

NEW JERSEY VETERANS MEMORIAL HOME AT MENLO PARK Cycle 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/23/2024	3/24/2025	3/25/2025	3/26/2025	3/27/2025	3/28/2025	3/29/2025
Assorted Juice Cheerios Cream Rice Bananas French Toast Butter/Syrup Coffee/Tea/Milk	Assorted Juice Corn Flakes Oatmeal Fried Egg Bacon Toast/ Butter Coffee/Tea/Milk	Assorted Juice Raisin Bran Farina Boiled Egg Bagel Cream Cheese/Jelly Coffee/Tea/Milk	Assorted Juice Rice Krispies Prunes Grits Scr Egg, Sausage and Cheese On Bun Coffee/Tea/Milk	Assorted Juice Cheerios Farina Pancakes Blueberry Topping Butter/Syrup Coffee/Tea/Milk	Assorted Juice Special K Oatmeal Scrambled Eggs & Cheese Hash Brown Mini Muffins Coffee/Tea/Milk	Assorted Juice Bran Flakes /Grits Banana Boiled Egg Corned Beef Hash Raisin Bread/Butter Coffee/Tea/Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Raost Pork Loin w/gravy Red Beans & Rice Carrots Lemon Meringue Pie Coffee/Tea/Milk	Fried Chicken Macaroni & Cheese Collard Greens Melon Coffee/Tea/Milk	Spaghetti & Meatballs Marinara Tomato & Mozzarella Salad Garlic Bread Rice Pudding Coffee/Tea/Milk	Chicken Cordon Blu Baked Sweet Potato Zucchini/Squash Tiramisu Coffee/Tea/Milk	Pork Chop Mushroom Gravy Creamed Spinach Buttered Egg Noodle Red & Green Grape Coffee/Tea/Milk	Seafood Combo Platter Cocktail Tartar Sauce French Fries Cole Slaw Lemon Pudding Coffee/Tea/Milk	Meatloaf with Gravy Brussel Sprouts Au Gratin Potato Strawberry Applesauce Coffee/Tea/Milk
Lunch Substitute	Lunch Substitute	Tomat	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute
Seafood Newburg w/White Rice/Carrots	Chili w/cheese Over Rice	Shrimp and Cheese Grits Tomato & Mozzarella Salad	Grilled Cheese/Tomato Sweet Potato Fries	Chicken Finger/FF Vegetable Medley	Plain Pizza/Sausage Cole Slaw	Grilled Salmon Fillet/Herb Au gratin Potato/ Sprouts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Tomato soup Roasted Chicken Parmesan Garlic Orzo Peas Mixed Fruit Coffee/Tea/Milk	Cream of Mushroom Coconut Crusted Tilapia Baked Potato Mixed Vegetable Apple Pie Coffee/Tea/Milk	Chicken Noodle Stuffed Peppers Sauteed Cauliflower/garlic Fruit Cocktail Coffee/Tea/Milk	Beef Barley Roasted Turkey Stuffing / Cranberry Sauce Italian Green Beans Fresh Fruit Coffee/Tea/Milk	Chick Pea Veg Soup Grilled Asian Chicken Sand. Lettuce/Tom/ Onion Ice Cream Coffee/Tea/Milk	Spinach Lentil Stuffed Shells Marianara Broccoli Jello-o w/whip cream Coffee/Tea/Milk	Corn Chowder Italian Hogie/Oil/Vinegar Lettuce/Tom/On Macaroni Salad Brownie Coffee/Tea/Milk
Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute
Manicotti w/ Meatballs Marinara Sauce Tossed Salad	Turkey Club Pickles	Pork Roll Sandwich French Fries	Fried Flounder Sand Tartar Sauce/L/T/O/FF	Creamed Chip Beef on Toast Beet Salad	Seafood Salad Platter Lettuce/Tom/On	French Toast Bacon
Sandwich of the Day Salami & Cheese	Sandwich of the Day Chicken Salad	Sandwich of the Day Liverwurst & Onion	Sandwich of the Day Tuna Salad	Sandwich of the Day Roast beef & Swiss	Sandwich of the Day Roasted Turkey & Cheese	Sandwich of the Day Egg Salad

