

MENTAL HEALTH AND HUMAN SERVICES INFORMATION IS AVAILABLE THROUGH THE FOLLOWING LINKS:

CSPNJ Community/Hospital Wellness Centers & Respite Services

https://nj.gov/humanservices/dmhas/home/hotlines/Recovery_and_Self_Help_Ctrs.pdf

Directory of Mental Health Services (organized by county)

https://www.state.nj.us/humanservices/dmhas/home/hotlines/MH_Dir_COMPLETE.pdf

County Human Services Contact Numbers

<https://nj.gov/humanservices/dmhas/home/admin/>

GCADA/DMVA Military, Veterans and Families Resource Guide (agency/information for a wide range of issues mostly broken down by county):

<https://www.nj.gov/military/support/publications/>

FOOD STAMPS

njhelps.org

New Jersey's 24/7 Peer Support and Suicide Prevention Hotline 1-855-NJ-HOPELINE (654-6735)
<http://www.njhopeline.com/>

NJ Mental Health Cares 866-202-HELP (4357)

Peer Recovery WarmLine 877-292-5588

Crisis Text Line Text "NJ" to 741741

New Jersey Vet2Vet 866-VETS-NJ4 (838-7654)

COP 2 COP 866-COP-2COP (267-2267)

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

Anonymous and confidential resource for youth: 2nd Floor Youth Helpline 888-222-2228