Deployment Cycle Support (DCS) Training
OBJECTIVES:

- Overview and Introduction
- Phase 1: Pre-Deployment
- Phase 2: Deployment/ Sustainment
- Phase 3: Post Deployment
Objectives of FRG Deployment Tasks

We will:

- define the phases of the deployment cycle.
- identify stresses and family issues related to deployment.
- discuss the role and activities of the FRG in each phase of the deployment cycle.
Overview and Introduction

WHAT IS DCS

Seven Stages of the Deployment Cycle Support

1. Train up/Preparation
2. Mobilization
3. Deployment
4. Employment
5. Redeployment
6. Post-Deployment
7. Reconstruction
Train-up/Preparation & Mobilization Phases

1. Overview
2. Stressors
3. FRG Tasks
4. Suggested Briefs for Families and / or Service Member
Train-up/Preparation and Mobilization phase:
Focus of Command and FRG effort is on Soldier and family preparedness
Pre-Deployment Stressors

- Anxiety about leaving families; family separation
- Children’s care (finding needed childcare, identifying guardian/caregiver)
- Financial concerns
FRG Pre-Deployment Tasks

- Assist Command with family preparations
- Ensure FRG readiness
- Get Soldiers FRG readiness and families ready for deployment
ADDITIONAL RESOURCES:

• Family Readiness -
  - "Step Guides 1, 2, 3, 4"

• vFRG Resource Center
Suggested Briefs including Handouts

- “Are You Ready?”
- My Life in a Box
- Communications (MFLAC)
- ARC “Preparedness”
- Problem-Solution-Resolution (Resiliency)
- OPSEC (to be presented in this training workshop)
- Social Media (to be presented in this training workshop)
QUESTIONS
DCT 2

- Deployment and Employment
Deployment and Employment Phases

- Individuals or units leave for assigned mission to a CONUS or OCONUS location

- Unit focus is on helping families cope with stresses of separation and deployment
Deployment Stressors

- Type of mission and conditions in deployment area
- Dealing with lengthy absence of the Soldier
- Coping with ups and downs of emotions
- Communication with Soldier
- Managing household affairs and change in family responsibilities
- Children’s reactions and helping children cope
FRG Deployment and Employment Tasks
• Assist Command with family communication
• Maintain communication with families
ADDITIONAL RESOURCES:

• Family Readiness Step 5
• Family Readiness “Overview”
• Make the most of FRG’s
Suggested Briefs including handouts

- Gossip
- Emotional Cycles of Deployment
- Communication (MFLAC)
- Finances
- “Now What?”
- FRG 101 Orientation
DCT 2

QUESTIONS
DCT 3
REDEPLOYMENT/POSTDEPLOYMENT-RECONSITUTION
Redeployment

- Soldiers out process in theatre and start receiving reunion briefings
- Unit focus on preparing Soldiers and families for Soldiers’ return
Redeployment Stressors

- Fear of Soldier’s reaction to changes
- Concerns about adjustments Soldier and family will need to make; Ability of Soldier to reintegrate into family
- Concerns about impact of deployment on Soldier
FRG Redeployment Tasks

• Assist Command with reunion preparations
• Prepare families for reunion
Post Deployment and Reconstitution

- Soldiers return to home station - begin reintegration into work and family life
- Unit returns to normal mission and routines (reconstitution)
- Unit focus on helping Soldiers and families with reunion and reintegration issues
Post Deployment Stressors

Family Stressors

- Reintegration of Soldier into family
- Children’s reactions
- Dealing with impact of combat deployment on Soldier and family members
FRG Post Deployment/Reconstitution Tasks

• Assist Command with post deployment tasks

  • Monitoring Soldier and family well-being and providing information and referrals are important to helping Soldiers and families with this transition.
Suggested Briefs with Handouts

- Preparing for Homecoming – Step 6
- Realistic Expectations (MFLAC)
- Yellow Ribbon 30-60-90
- Stressors (MFLAC / Chaplain)
“Readiness is inextricably linked to the well-being of our people. Our success depends on the whole team—Soldiers, families, & civilians all of whom serve the Nation. Strategic responsiveness requires that our support structures provide Soldiers & families the resources to be self-reliant, both when the force is deployed and when it is at home. When we deploy, Soldiers will know their families are safe, housed, and have access to medical care, community, and educational opportunities. We have a covenant with our Soldiers and families. We honor them and will keep faith with them.”

General Eric K Shinseki
QUESTIONS

DCT 3
Resources:

- Refer to handouts
- Department of Army, G1
- Operation Ready
DEPLOYMENT CYCLE SUPPORT TRAINING

THANK YOU