

Support Resources for the Public

County Specific

- Atlantic, Camden, Cape May, Cumberland, Gloucester, and Salem counties:
 - The New Jersey State Police's Operation Helping Hand Program (Operation RISE) is offering 24/7 access to linkage to care services by telephone.
 - 1-833-NJRISES (833-657-4737)
 - For more information, you can also email: NJRISE@njsp.gov
- Bergen County:
 - The Center for Alcohol and Drug Resources, a program of Children's Aid and Family Services, in partnership with Bergen County Prosecutor's Office's Operation Helping Hand program, is offering 24/7 telephonic peer recovery services by call or text.
 - 201-589-2976
 - For more information on accessing addiction services or support, visit: <https://stoptheods.com/>
 - For more information on virtual recovery support meetings, visit: <https://cafsnj.org/free-virtual-recovery-support-programs-for-residents-of-bergen-county/>
 - Alumni in Recovery is offering support for youth and parents, and community engagement.
 - For more information, contact: Nancy Labov, RN, CADC, Founder at 201-741-6409 or nancy@alumniinrecovery.org, or visit: <https://alumniinrecovery.org/>

- Burlington County:
 - Straight to Treatment offers individuals the opportunity to enter police departments in Burlington County at designated times to receive assistance.
 - For a list of participating police departments and dates/times of program operation, visit: <https://burlpros.org/community-outreach/opioid-treatment/>
 - For more information or assistance, contact: treatment@co.burlington.nj.us
 - Hand n' Heart:
 - Contact Trisha Baum at: 267-237-1396 or handnhearts@gmail.com, or visit: <https://www.handnhearts.org/> (Monday – Friday, 9:00am – 5:00pm)
 - Solstice at: 609-287-6766
 - City of Angels: 609-910-4942 (24/7)
 - Hope One Burlington County has a mobile response unit that travels to various locations throughout Burlington County providing services to individuals in need.
 - For more information on locations and services, contact via its Facebook Page at: https://www.facebook.com/pg/hopeonebc/posts/?ref=page_internal
 - For additional county resources, contact Assistant Prosecutor Melissa O'Mara, who is working with Burlington County Prosecutor's Office's Operation Helping Hand Program, at: momara@co.burlington.nj.us.
 - An on-call peer recovery specialist may also be reached at 609-354-2643.
- Camden County:
 - Camden County Prosecutor's Office's Operation Helping Hand program hosts a series of outreach events, in which it brings services and resources to the community. For a list of locations and dates for outreach events, visit: <https://www.camdencountypros.org/community-page/70>

- Center for Family Services Hotline, in partnership with Camden County Prosecutor's Office's Operation Helping Hand program, is offering 24/7 telephonic peer recovery services.
 - 877-266-8222

- Cape May County:
 - Hope One Cape May County, in partnership with Cape May County Prosecutor's Office's Operation Helping Hand Program, is offering 24/7 telephonic peer recovery services.
 - 609-522-4375
 - Hope One Cape May County, in partnership with Cape May County Prosecutor's Office's Operation Helping Hand Program, has a mobile response unit that travels to various locations throughout Cape May County providing services to individuals in need.
 - For more information on locations and services, visit:
<https://www.hopeonecmc.org/>

- Cumberland County:
 - Compassionate Addiction Recovery Equals Success (C.A.R.E.S.), in partnership with Cumberland County Prosecutor's Office's Operation Helping Hand Program, is offering 24/7 telephonic peer recovery services.
 - 800-236-2448
 - Cumberland County Prosecutor's Office's Operation Helping Hand Program operates an outfitted bus that provides access to substance use disorder recovery services.
 - For more information on locations and services, visit:
<https://www.co.cumberland.nj.us/recoverysupportservices#:~:text=Recovery%20on%20Wheels,scheduled%20locations%20throughout%20Cumberland%20County.>
 - For additional information, email Cumberland County Prosecutor's Office's Special Agent Matthew Rudd at:
MatthewRu@co.cumberland.nj.us

- Essex County:
 - Essex County Prosecutor's Office's Operation Helping Hand program offers 24/7 connection to treatment, recovery, and support:
 - 877-801-1230
 - For more information on Essex County Prosecutor's Office's Operation Helping Hand program, contact:
ECPOHELPINGHAND@NJECPO.ORG
 - Hope One Newark, in partnership with Newark Department of Public Safety, has a mobile unit that is used to provide services to individuals within Essex County.
 - For more information, contact: hopkinsk@ci.newark.nj.us
 - Integrity House is offering inpatient and outpatient treatment.
 - For more information, visit:
<https://integrityhouse.org/programs-services/>
- Alumni in Recovery is offering support for youth and parents, and community engagement.
 - For more information, contact: Nancy Labov, RN, CADC, Founder at 201-741-6409 or nancy@alumniinrecovery.org, or visit: www.alumniinrecovery.org
- Gloucester County:
 - For peer recovery support, contact:
 - Center for Family Services: 877-922-2377
 - My Friend's House: 877-215-1880
 - City of Angels: 609-910-4942
 - Straight to Treatment offers individuals the opportunity to enter police departments in Gloucester County at designated times to receive assistance.
 - For a list of participating police departments and dates/times of program operation, visit: <https://www.nj.com/gloucester-county/2021/06/straight-to-treatment-addiction-recovery-service-now-in-11-gloucester-county-towns.html>
 - For more information on the recovery efforts of Gloucester County Prosecutor's Office, contact:
GCPORecovery@co.gloucester.nj.us

