troop morale.

*A Touch of Home* is a look at the lives of these women who, for so many service personnel, provided their only connection to their world back home. These stories are told by the Donut Dollies themselves and include many of their own home movies and photographs.

Lecture attendees are asked to RSVP to (732) 335-0033. A donation of \$5 per person is suggested. The Vietnam Era Educational Center is located adjacent to the New Jersey Vietnam Veterans' Memorial off the Garden State Parkway at exit 116.

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**Use your mouse to find all sorts of things on DMAVA Web site**

## NJ World War II Memorial



For information or to  
make a donation, call  
609-530-7049



Please submit  
any articles  
and all  
information for  
**DMAVA  
Highlights**  
to:

PAO Office  
DMAVA Highlights  
ATTN:  
Tech. Sgt. Barbara  
Harbison

DEADLINE IS  
NOON  
WEDNESDAY

Tech. Sgt. Barbara  
Harbison  
[Barbara.harbison@njdmava.state.nj.us](mailto:Barbara.harbison@njdmava.state.nj.us)

Have you taken the time to visit [www.nj.gov/military](http://www.nj.gov/military) lately?

You can find job announcements, publications, forms, information for families, information for veterans and information on both the New Jersey Army and Air Guard.

With a simple click of a mouse button, you can check out the most recent issues of DMAVA Highlights, Guardlife and Veterans Journal. Past issues are also archived on the Web site.

With another click, you can find blank DMAVA forms, TAG memorandums and policy letters and a variety of publications.

Another click gets you to the area where you can discover information on our three Veterans homes, the Doyle cemetery, the three war memorials we oversee, Veterans Haven, the medals we present to New Jersey combat veterans and more.

Two more clicks let you see all the benefits of joining the New Jersey Army and Air National Guard.

Click! Click! Click! You can find the pages on Family Support; Youth Challenge; job announcements for state, federal, active Guard and Reserve; apply for a N.J. National Guard fishing license; look up the location of your local Veterans Service Office and so much more.

Take the time to visit the Web site that takes you around the New Jersey National Guard and Department of Military and Veterans Affairs; you will discover an abundance of information and assistance.

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### DMAVA Green

*By Tech. Sgt. Barb Harbison, DMAVA Public Affairs Specialist*

Green cleaning can be the use of substances like baking soda, vinegar and lemons to do your cleaning.

Lemon juice can be used to dissolve soap scum and hard water deposits.

Lemon is a great substance to clean and shine brass and copper. Lemon juice can be mixed with vinegar and or baking soda to make cleaning pastes.

Cut a lemon in half and sprinkle baking soda on the cut section. Use the lemon to scrub dishes, surfaces, and stains.

Mix 1 cup olive oil with ½ cup lemon juice for a furniture polish for hardwood furniture.

Put the peel of a whole lemon through the garbage disposal. It will freshen the drain and the kitchen. Orange peels can be used with the same results.

To clean surfaces, sprinkle baking soda on a damp cloth. Wipe, then rinse with clean water.

To remove scuff marks or grease spills from the floor, sprinkle with baking soda and then wipe with a warm, damp cloth. This is even safe for no-wax floors!

For burnt-on food in the bottom of pots, sprinkle with baking soda, then add hot water. Let soak overnight; the dried on food will come loose much more easily.

To remove stickers that have been used to "decorate" furniture and other surfaces, moisten with vinegar. Let sit for at least ten minutes, then remove.

To clean silver, pewter, copper, or brass, dissolve 1 teaspoon salt in one cup vinegar. Add flour to create a paste (1/4 cup or more). Apply the paste to the metal item, and let stand for at least fifteen minutes. Rinse with warm water and polish with a soft cloth.

No-wax floors can be cleaned with a solution of 1 cup vinegar per gallon of water for a shinier surface.

To clean wood paneling, use a mixture of 1/2 cup olive oil, 1/2 cup vinegar, and 2 cups warm water. Apply to paneling with a soft cloth. Dry with a clean cloth.

To remove soap build-up from faucets, clean with a mixture of 1 part salt to four parts

Wounded  
Soldier and  
Family  
Hotline  
1-800-984-  
8523

Phone  
numbers and  
Web sites to  
remember

Directory  
Assistance:

1-602-293-4907

Verizon Super Pages:  
<http://www.superpages.com/>

AT&T:  
<http://www.anywho.com/>

SBC Yellow Pages:  
<http://www.yellowpages.com/>

Telephone and  
contact information  
on state employees  
can be found at  
<http://njdirect.state.nj.us/>

DMAVA  
Emergency  
Hotline:

1-866-232-5798

vinegar.

To remove coffee or tea stains from china, clean with a mixture of vinegar and salt.

To keep cats off windowsills or other surfaces, spray with vinegar. This will also keep them from scratching upholstery (spray an unnoticeable area of the fabric first to make sure the vinegar doesn't cause a stain).

To keep dogs from scratching their ears, clean with a soft cloth dipped in diluted vinegar.

If you have a green tip or a site to recommend, drop me a line at [Barbara.harbison@njdmava.state.nj.us](mailto:Barbara.harbison@njdmava.state.nj.us).

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## Calendar

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### 117th Cav Association slates next meeting for Feb. 6

*From the desk of retired Col. Dennis J. Dougherty*

Join us at the next meeting of the 117th Cavalry Association in the Heritage Room, Westfield Armory, **Feb. 6**, at 7:30 p.m. We are looking forward to seeing you there.

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### Pancake Breakfast to benefit FRG on Feb. 15

Come on down and grab breakfast at the American Legion T. Nulty Post #471, 25 Brown Ave., Iselin, NJ 08830, on **Feb. 15**, 8 a.m. – noon. A Pancake Breakfast being held by the American Legion as a fund raiser for the New Jersey Army National Guard: Charlie Company 2-113th Infantry Family Readiness Group.

The menu includes pancakes, bacon, sausage, eggs, coffee and tea. Tickets cost \$10 for adults and \$6 for children.

C-Co 2-113th Infantry T-shirt sales at the event will also help to raise money for the Family Readiness Group.

For more information, contact Ron Davie, 732-429-4248, [rgdavie@gmail.com](mailto:rgdavie@gmail.com) or Susan Lang, 908-246-7433, [Susan.A.Lang@gmail.com](mailto:Susan.A.Lang@gmail.com).

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### Teaneck FAC/FRG announces upcoming events

*From the desk of Janis M. Shaw, Family Assistance Specialist*

The Teaneck Family Assistance Center and Family Readiness Group invite families to the following events.

On **Feb. 17**, come to Support Our Troops at FOOTBALL FEST which will benefit the Teaneck FAC food pantry. Doors will open at 6 p.m. There will be a \$5 donation at the door. Kids will get to participate in skills and drills with NFL pros and area coaches. You can test your football skills and meet NFL players.

There will on-field football activities with Academy Coaches; 7 p.m. for grades 2-8 and 8 p.m. for high school students.

For more information go to [www.soccercoliseum.com](http://www.soccercoliseum.com) or call 201-445-1900.

On **Feb. 19**, the FAC/FRG invites everyone to participate in the "Hugs 4 Blood," Military Families Working 2 Make A Difference. It is sponsored by the Community Blood Council, from 1-9 p.m.

