The New Jersey Department of Military and Veterans Affairs is proud to announce its partnership with Health Research and Educational Trust of New Jersey and the New Jersey Hospital Association to implement a 12-month Veteran Mental Health First Aid initiative.

**OUR GOALS**

- Increase mental health literacy
- Increase access to reliable mental health services
- Train caregivers & providers on our veterans’ unique needs
- Recognize risk factors & warning signs
- Know available community resources
- Equip community groups to support members experiencing mental health or substance use challenges

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