# **Overdose** Reversal Saves Lives

### What is Naloxone?

Naloxone is an opiate antidote which blocks the effects of opioids and reverses an overdose. Opioids include heroin and prescription pain killers like morphine, codeine, oxycodone, methadone, Vicodin, and fentanyl.

#### **How does Naloxone work?**

Opioids can slow or stop a person's breathing, which can lead to death. Naloxone temporarily helps the person wake up and continue breathing. Naloxone can safely and legally be sprayed into the nose or injected into a muscle.

#### Where Can I Get Naloxone?

Be prepared. If someone you care about may be at risk for an overdose, consider keeping naloxone at home or on hand. Many pharmacies sell naloxone over-the-counter without a prescription. Naloxone may be sold under brand names like Narcan or Evzio. Police, EMTs, paramedics, and hospitals can administer naloxone in cases of emergency.

#### See Something, Do Something.

An overdose death may happen immediately or hours after taking drugs. Bystanders who notice that a person's breathing has slowed or the person will not wake up, should immediately call 911, start rescue breathing (if needed), administer naloxone, and stay with the individual.



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#### What are the Next Steps after Administering Naloxone?

Naloxone is short acting. After being revived with naloxone, the individual should seek medical attention and then get treatment for drug use. If you are in a position to help the overdose victim get into treatment for opioid addiction, learn about the available resources and encourage him/her to get help.

#### Is Training Available?

Video training is available online at www.njcares.gov/naloxone. Live naloxone administration trainings are held for free across the State on a regular basis. Search online to find an upcoming training near you.

## What is the Overdose Prevention Act and Good Samaritan Law?

The "Good Samaritan" component of the "Opioid Antidote and Overdose Prevention Act" provides certain legal protections, both civil and criminal, to the overdose victim and the person who seeks medical assistance, including the administration of naloxone.

#### **Online Resources:**

- NJCARES A Realtime Dashboard of Opioid Data www.njcares.gov
- Project Medicine Drop (locations for safe disposal of prescription pills) www.njconsumeraffairs.gov/meddrop





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