T-Shirts will be given to all donors and bears will be given by the FAC/FRG. Refreshments will be served.

For further information, please contact the Teaneck FAC Office at 201-833-8356/8241 or Master Sgt. Minnie Hiller-Cousins at 973-934-8837, Pfc. Candice Hibbert at 551-804-0093 or Pfc. Danyell Mitchell at 201-833-0632.

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### Vietnam traveling wall coming to Cherry Hill, N.J., in April

"The Wall That Heals", a half-scale replica of the Vietnam Veterans Memorial in Washington, D.C., will bring the message of The Wall to Cherry Hill, N.J., from **April**

ESGR office  
JFHQ  
3650 Saylors Pond  
Road  
Fort Dix, NJ  
08641

Hank Pierre, 609-  
562-0156,

hank.pierre@njdma  
va.state.nj.us

Tammy Cartagena,  
609-562-0157,

tammy.l.cartagena  
@us.army.mil

Fax

609-562-0158

**16-19.** The exhibition features the dramatic replica – stretching nearly 250 feet in total length – as well as an Information Center and traveling museum displaying memorabilia left at The Wall in Washington, D.C.

The Traveling Museum and Information Center provides a comprehensive educational component to enrich and complete visitors' experiences. The Museum chronicles the Vietnam War era and the unique healing power of the Vietnam Veterans Memorial, while the Information Center serves as a venue for people to learn about friends and loved ones lost in the war.

This event will coincide with Cherry Hill's Annual Patriotic & Gratitude Week in which homage is paid to the victims of 911 and our fighting men and women by adorning the cherry trees on Chapel Avenue with American flags and yellow ribbons.

Local sponsors and volunteers are sought to help with this worthwhile and historical event. Sponsorship and Volunteer forms can be filled out online by going to [www.alch372.com](http://www.alch372.com). Alternatively you can e-mail [squinn9807@aol.com](mailto:squinn9807@aol.com), call 856-665-3889 to have a form sent to you or stop by American Legion Post 372 located at 1532 Martin Ave, Cherry Hill (behind Cherry Hill West High School).

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### Great Adventure Military Appreciation Day is May 16

The State Family Programs Office will be selling tickets for Great Adventure Military Appreciation Day, **May 16**, during the month of April ONLY. WE WILL NOT have any tickets for sale before April 1 or after April 30. The following discounted prices will apply:

Great Adventure and Safari	\$21
Hurricane Harbor	\$15
Parking	\$10
Meal Vouchers	\$10

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### Tax Information

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#### Military, retiree W2 tax forms are available on MyPay

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

The 2008 W2 and 1099 tax forms will be available on MyPay - <https://mypay.dfas.mil/mypay.aspx?flps=99R-RCPS> as follows:

- Retiree 1099R - 12/16/2008
- Annuitant 1099R - 12/16/2008
- Air Force, Army and Navy Reserve W2 - 1/5/2009
- Civilian W2 - 1/6/2009
- Marine Corps Active and Reserve W2 - 1/7/2009
- Army Non-Appropriated Fund (NAF) Civilian Pay W2 - 1/12/2009
- Student Loan Repayment Program (SLRP) W2 - 1/12/2009
- Savings Deposit Program (SDP) 1099INT - 1/18/2009
- Air Force, Army and Navy Active W2 - 1/23/2009

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### Schools, Training

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#### 254th Regiment provides class schedule for 2009 training year

The following courses will be conducted by the 254th Regiment, New Jersey Army National Guard, at Sea Girt and Fort Dix during training year 2009.

##### INACTIVE DUTY TRAINING COURSES (IDT):

- ❖ The Army Basic Instructor Training Course: Jan. 24-March 21, 2009; April 4-June 13, 2009
- ❖ Small Group Instructor Course: July 11-Sept. 19, 2009 (must complete Army Basic Instructor Course first)
- ❖ Pre WARRIOR Leadership Courses (3 weekends per class): April 4-June 14, 2009; and July 11-Sept. 20, 2009
- ❖ Officer Candidate School: Phase 0 Class 53 begins March 7, 2009
- ❖ Officer Candidate School: Phase 2 Class 53 Aug. 1, 2009-June 14, 2010
- ❖ Company Level Command Team Course (for new Commanders and their 1SGs):



## QUOTES

*All great change in America begins at the dinner table.*

-Ronald Reagan

*If you would be loved, love and be loveable.*

- Benjamin Franklin

*When work is pleasure, life is a joy! When work is a duty, life is slavery.*

- Maxim Gorky

*The life of labor does not make men, but drudges.*

- Emerson

*A heart's testimony is stronger than an thousand witnesses.*

- Turkish proverb

Sept. 19-20, 2009

### ACTIVE DUTY TRAINING COURSES

- ❖ 13F10 MOS-T Fire Support Specialist (8 days): March 14-21, 2009
- ❖ 11B10 MOS-T Infantryman (15 days): May 9-23, 2009
- ❖ 11B2/3/4 (T) Infantryman Transition (15 days, E5 and above): May 9-23, 2009
- ❖ 11B40 Advanced NCO Course (ANCOC) Phase II (15 days) Fort Dix: Possibly in Sep09.
- ❖ 68W10 Medic Sustainment (10 days): July 13-22, 2009.
- ❖ Combat Lifesaver Course, various locations: Send unit request to Sgt. 1st Class Stephen Cosmanic at [Stephen.r.cosmanic@us.army.mil](mailto:Stephen.r.cosmanic@us.army.mil) for scheduling.

Questions should be addressed to 1st Sgt. Gary Davidson, 732-974-6312/5900 or [gary.davidson@nj.ngbarmy.mil](mailto:gary.davidson@nj.ngbarmy.mil). ATRRS School Code: 1004.

## Retirements, Reunions

### Gala reunion planned for former, current 170th/108th personnel

Come one, come all – active or retired – for a fun-filled weekend with trips down memory lane. A Gala Reunion is being planned for all of the faces of the 170th and 108th Air Refueling Wing on **April 25, 2009**.

The elegant semi-formal will be held at the Doubletree Hotel and Executive Meeting Center, 200 Atrium Drive, Somerset, NJ, 6-11 p.m.

A deposit of \$50 is required per person as soon as possible. Hotel reservation, rates and activities will be announced at a later date.

For more information, contact Gloria A. Smith, 732-752-8263/732-991-9102 or Phyllis Jackson-Rackley, 908-451-7147/908-730-6377.

## Say Again?



### DMAVA emergency hotline is up and running

Winter is just around the corner and with that comes weather that can make driving to work difficult. There may be times that the department may have a delayed opening or even closures. If there is a question, call the Department of Military and Veterans Affairs Emergency Hotline:

**1-866-232-5798**

You will then hear the following message:

You have reached the New Jersey Department of Military and Veterans Affairs Emergency Information Number. Please list to the following menu choices and select an appropriate option:

- ❖ State employees – press 1
- ❖ Federal employees – press 2
- ❖ National Guard employees – press 3

Select the appropriate selection and you will hear a pre-recorded message providing further instructions or details regarding the emergency and/or inclement weather reporting instructions.

### DMAVA awards program looking for nominees, due by Feb. 6

Look around you – maybe she is sitting in the cubicle next to you. Maybe he is in the office down the hall. Maybe you are part of the group.

