Consultation/Support Line
(609) 235-5959
(Available from 0700 to 1700)

*Services Offered:* screenings, command-directed behavioral health assessments, referral to therapeutic services, clinical case management, crisis intervention, self-referred assessments, psychoeducational training, suicide prevention, and brief supportive counseling.

**Behavioral Health Staff**

**CPT Melissa Parmenter, LCSW - South Jersey**
Licensed Clinical Social Worker
Call/Text: (609) 864-9281
Email: melissa.Parmenter.mil@mail.mil

**CPT Kevin Ball, LCSW - Central Jersey**
Licensed Clinical Social Worker
Call/Text: (609) 864-0126
Email: kevin.m.ball13.mil@mail.mil

**Shawna Hinkson, LCSW - North Jersey**
Licensed Clinical Social Worker
Call/Text: (609) 864-0143
Email: shawna.Hinkson.civ@mail.mil

**NJ Support Lines**

**NJ VET2VET**
Call 1 (866) 838-7654
https://www.njvet2vet.com

**The Peer Recovery WarmLine**
TTY 1 (877) 292-5588
https://www.mhanj.org

**NJ Connect**
A free, confidential call line
Call 1 (855) 652-3737
TTY 1 (877) 294-4356
https://www.mhanj.org

**New Jersey Mental HealthCare**
Call 1 (866) 202-4357
TTY 1 (877) 294-4356
https://www.mhanj.org

**NJ Disaster Mental Health**
Call 1 (866) 202-4357
TTY 1 (877) 294-4356
https://www.mhanj.org

**New Jersey HOPE and Healing**
Call 1 (866) 202-4357
Text NJHOPE to 51684
https://www.mhanj.org
National Support Services

**Veterans Crisis Line**

24/7 1 (800) 273-8255 & Press 1
Text 838255
https://www.veteranscrisisline.net

**Suicide Prevention Lifeline**

24/7 1 (800) 273-8255
TTY dial 711 than 1 (800) 273-8255
https://www.suicidepreventionlifeline.org

**National Domestic Violence Hotline**

24/7 1 (800) 799-7233
TTY 1 (800) 787-3224
Test “Start” to 88788
https://www.thehotline.org