NEW JERSEY VETERANS MEMORIAL HOME MENLO PARK CYCLE 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/30/2025	3/31/2025	4/1/2025	4/2/2025	4/3/2025	4/4/2025	4/5/2025
Assorted Juice Rice Krispies or Farina Pancakes/Butter Fruit Topping Banana Coffee/Tea/Milk	Assorted Juice Special K or Oatmeal Scrambled Egg Ham on a bun Coffee/Tea/Milk	Assorted Juice Raisin Bran or Grits Scrambled Eggs Hash Browns Banana Coffee/Tea/Milk	Apple Juice Cheerios or Farina/Prunes French Toast Bacon Butter/Syrup Coffee/Tea/Milk	Assorted Juice Corn Flakes or Oatmeal Fried Egg/Sausage Bagel/Cream Chz/Jelly Banana Coffee/Tea/Milk	Assorted Juice Assorted Cereals or Grits 3-Cheese Omelets Toast/Butter/Jelly Coffee/Tea/Milk	Assorted Juice Bran Flakes or Farina Boiled Egg Fresh Corn Bread Butter Coffee/Tea/Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Sliced Italian Sausage Over Tri-Color Pasta Garlic Bread Roll Garden Salad Pears Coffee/Tea/Milk	Cheeseburger Lett/Tomato/On Sweet Potato Fries Amborsia Assoted Soda Coffee/Tea/Milk/	Salisbury Steak Mashed Potato/ Gravy Carrots Assoted Pies Coffee/Tea/Milk	Chicken Parm/Marinara Over Spaghetti Cucumber/Tom Salad Dinner Roll /Butter Peaches Coffee/Tea/Milk	Turkey A La King Over Egg Noodles V-8 Juice Brownie Coffee/Tea/Milk	Fish and Chip Platter Malt Vinegar/ketchup Lemon Coleslaw Sherbet Coffee/Tea/Milk	Baked Ziti w/Meat Sauce Caesar Salad Garlic Bread Dinner Roll Assorted Fruit Coffee/Tea/Milk
Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute	Lunch Substitute
Pierogies & Onions Red Cabbage/Garden	Chicken Fingers Sweet Potato Fries/Hon Must	Broccoli & Cheese Quiche Carrots	Lemon Pepper Sole/Bkd Pot Sr CrmCuke/Tom Salad	Grilled Chicken Quesadilla Beans/ Salsa/ SC	BBQ PORK RIBS Coleslaw/Fries	Hot Pastrami Sandwich/Fries Caesar Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Mushroom Chicken Filet Sandwich Lett/Tom/On 3 Bean Salad Frozen Yogurt Coffee/Tea/Milk	Vegetable Herb Crusted Cod fish Rice Pilaf Fresh Zucchini & Squash Fruit Cocktail Coffee/Tea/Milk	Manhattan Clam Chowder Veal Cutlet Sandwich On Kaiser Roll Broccoli Pineapple Chunks Coffee/Tea/Milk	Split Pea Pepper Steak Steamed White Rice Red and Green Grapes Coffee/Tea/Milk	Chicken Noodle Soup 2 Hot Dogs On Bun W Kraut BBQ Baked Bean Ketchup/ Must Carrot/Raisin Salad Fresh Fruit Soda/Coffee/Tea/Mil k	Beef Barley soup Stuffed Cabbage Tomato Sauce Fresh Mashed Pot Fruit Cocktail Coffee/Tea/Milk	Minestrone Herd Roasted Chicken Mixed Vegetables Rice &Red Beans Assort Danish Coffee/Tea/Milk
Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute	Dinner Substitute
Meat Lasagna 3 Bean Salad	Philly Cheesesteak Sand w/Onions Peppers	Cottage Cheese & Fruit Wheat Bread/butter	Oriental Chicken Salad Dinner Roll /Butter	Grilled Cheese w/Tomato W/BBQ Baked Beans	Garden Burger w/Cheese L/T/O Bag od Chips	Sloppy Joe Kaiser Roll/veg mixed
Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day	Sandwich of the Day
Liverwurst & Onion	Roast Beef & Swiss	Egg Salad	Turkey & Cheese	Tuna Fish Salad	Chicken Salad	Pepperoni & Provolone

We offer the Sandwich of the Day, Ham and Cheese Sandwich, Tuna Fish Sandwich, Pizza, Hot Dogs, Grilled Cheese, Peanut Butter and Jelly Sandwich, Cream Cheese and Jelly Sandwich, Cheese Sandwich, or a Hamburger as an alternative item for Lunch and Dinner, instead of the Main Meal or Substitute

Menu Planning Meeting First Wednesday of the month in Water Edge Dining Room 1:30pm