The DMAVA Employee Awards Program is looking for the hard workers, the hard chargers, the ones who go above and beyond; giving of themselves to the department in their day to day job. They are open to all members of the department, from all the various locations.

If you know someone who deserves to be nominated for one of these four awards, now

## State Family Programs

101 Eggert  
Crossing Road  
Lawrenceville

Toll-free number  
888-859-0352  
Family  
Assistance  
609-530-6884  
Teen Youth  
Group  
609-530-6836  
Fax  
609-530-6871

## Call a Chaplain

24/7

609-694-0635  
609-802-8125

is the time to write the recommendation. The awards are for the NJDMAVA Employee of the Trimester, Team of the Trimester, Federal Employee of the Trimester and Federal Team of the Trimester.

To submit someone for the individual or team awards, check out Department Directive 200.6 at [www.nj.gov/military](http://www.nj.gov/military) in the Publications section. Eligibility requirements and forms are in the directive.

The committee is currently looking for submissions for awards for the Sept.-Dec. 2008 timeframe, with a deadline of **Feb. 6**. Send the award recommendations to Loreta Sepulveda, director of Human Resources Division, [loreta.supulveda@njdmava.state.nj.us](mailto:loreta.supulveda@njdmava.state.nj.us) or Marisol Meyer, Veterans Services, [marisol.meyer@njdmava.state.nj.us](mailto:marisol.meyer@njdmava.state.nj.us). If you have any questions, contact Sepulveda at 609-530-6885.

Here is the opportunity to recognize those people who make the department a great place to work.

*If somebody throws a brick at me I can catch it and throw it back. But when somebody awards a decoration to me, I am out of words. - Harry S Truman*

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### Sick call for active duty Soldiers at Dix has changed

Sick call procedures for all permanent party Soldiers assigned to Fort Dix have changed as of January 12.

Soldiers who receive care through the 305th Medical Group on McGuire Air Force Base must call 1-866-DRS-APPT (1-866-377-2778) for same day appointments if they are not feeling well and need to be seen by a health care provider.

Soldiers unable to make an appointment using the method above must use the After Hours Clinic located at 3458 Neely Road. This is behind the BX/PX on McGuire; parking and entrance for the clinic is on the east side of the building. The After Hours Clinic is on the left side of the Atrium.

Hours for the new clinic are 4:30-9 p.m., Monday-Thursday; 4:30-8 p.m., Friday; 8:30 a.m.-1:30 p.m., Saturday; 11 a.m.-4 p.m., Sunday; and, 11 a.m.-3 p.m. on holidays.

For more information on the After Hours Clinic, visit <http://www.mcguire.af.mil/305thmedicalgroup/index.asp>.

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### Free CD for downloading as gift to military, veterans

Isaac Hayes, Alan Jackson, Roy Orbison, Daughtry, Good Charlotte, Joe Perry and eight more artists and groups have come together and each donated one song to the CD, "For the Troops II."

John Ondrasik of Five For Fighting, led the project for the second time. The original CD, "For the Troops," was downloaded more than 350,000 times and 200,000 hard copies were distributed to service members and veterans.

The new CD, which can be downloaded for free at [www.aafes.com](http://www.aafes.com), will continue to be available until mid-March. Those with valid military identification will be eligible to download the CD.

To get a complete list of the artists and songs on the CD, go to [www.cdforthetroops.com](http://www.cdforthetroops.com).

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### Latest Guardlife is posted on the DMAVA Web site

The New Jersey National Guard Magazine *Guardlife* Vol. 34 No. 3 - is now available on the World Wide Web in a user friendly online web version at the following web address: <http://www.nj.gov/military/publications/guardlife/volume34no3/>. The "Hometown Team" magazine *Guardlife* provides up to date information on the happenings within the New Jersey Army and Air National Guard. For all the current news on our soldiers and airmen take a look at the new issue today. To view past issues of *Guardlife* magazine on-line you can visit <http://www.nj.gov/military/publications/> the DMAVA Publications homepage.

**Get your VA  
benefits as a  
Direct Deposit  
into your  
checking or  
savings account  
– call  
800-333-1795  
or visit  
[www.GoDirect.org](http://www.GoDirect.org)**

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### **Military OneSource offers free tax preparation, filing**

Just in time for tax season – Military OneSource is offering free preparation and filing of both your Federal and State taxes.

This program is available for all DoD components, Guard and Reserves and their families.

To get started or find out more information on this valuable benefit, call 1-800-342-9647 or visit [www.militaryonesource.com](http://www.militaryonesource.com).

Don't let a tax preparer take even more of your money with tax preparation fees. Maximize your refund or minimize your tax bill by visiting Military OneSource today!

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### **Take the next step, become a Warrant Officer**

Are you 18-33 years old? Any MOS. Make the next step in your Army career a Warrant Officer. You may qualify to become a 153A Rotary Wing Pilot.

First, review the prerequisites for the MOS on the Web site: [www.usarec.army.mil/hq/warrant/index.htm](http://www.usarec.army.mil/hq/warrant/index.htm) Next, call Warrant Officer Mercedes Devarie, the new Warrant Officer Strength Manager for more information.

The New Jersey Army National Guard is looking for individuals to fill the following MOSs: 153A, 152B, 153D, 155E, 210A, 250N, 251A, 254A, 350F, 351M, 420A, 882A, 890A, 914A, 915A, 919A, 920A, 920B, 922A.

Contact WO Devarie at 609-562-0721 or [mercedes.devarie@us.army.mil](mailto:mercedes.devarie@us.army.mil).

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### **Earn up to \$8,500 for officer accessions in G-RAP**

*From the desk of Warrant Officer Misty L. DiGangi, AMEDD Recruiter*

Guard Recruiting Assistants can earn additional income assisting ARNG recruiting efforts by identifying well-qualified men and women for service in the ARNG. RAs may earn up to \$8,500 for each select Officer Candidate who accepts a Commission.

As a G-RAP RA you will cultivate quality Officer Candidates from within your spheres of influence and work with an Officer Strength Manager (OSM) or Warrant Officer Strength Manager (WOSM) to process the Officer Candidate and move them towards accession.

The total amount of payment for an Officer Accession is determined by the ARNG's current critical needs and the GRAP-O payment chart. There are four categories by which RAs will receive payment for Officer Accessions. RAs can earn up to \$2,000 for each new recruit who enlists and reports to Basic Training or for each prior service member.

G-RAP is available to Traditional Guard members and National Guard retirees. For more information, go to <http://www.guardrecruitingassistant.com/>.

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### **Sign up for G-RAP, bring in friends and make \$\$\$\$**

Sign up today and earn up to \$2,000 for each new recruit who enlists into the National Guard and reports to basic training.

The Guard Recruiting Assistance Program (G-RAP) is a contracted program designed for individuals who voluntarily apply to become eligible to serve as a part-time Recruiting Assistant (RA).

G-RAP is available to Traditional Guard members and National Guard retirees. This opportunity is open to both Army and Air Guard members. For more information, go to <http://www.guardrecruitingassistant.com/>.

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### **Government offers free financial planning, information**

These days, watching your pennies is close to becoming a national pastime like baseball and football. Planning for retirement, children's education, buying a home, investing – simply finding a way to save a few dollars – can tax the best of us. We



could all use a financial planner, but who can afford one?

