NJWELL Global Running Day Challenge

Wednesday, June 4, 2025



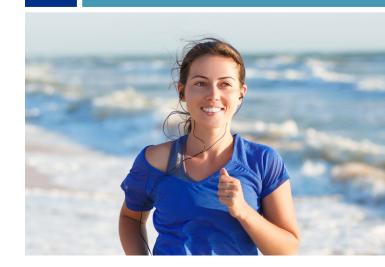


Join us for our Global
Running Day Challenge!
On this day, celebrate your
love of running and take
strides toward a healthier
and more active life.



- Registration starts Wednesday, May 28.
 - Sign in to HorizonBlue.com/shbp.
 - Select Wellness & Services, then follow NJWELL prompts. Go to the Physically Fit Category to register.
- Track a minimum of 7,000 steps on June 4.
 Record your steps by June 9.
- Complete the challenge and earn 50 points toward your NJWELL reward.

Join The Challenge



Please talk to your doctor before beginning an exercise program.







Earn \$250 or more with NJWELL!





NJWELL, administered by the New Jersey Division of Pensions and Benefits, is an incentive-based wellness program offered to eligible employees and their covered spouses/partners who participate in the SHBP/SEHBP. All provisions of the program are established by the Division and are subject to change. More details can be found on **nj.gov/njwell**. Horizon Blue Cross Blue Shield of New Jersey is an independent licensee of the Blue Cross Blue Shield Association. The Blue Cross Blue Shield of New Jersey. Blue Shield Association. The Horizon® name and symbols are registered marks of the Blue Cross Blue Shield of New Jersey. © 2025 Horizon Blue Cross Blue Shield of New Jersey. Three Penn Plaza East, Newark, New Jersey 07105.