Drop in the Web site, [Mymoney.gov](http://Mymoney.gov), and find information on all aspects of financial planning. There is a section of links to calculators to help you plan your college budget and loans, determine if you are able to afford to buy a home, help with retirement planning, compare different types of mortgages, savings bonds values and more.

Are you thinking about starting your own business? You will find a page of links to help you; even to assist you in writing your business plan.

There is also a section for kids to learn about money matters. The site is also in Spanish.

So instead of drumming your fingers on the table as you worry about your financial situation, let them walk over to [www.Mymoney.gov](http://www.Mymoney.gov) and get answers to your pressing money questions.

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### **Honor Guard program wants YOU!**

Looking for a way to serve and get some satisfaction at the same time? The Honor Guard program is looking for members of the Army and Air Guard to join the team to perform honor guard duties at the funerals of veterans. There is an initial eight hours of training for all new enrollees, with on-going sustainment training. As an honor guard member, you will receive a day of pay for each day's mission, minimum of \$50, and traditional drilling Guard members receive a retirement point for each day's duties.

If you are interested in applying for the Honor Guard program, call retired Sgt. Maj. Ed Goetschius at 609-530-7090.

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### **Reduced rates on NJ Transit for military, dependents**

Here is another benefit offered to military members, retirees and their dependents by the state of New Jersey.

Eligible passengers may ride at reduced fare rates on any NJ Transit bus, rail or light rail service at all times, without restriction, upon presentation of authorized identification.

All military personnel and their dependents will be permitted to purchase transportation at the senior citizen/passengers with disabilities reduced fare rate upon showing their military or military dependent ID card. The following military personnel are entitled to this fare: Active Duty, Reserve, National Guard or Retired for Army, Navy, Air Force, Marines or Coast Guard.

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## ***Information for N.J. state employees***

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### **Direct Deposit – A safe and reliable way to receive your pay**

*From the desk of Lisa Dandrea, Human Resources, Personnel Assistant*

This is just a reminder that the convenience of direct deposit is offered to all state employees. It is encouraged that our employees consider taking advantage of direct deposit with all that it has to offer.

Enrolling into direct deposit means having your money directly deposited into your checking or savings account. You're going to be on vacation on pay day? Tired of waiting for Postal Service to deliver your money? Eliminate that with direct deposit. It is a convenient and reliable way to receive your pay and know it is safe in your account, when you need it to be. And the service is free!

To get enrolled you must complete the "Authorization Agreement for Automatic Payroll Deposits" form, and turn it in to your Human Resources Payroll Department. A copy of this form is available on DMAVANet under [Human Resources – Helpful Forms](#). Just print, fill out and send to Human Resources. Please allow up to three pay periods (six weeks) for your direct deposit to take effect.

To request a form or more information, contact Lisa Dandrea in Human Resources at 609-530-6888.

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## Pension loan applications to be submitted through MBOS

*From the desk of Lisa Dandrea, Human Resources, Personnel Assistant*

NOTICE from the Division of Pensions and Benefits:

Effective Nov. 1, 2008, an eligible member who wishes to borrow against their pension account, **MUST** submit the loan request through the Pension Loan Application accessible through a personal account with the Member Benefits Online System (MBOS). Please note the following changes:

- ❖ The *Loan Application* will no longer be available as a printed form or through the Division's Web site.
- ❖ Paper *Loan Applications* that are received by mail as of Nov. 1, 2008, will be returned to members with instructions on submitting the loan request through MBOS.
- ❖ The loan fax number, which has been phased out of use since the introduction of loans through MBOS, will be completely disabled.
- ❖ Limited access to a computer or a member's reluctance to use MBOS **will not** be considered sufficient circumstances to allow manual loan processing.

Employees who are already registered MBOS users currently have access to the online loan application through their MBOS account.

Employees who are new to MBOS can access MBOS after they register with both the *MyNewJersey* Web site *and* MBOS. Registration is free; however, the registration process requires several steps and new users should carefully follow the MBOS registration instructions. Visit <http://www.state.nj.us/treasury/pensions/mbosregister.htm> for a complete list of instructions. If, after following the MBOS Registration Instructions, you still need assistance registering for or using MBOS, please contact the MBOS Help Desk at (609) 777-0534 or send an e-mail with the subject line "MBOS E-mail" to: [pensions.nj@treas.state.nj.us](mailto:pensions.nj@treas.state.nj.us)

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## Employees required to register for MBOS

*From the desk of Lisa J. Dandrea, Human Resources, Personnel Assistant*

MBOS is the Member Benefits Online System. Through MBOS, employees may review their pension contributions, loan status, health benefits information, update their beneficiary information, apply for retirement, as well as many other applications. It has been encouraged that all employees register for this helpful tool. However Pensions is now working on MBOS being a requirement in order for employees to make certain updates to their personal information.

Effective immediately, in all cases where an employee is eligible to become a member of the Public Employees' Retirement System (PERS), the employer will be required to submit all enrollment information to Pensions via online. Important to note is that the online PERS Enrollment Application does not include the Designation of Beneficiary page. Instead, once the member is enrolled and issued a pension number, they must register for a MBOS account at: [www.state.nj.us/treasury/pensions/mbosregister.htm](http://www.state.nj.us/treasury/pensions/mbosregister.htm) and complete the online Beneficiary Designation form. Until the member completes his or her Designation of Beneficiary, the member's "Estate" will be the beneficiary of record.

Current employees –note, even if you are already enrolled into PERS, if you wish to make any changes to your beneficiary information, you too will need to be registered for MBOS. Members will not be able to submit the Change in Beneficiary Designation paper form since this will no longer be acceptable through the Division of Pensions and Benefits.

Visit the link above for complete instructions to register for MBOS. If you encounter any problems with registration, you may e-mail Pensions and Benefits with your questions/concerns and they can assist you through the process. You may also obtain a tri-fold brochure with MBOS instructions from your Human Resources Office.

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## No handbooks available for NJDIRECT

Inquiries about NEW handbooks and directories for NJDIRECT has prompted this reply

from Pensions and Benefits:

"Unfortunately, we do not have NJ Direct Handbooks to give to members and will not be receiving a supply. Members may visit the NJ Direct website [www.horizonblue.com/shbp](http://www.horizonblue.com/shbp). Members without computers are encouraged to use their local library or a relative's computer or call the plan directly".

You may also look up benefit information and visit the Unified Provider Directory on the Pensions and Benefits website under State Health Benefits Program.

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### State employees who move, marry must contact HR department

*From the desk of Lisa Dandrea, Human Resources, Personnel Assistant*

If you are a state employee, working for DMAVA, Vets Haven, and the Cemetery, and you have an address change and/or a name change, it is *extremely* important that you contact Lisa Dandrea in the Human Resources Office. There have been a lot of issues with tax W2s, pension statements and pay checks being returned to our office, as well as some employees not receiving their new health cards, all due to incorrect addresses. Your address change is not automatic and it is not limited to completing a new W4. There are specific forms for employees to complete that updates their new information statewide. Your change of address or name affects your paycheck, your pension statements, W2s, loans, any information sent out by your health care provider, promotional announcements from Dept. of Personnel, etc. If you have had an address/name change and have not updated your information, please make sure you contact Lisa Dandrea in HRD-ESB at 609-530-6888 or e-mail [Lisa.Dandrea@njdmava.state.nj.us](mailto:Lisa.Dandrea@njdmava.state.nj.us).

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### Discounts offered for State employees

Are you a state employee looking to save a few \$\$\$?

Visit [www.state.nj.us/personnel/discounts/index.htm](http://www.state.nj.us/personnel/discounts/index.htm) and you can find a number of businesses who offer discounts to New Jersey state employees. From amusement parks to fitness to computer to phones and lots of other discounts between, you will find many ways to save money. For more information, please contact Cindy Leese at [cindy.leese@njdmava.state.nj.us](mailto:cindy.leese@njdmava.state.nj.us) or call 609-530-7056.

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## For the Families

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### Strong Bonds weekend scheduled for Feb. 13-15

*From the desk of Marie Durling, Family Programs Specialist*

The next Marriage Enrichment/Strong Bonds weekend is on the calendar for **Feb. 13-15** at the Clarion in Egg Harbor Township. This is open to any N.J. National Guard Service member (Army and Air). Contact me at 609-530-6884 or [marie.durling@us.army.mil](mailto:marie.durling@us.army.mil) to get an application form. If you attended a weekend previously, I will put you on a waiting list. This is Valentine's Day weekend so we will make it special for all attendees.



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### Click and find out which FAC supports your armory

If you are not sure which Family Assistance Center supports your armory, here is the way to find out. By going to the new and growing New Jersey FAC Web site you will be able to locate the FAC nearest you. It also gives you a place to e-mail your questions and concerns. Just go to <http://www.nj-fac.org>.

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### Join the online Guard Family

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

An invitation is extended to join the online Guard Family Portal community! Our goal is to make this website your "one-stop shop" for everything Guard! Here is the link to join:

- ❖ Visit <http://www.guardfamily.org>
- ❖ Click the Join link on the top right
- ❖ Complete the form and click Submit!

The website will provide up-to-date, relevant and state-specific content, including announcements, news, events, discussion forums, documents, surveys and reports.

In addition, you can learn about Family Readiness, Program Services and Plans & Operations, take on-line training, and the site keeps you informed and involved about your benefits as a serving family. FRG Leaders and volunteers are strongly encouraged to enroll on the site and log in your volunteer hours.

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### **Additional dental cleaning allowed during pregnancy by Tricare**

The TRICARE Management Activity announced an enhancement to maternity dental benefit through United Concordia. An additional cleaning in a 12-month period will now be allowed at no additional cost for all pregnant TRICARE Dental Program enrollees. The additional cleaning is in response to research indicating there is an increase risk of dental disease during pregnancy. For more information about dental health during pregnancy, go to: [http://www.ada.org/public/topics/pregnancy\\_faq.asp](http://www.ada.org/public/topics/pregnancy_faq.asp).

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### **No-cost prescription savings plan available**

*From the desk of Marie Durling, Family Programs Specialist*

Here is a no cost to you prescription savings program. This program offers discounts on all prescription medications at your local pharmacy. You do not have to do anything special to qualify. There is no income, residence, employment, age, citizenship or any other qualifications to meet. Not even an application to fill out. The Family State Programs Office at Joint Force Headquarters, Fort Dix has the group ID cards. Call Marie Durling at 609-530-6884 and one will be mailed to you. For more information check out [www.mediservrx.com](http://www.mediservrx.com).

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### ***During the Deployment Information***

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#### **Our Military Kids grant program recently expanded**

Our Military Kids, a program that provides grants to children of deployed and severely injured Reserve and National Guard military, has expanded its program eligibility in two ways. The program which had been open to children in grades K - 12, will now be offered to 3- and 4-year-olds. Additionally, children may be eligible for a second grant award if their parent is deployed for 365 days or more. Our Military Kids grants cover six months of an activity to a maximum award of \$500. Children who have a parent deployed for 365 days or more will now be eligible for a second grant award provided the parent has 60 days remaining on the deployment orders and six months has elapsed since the first grant award. Our Military Kids provides grants for sports, fine arts and tutoring so that children may start or continue participation in an activity while the parent is away or recovering from serious injury. To date, over 3,000 children have received awards from Our Military Kids.

To find more information on the program or to download an application, go to [www.ourmilitarykids.org](http://www.ourmilitarykids.org).

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#### **Reunion briefing schedule announced for family members**

*From the desk of Marie Durling, Family Programs Specialist*

We know it is early to mention reunion briefs but we wanted to get the dates and locations out now so you can make plans to attend the one most convenient for you. All briefs are the same - they are not unit specific. Attend the one that is most convenient for you.

#### **Soldier & Family Reunion Brief Schedule**

Date	Armory	Time
Feb. 7, 2009	West Orange	9:30 a.m.
Feb. 21, 2009	Morristown	9:30 a.m.

March 21, 2009	Port Murray	9:30 a.m.
March 22, 2009	Lawrenceville	1 p.m.
April 4, 2009	Jersey City	9:30 a.m.
April 5, 2009	Vineland	1 p.m.
April 16, 2009	Cherry Hill	6:30 p.m.
April 19, 2009	Toms River	1 p.m.
April 27, 2009	Woodbridge	6:30 p.m.
May 6, 2009	Somerset	6:30 p.m.
May 11, 2009	Mount Holly	6:30 p.m.
May 16, 2009	Woodbury	9:30 a.m.
May 21, 2009	Teaneck	6:30 p.m.

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### **Post Office offers boxes, discount rate to FPO/APO addresses**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

Now the U.S. Postal Service is making it easier for families to send care packages with a larger flat rate box and a special discount to FPO/ APO addresses. They are 50 percent larger than the current flat rate box and can be sent to any domestic address for \$12.95. A special military version of the box will carry the "America Supports You" logo and can be shipped to any FPO/ APO address for \$10.95. The new Priority Mail Large Flat-Rate Box is "12 x 12" x 5½". For complete guidelines on mail services to military members overseas visit the USPS website at: [www.usps.com/supporting-ourtroops/welcome.htm?from=household &page=troopsupport](http://www.usps.com/supporting-ourtroops/welcome.htm?from=household &page=troopsupport).

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### **TroopTube shares video with troops, families**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

TroopTube is the new video-sharing web site for troops and their families. TroopTube is sponsored by Military OneSource and is the only video sharing site for military families approved by the Department of Defense. Users can share videos privately with family members or publicly with the larger community. Access TroopTube through the link <http://www.trooptube.tv/home>.

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### **N.J. Family Readiness Council increases grants to families, businesses**

The New Jersey National Guard State Family Readiness Council has increased the amounts of family and business grants up to \$5,000 and \$10,000, respectively. Both are what are known as TIER I grants. TIER II family grants are also available to New Jersey Army and Air National Guard non-deployed service members who were on State Active Duty or State Missions (e.g., hurricanes, floods, border missions) for more than 20 consecutive days. Service members meeting these criteria are eligible to apply for a financial hardship grant up to \$1,500. Applications are available at all New Jersey Army and Air National Guard Family Assistance Centers.

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### **Give parents a break**

Child Youth Services at Fort Dix and many other active duty posts provide 16 hours per child per month of free hourly/respite child care to relieve family stress during deployment. Respite care begins 30 days prior to deployment and ends 60 days after return. Drop off the kids while shopping at the commissary or PX or just to get some quiet time to yourself. For additional information, contact Cathy Spiegall at Fort Dix Outreach Services 609-562-2242.

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### **Dog Tags for Kids program**

Dog Tags for Kids is a grassroots project which enables service members to send engraved dog tags to their children. The dog tags are provided free and are sent directly to the service members who personally send them to their children at home. The dog tags are engraved with "With Love From Dad/Mom" and include the branch of service, deployment location, and the year. To donate to the project or to request a dog tag for your children, please go to <http://www.dogtagsforkids.com/>.

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### **Child care \$\$\$\$ available for spouses of deployed military**



*From the desk of Amanda Balas, State Youth Coordinator*

Child care money is available for spouses of Title 10 Army National Guard activated Soldiers only. If the spouses are employed, seeking employment (for 60 days) or going to school, they can qualify for a \$100 per month per child stipend for fulltime care (licensed child care provider required). Call the National Guard Child Care Program today to apply 1-888-642-2799 or [ngccp@guardfamily.org](mailto:ngccp@guardfamily.org).

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### **FRG volunteers needed**

Family Readiness Groups (FRG) play an important role during deployments.

Yet, in order to be successful, these groups rely on the support of volunteers.

FRGs are comprised of volunteers who donate their time to make sure our Soldier's "Homefront Heroes" are supported through networking with other family members and mutually offering support to one another.

If you would like to be a volunteer or a participant please contact your local Family Assistance Center. You can reach them by calling our toll free number 888-859-0352 and selecting the prompt of the Family Assistance Center near you.

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### **Reserve Aid gives support to families of deployed service members**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

Reserve Aid is a 501(c)(3) nonprofit organization committed to providing financial support to the families of Reserve Service Members called to active duty in all five branches of the Armed Forces. Reserve Aid makes unrestricted, need based grants to military families who have a Reserve service member on full-time deployment to a combat zone or homeland security position. Their goal is to alleviate the emotional and financial burdens placed on the men and women called to serve our country by supporting their families at home. For additional information and application procedures go to: [www.reserveaid.org](http://www.reserveaid.org).

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### **N.J. licenses, registration extended for deployed troops**

New Jerseyans who are on active duty military, in the National Guard or the military reserves, serving in the war on terrorism, are eligible for automatic extensions of a valid driver license, registration or inspection expiration dates. Go to [www.nj.gov/mvc/](http://www.nj.gov/mvc/) for more information.

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### **Financial counseling available for deployed service members**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

The Military Housing Assistance Fund (MHAF) helps military families to become homeowners by providing them with grants to assist them with purchasing a home. The Fund also provides financial counseling to members of the National Guard and Reserves, deployed and serving in combat zones overseas, which are having problems meeting their monthly obligations due to their deployment and activation. Learn more at <http://www.militaryhousingassistancefund.org>. The Fund is a project of the Financial Counselors of America (FCA), a 501(c) 3 nonprofit organization founded in 1991 to help Americans manage their finances and get out of debt. Visit the FCA website at <http://www.financialcounselors.org>.

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### **Order a complimentary Blue Star Flag to show your family's service**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

The Blue Star Flag first appeared in 1917, when Capt. Robert L. Queissner, who had two sons serving on the front line, designed it as a tribute to their dedication and service. He proudly displayed this flag in the front window of his home and the flag quickly became the unofficial symbol of a child in the service. Also known as a Service Flag, the blue star stands for hope and pride. Order a complimentary Blue Star Flag to honor your loved ones in the service by visiting: [www.grantham.edu/promo/freebluestar.php](http://www.grantham.edu/promo/freebluestar.php).

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## **Morris County offers program for military families**

*From the desk of Amanda Balas, State Youth Coordinator*

Family Service of Morris County in partnership with the Family Programs Office, New Jersey, would like to announce its Military Families Outreach Program. Based on a community effort, the Military Families Outreach Program strives to support Morris County military personnel and their families, including extended families, pre-deployment, during deployment and post-deployment.

We realize the pressures and problems that may occur when a family member is called to duty, and we want to assist with any services that you may need to ensure quality of life. Social services, support services and mental health services are some of the resources that will be available to Morris County residents. All services offered in this program are free of charge to you and your family and are bound by the highest consideration for complete confidentiality.

For more information about the Military Services Outreach Program, contact Valerie Hart, Military Families Outreach Case Manager at [vhart@fsmc.org](mailto:vhart@fsmc.org) or call 973-538-5260, extension 326. You can also contact Tammy Rosenthal, Director of child and Adolescent Services at [trosenthal@fsmc.org](mailto:trosenthal@fsmc.org) or 973-538-5260. We are privileged to work with you who have given so much for your country!

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## **Sports**

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### **Ski weekends to West Point available to military, families**

*From the desk of retired Command Sgt. Maj. Mike Hughes, Family Assistance Specialist*

Enjoy a weekend ski trip to West Point. Trips will leave at 5:15 p.m. from Outdoor Recreation, Fort Dix. The price includes lodging (5 star hotel located adjacent to The United States Military Academy, West Point), lift tickets, transportation and equipment. Pre-registration is required.

Dates: Fri/Sat Feb. 13-14 – Presidents Day Getaway Family Trip  
Fri/Sat Feb. 20-21 – Polar Family Fun Fest

Cost: Individual is \$100  
Family/Group of 4 is \$200 + \$50 for each additional person

Trips are sponsored by and for more information call:

Fort Dix Outdoor Recreation  
Bldg 6045 Doughboy Loop  
Ft Dix NJ 08640  
609-562-2727/6667

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## **Travel Help, Ideas**



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### **Disney offers Armed Forces Salute with great offers, passes**

For those military families planning a trip to a Disney Resort this year, you picked a good time to go – Disney Parks are offering active and retired U.S. military personnel, including active and retired members of the U.S. Coast Guard and activated members of the National Guard and Reserves, a complimentary, multi-day admission into their U.S. theme parks.

The "Disney's Armed Forces Salute" also includes great rates at select Walt Disney World Resort and Disneyland Resort hotels and additional special ticket prices for family members and friends.

Visit [www.disneyworld.com/military](http://www.disneyworld.com/military) for information on the offerings. You can find detailed information on all the offers at [http://wdwibc1.wdpromedia.com/ibc\\_wdw\\_v0101/media/en\\_US/content/nextGen/resorts/MilitaryOffer2009WDPRO2.pdf](http://wdwibc1.wdpromedia.com/ibc_wdw_v0101/media/en_US/content/nextGen/resorts/MilitaryOffer2009WDPRO2.pdf)

Visit your local ITT office for details and to book or get your tickets; there is one located at the Fort Dix/McGuire PX/BX.

When visiting Disney World, don't forget the resort hotel, Shades of Green which is available only to service members and their families, retirees and civilian employees of the Defense Department. Find out more at [www.shadesofgreen.org](http://www.shadesofgreen.org).

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### **Guard history lessons for family at Sea Girt museum**

Looking for a local place to take the family for a history lesson? Try the National Guard Museum of New Jersey in Sea Girt.

The museum had a recent face-lift and upgraded its exhibits which tell the story of the New Jersey Army and Air National Guards and the Naval Militia of New Jersey from the Revolutionary war to the Global War on Terrorism.

The four gallery rooms feature diaries, uniforms, vehicles, weapons and even a Civil War submarine built in 1865.

Open from 10 a.m. to 3 p.m., Monday through Friday and the same hours on the first and second weekends of the month, admission to the museum is free of charge, but a donation is requested. Groups who would like to make arrangements for tours should call 732-974-5966.

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### **Armed Forces Vacation Club offers affordable lodging**

The Armed Forces Vacation Club is a "space available" program offering Department of Defense affiliated personnel affordable condominium vacations at over 3,500 resorts around the world. Visit [www.afvclub.com/](http://www.afvclub.com/) for more information.

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## ***Scholarship, Education News***

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### **SSG Frank T. Carvill scholarship for Jersey Guard kids**

Friends and family of Staff Sgt. Frank T. Carvill, a member of the New Jersey Army National Guard who was killed while serving in Iraq in Operation Iraqi Freedom, have established scholarship in his name. According to those close to him, Carvill was a strong advocate of education and he felt it was important to help his fellow Guardsmen and their families.



The SSG Frank T. Carvill Memorial Scholarship Award is designed to honor and remember Frank Carvill. Applications are available by contacting Peggy Carvill-Liguori at [dpeg639@aol.com](mailto:dpeg639@aol.com). Deadline for submitting applications is **April 30, 2009**.

These are the eligibility requirements for the scholarships –

- § The applicant's parent or guardian must be a member of the New Jersey National Guard.
- § The applicant may apply for the scholarship while attending high school or presently be in or accepted by a college/vocational program as a full-time student.
- § The applicant must volunteer time to the community.
- § The applicant must have a minimum GPA of 2.75
- § The applicant must compose an essay stating:
  - How volunteerism affects your life
  - How the U.S. military has influenced your life

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### **N.J. Vietnam Vets Memorial Foundation announces 2009 scholarships**

Graduating seniors have until **April 17, 2009**, to submit their applications and essays to qualify for one of two scholarships offered by the New Jersey Vietnam Veterans' Memorial Foundation. The scholarships, each in the amount of \$2,500, will be awarded to high school seniors from New Jersey who plan to further their education either at a college or university or trade/technical school.

Winners will be notified in early May and will be awarded the scholarship on Monday, May 25, during the Memorial Day Ceremony held at the New Jersey Vietnam Veterans' Memorial.

In addition to the scholarship application and proof of acceptance to a college or trade school, all applicants must submit an essay about his/her visit to the New Jersey Vietnam Veterans' Memorial, located off the Garden State Parkway at exit 116 in Holmdel.

To assist students in writing their essays, the Foundation offers free, veteran-led guided tours of the Memorial. Beginning February 7, and continuing through April 11, these tours are held every Saturday at 11 a.m. and at 1 p.m. These tours are also available to the members of the general public who would like to learn more about the Memorial. Tours are approximately 45 minutes in length.

The deadline for application and essay submissions is 5 p.m. on April 17, 2009. Applications may be mailed or delivered to the NJVVM Scholarship Program, 1 Memorial Lane, P.O. Box 648, Holmdel, NJ 07733.

For a scholarship application form or more information about the New Jersey Vietnam Veterans' Memorial Foundation, please visit [www.njvvmf.org](http://www.njvvmf.org) or call (732) 335-0033.

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### **Help available to students studying for SAT/ACT**

In cooperation with the Department of Defense, eKnowledge Corporation, a leading supplier of interactive test preparation products for college entrance exams, along with a group of NFL players, have donated more than \$16 million worth of multimedia SAT/ACT Test Preparation products to service members and their families worldwide.

Now in its fourth year, the eKnowledge/NFL player sponsorship effort has shipped more than 90,000 free SAT/ACT test preparation programs, valued at \$200, to military servicemembers and their families.

The eKnowledge SAT and ACT test prep programs come in either a single DVD or two CD-ROM set that include more than 11 hours of high quality video training/instruction with up to 40 hours of student interactive learning participation. The SAT and ACT test prep programs can be used as a stand-alone instruction tool to prepare thoroughly for the SAT and ACT, or as a supplement to other SAT and ACT preparation materials. Each student can select the areas where they need additional or special training/instruction, and can then study at their own pace using the 120 video lessons which comprise the SAT and Act test prep programs. The program also provides the student with feedback on their learning progress, test readiness and more.

Those military families interested in receiving free eKnowledge products under this sponsorship can complete an online request form at <http://eknowledge.com/military> or visit the Department of Defense <http://militaryhomefront.dod.mil> Web site for more details. Copies can also be requested by calling 951-256-4076 or via e-mail at [support@eknowledge.com](mailto:support@eknowledge.com).

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### **College scholarships available through commissary agency**

The Defense Commissary Agency is making college scholarships worth \$1,500 available to qualified children of military families, including those in the National Guard. Applications are now available at commissaries worldwide or through a link at [www.commissaries.com](http://www.commissaries.com) or at [www.militaryscholar.org](http://www.militaryscholar.org).

According to Philip E. Sakowitz Jr., Defense Commissary Agency director and chief executive officer, the program has awarded more than \$6.4 million in scholarship to more than 4,000 children of military families since the program began in 2001.

Qualified applicants are dependent, unmarried children of active duty, Reserve, Guard or retired military personnel. Applicants must be under the age of 23. Also survivors of service members who died while on active duty or survivors of individuals who died while receiving retired pay from the military may apply for the scholarship.

Eligibility is determined using the Defense Enrollment Eligibility Reporting System database. Applicants should ensure that they, along with their sponsors, are enrolled in the DEERS database and have a current ID card. The applicants must be planning to

attend, or already be attending, an accredited college or university full time in the fall of 2009 or be enrolled in a program of studies designed to transfer directly into a four-year program.

Applicants will be asked to submit an essay on the following topic: What would you place inside a time capsule to help people in the next century understand military life today? Applications must be turned in by **Feb. 18, 2009**. At least one scholarship will be awarded at every commissary location with qualified applicants.

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## Education news for NJARNG

### Education Services Brochure Booklet (ESB2)

Access the New Jersey Army National Guard's ESB2 at [www.nj.gov/military/education](http://www.nj.gov/military/education). The ESB2 is a comprehensive guide with links and shortcuts to civilian education benefits available to New Jersey Army National Guard Soldiers.

### G.I. Bill Notice of Basic Eligibility

New Jersey Army National Guard Soldiers can print their Eligibility of Mobilized Soldier notification letter for CH 1607 as well as Notice Of Basic Eligibility for CH 1606 at For Army National Guard Education Benefits, please use <https://www.nationalguardbenefits.com>; click on G.I. Bill Home Page.

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## American Legion offers scholarships, booklet on their Web site

The American Legion has scholarship information on their Web site – [www.legion.org](http://www.legion.org) – including the 152-page booklet, *Need a Lift*, which is a complete financial aid reference guide for veterans, family members and the American Legion family. When you get on the site, click on "Scholarship Information" in the "Useful Links" block.

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## Association News

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### Join the Enlisted Association, make your voice heard

Now is the time to join the Enlisted Association of the National Guard of New Jersey.

The Association started out in 1965 as a chapter of the Active Army Association (NCOA) but membership was limited to NCOs of the Army National Guard. Six years later they reorganized as the Army and Air National Guard Noncommissioned Officer's Association. In 1992, a change to their current name expanded the membership to all enlisted Soldiers and Airmen.

Benefits of joining the EANGNJ include subscriptions to the New Patriot and Enlisted Voice newsletters, eligibility to apply for six \$1,000 scholarships, inexpensive term insurance, national membership with EANGUS and a voice on legislative issues.

The association holds four executive council meetings in February, May, August, and November. They will hold their annual business in Gettysburg, Pa., on **Oct. 9-11, 2009**.

Drop by the Association's Web site, [www.EANG-NJ.org](http://www.EANG-NJ.org), and check out the page on the Annual Business meeting on Columbus Day weekend, Oct. 9-11 at the Eisenhower Conference Center Gettysburg, Pa. Check out the conference center at <http://www.eisenhower.com> <http://www.gettysburg.travel>

Information on the meeting, including a registration form, flyer about the Friday Night Social, package plan sheet and three tier payment flyer are all available on the site.

Join EANGNJ and help make your voice heard. EANGNJ has helped to get state tuition assistance for Guard members attending state institutions, up to 15 credits per semester with continuation through a master's degree. Their voice on a national level has helped to get increased educational benefits, additional TRICARE benefits and eliminated increased premiums to TRICARE.

Upcoming legislative goals include reducing the retirement age to 55 and continued funding for Post Traumatic Stress Disorder.

Membership is open to all enlisted Soldiers and Airmen, with associate memberships



for officers, warrant officers, and DoD, state and federal employees. Cost is \$15 for E1-E4, \$20 for E5-E7 and \$25 for E8-E9. All associate memberships are \$10. You can find a membership application at their Web site: [www.eang-nj.org](http://www.eang-nj.org).

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### **NGANJ group life insurance available to members**

Are you covered by the NGANJ Group Life Insurance Program? As a member of either the Officers or the Enlisted Association, you are entitled to enroll in your Association Life Insurance Program. This special program provides from \$5,000 to \$50,000 of Life Insurance for you, "round the clock". Premiums range from as little as \$2 per month and may be payroll-deducted from your drill check. Family coverage is also available at low rates designed for you as a member of the New Jersey Army and Air National Guard. Think of it!! No aviation exclusions...No hazardous duty restrictions...No war clauses...No checks to write. Family coverage includes spouses and all children. Information can be obtained by contacting retired CWO Jack Petrosilli at 609-530-6843, or retired Brig. Gen. Robert S. Dutko Sr. at 609-273-1004. Enrollment forms can be obtained by calling retired Col. Frank L. Carlone, Program Coordinator at 732-249-8335.

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## ***Veterans Information***



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### **West Deptford Veterans Service Office moves to Woodbury armory**

The West Deptford (Camden County) Veterans Service Office has moved to the armory located at 658 Evergreen Avenue, Woodbury, NJ 08096-1399. The office phone numbers are 856-853-4184, 856-853-4185 and 856-853-4186 and the fax number is 856-384-3781.

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### **Jersey City Veterans Service Office moved to local armory**

The Jersey City Veterans Service Office has moved to the armory located at 678 Montgomery Street, Jersey City, NJ 07306-2280. The office phone numbers are 201-536-3401, 201-536-3402, 201-536-3403 and the fax number is 201-536-3404.

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### **Atlantic City VSO moved to AC armory**

Update your address book – last week the Veterans Service Office in Atlantic City moved. They are now located in the Atlantic City armory. Their new address is 1008 Absecon Boulevard, Atlantic City NJ 08041-1999. Telephone numbers are 609-441-3060/3061 and the fax number is 609-441-3899.

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### **Help for small business owners**

If you are ready to start your own business, grow or expand, the U.S. Small Business Administration (SBA) can help. The SBA offers many programs and services to help Veteran entrepreneurs succeed. For more information on how SBA can help you start, grow and build your business, contact: Frank Burke at 973-645-6049 or e-mail [frank.burke@sba.gov](mailto:frank.burke@sba.gov) Visit the SBA New Jersey website at [www.sba.gov/nj](http://www.sba.gov/nj)

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### **VA Suicide Hotline**

To ensure veterans with emotional crises have round-the-clock access to trained professionals, the Department of Veterans Affairs (VA) has a national suicide prevention hot line for veterans. VA's hot line will be staffed by mental health professionals in Canandaigua, N.Y. They will take toll-free calls from across the country and work closely with local VA mental health providers to help callers. The toll-free hot line number is 1 (800) 273-TALK (8255).

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### **DoD develops compensation and benefits handbook**

DoD announced it has developed a comprehensive handbook describing compensation and other benefits service members and their families would be entitled to upon separation or retirement as a result of serious injury or illness.

"The Compensation and Benefits Handbook is the one source of information that covers everything a seriously ill and injured service member will need during his or her recovery, rehabilitation and reintegration," said Ronald A. Winter, principal deputy assistant secretary of the Air Force for manpower and reserve affairs.

The handbook was compiled in cooperation with the Departments of Veterans Affairs, Labor, Health and Human Services, and Education and the Social Security Administration. Additionally; there are references to assistance provided by other governmental and non-governmental agencies and organizations.

"The handbook describes the disability eligibility process, various program qualifications, application procedures, and numerous resources with associated contact information," said Sharon Gunselman, policy and resource analyst for the Department of Defense.

Web sites and toll-free numbers are provided, and the electronic version includes hyperlinks. The electronic version of the handbook will be updated frequently and the hard copy of the compensation and benefits handbook will be updated annually.

The electronic version of the handbook can be found on the five Web sites listed below:

<http://turbotap.org>

<https://www.nko.navy.mil>

<http://www.npc.navy.mil>

<https://www.aw2.army.mil>

<https://www.my.af.mil/gcss-af/USAF/AFP40/d/1073755231/Files/C&BHandbook>

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### **Web site provides support to separating military members**

TurboTAP (Transition Assistance Program) is an easy to use, interactive Web portal that provides life-long support to separating military service members (Active Duty, Guard and Reserve) and their families. It is a single source starting point for accessing key resources available for servicemembers transitioning out of the military at any point in their military career. Resources include Department of Defense, Department of Labor, Department of Veterans Affairs, Department of Education, Small Business Administration, the National Veterans Corporation and the National Guard Bureau. For more information go to [www.TurboTAP.org](http://www.TurboTAP.org) or email [TAPHelp@military-inc.com](mailto:TAPHelp@military-inc.com).

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### **DMAVA Veterans Outreach Campaign continues**

The DMAVA Veterans Outreach Campaign continues with kiosk displays at selected malls throughout New Jersey. The schedule is as follows:

March 3*, 4, 5	Monmouth Mall
April 21*, 22, 23	Quaker Bridge Mall
May 7**	New Jersey Vietnam Veterans Memorial

\*Medal ceremonies begin at 10:30 a.m. on these dates. The kiosk will be open from 10 a.m. to 8 p.m.

\*\*Medal Ceremony only; begins at 11 a.m.

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### ***N.J. Vietnam Veterans Memorial***



N.J. Vietnam Veterans' Memorial and Vietnam Era Educational Center's upcoming events:

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Free guided tours of the Memorial are offered on the first Saturday of each month at 11 a.m. and 1 p.m.

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For further information call 1-800-648-VETS or visit

[www.njvvmf.org](http://www.njvvmf.org).