- Hunterdon County:
 - Hunterdon County Prosecutor's Office's Operation Helping Hand Program is offering 24/7 telephonic peer recovery services.
 - 908-788-1129
 - Prevention Resources, Inc., who works with Hunterdon County Prosecutor's Office's Operation Helping Hand Program, is offering counseling, support services, and other meetings.
 - For more information, call: 908-782-3909
 - Email kwidico@njprevent.com for treatment/early intervention services; rschwartz@njprevent.com for family support; and lgabel@njprevent.com for prevention services.
 - Hope One Hunterdon County, in partnership with the County Department of Human Services and the Hunterdon County Sheriff's Office, has a mobile response unit that travels to various locations throughout Hunterdon County providing services to individuals in need.
 - For more information on locations and services, visit: <https://co.hunterdon.nj.us/451/Hope-One>
- Mercer County:
 - Mercer County Prosecutor's Office's Operation Helping Hand Program offers a 24/7 peer recovery hotline to connect individuals to services.
 - 848-433-5874
- Middlesex County:
 - The Blue Cares Hotline, in partnership with Middlesex County Prosecutor's Office's Operation Helping Hand program, is offering 24/7 telephonic peer recovery services.
 - 732-596-4199
 - For more information, visit: <https://www.middlesexcountynj.gov/government/departments/department-of-public-safety-and-health/office-of-the-county-prosecutor/blue-cares>

- Monmouth County:
 - Monmouth County Prosecutor's Office's Operation Helping Hand Program is offering a 24/7 Helpline.
 - 1-833-OHH-CARE (1-833-644-2273)
 - Hope One Monmouth County, in partnership with Monmouth County Sheriff's Department, has a mobile unit that is used to provide services to individuals within Monmouth County.
 - For more information, contact: SMorris@mconj.org

- Morris County:
 - Prevention is Key's Center for Addiction, Recovery, Education, and Success (CARES), in partnership with Morris County Prosecutor's Office's Operation Helping Hand Program, is offering 24/7 telephonic peer recovery services.
 - 973-625-1143
 - For available supportive services, visit: www.caresnj.org

 - Hope One Morris County in partnership with the Morris County Sheriff's Office, has a mobile response unit that travels to various locations throughout Morris County providing services to individuals in need.
 - For more information on locations and services, visit: <https://www.morriscountynj.gov/Departments/Sheriff/Community-Programs/Hope-One>

 - New Jersey Recovery Institute is offering outpatient treatment.
 - For more information, call 973-975-4137 or visit: <https://njrinstitute.com/>

- Ocean County:
 - Hope Sheds Light, a community partner with Ocean County Prosecutor's Office's Operation Helping Hand Program, is offering 24/7 telephonic peer recovery services.
 - 855-850-HOPE (4673)
 - For a calendar of available virtual meetings/classes and other resources, visit: <https://www.hopeshedslight.org/shed-light/events/>

- BLUE HOPE Program offers individuals the opportunity to enter police departments in Ocean County at designated times to receive assistance.
 - For a list of participating police departments and dates/times of program operation, visit: <https://www.lakewoodpolicenj.com/blue-hope/>
- Ocean County Prosecutor's Office has an Operation Helping Hand mobile unit that is used to provide services to individuals in need within Ocean County.
 - For more information, contact: MRose@co.ocean.nj.us
- Passaic County:
 - Prevention is Key, in partnership with Passaic County Prosecutor's Office's Operation Helping Hand Program, is offering 24/7 telephonic peer recovery services.
 - 973-625-1143
 - For available supportive services, visit: www.caresnj.org
 - Prevention is Key also operates Hope One Passaic County, a mobile unit that travels to different locations in Passaic County providing services.
 - For more information, contact: Samantha Neville at sneville@mcpik.org
 - Eva's Village is offering a peer recovery hotline that operates Monday – Friday between 8:00am – 4:00pm.
 - 973-754-6784
 - Alumni in Recovery is offering support for youth and parents, and community engagement.
 - For more information, contact: Nancy Labov, RN, CADAC, Founder at 201-741-6409 or nancy@alumniinrecovery.org, or visit: www.alumniinrecovery.org
- Salem County:
 - Salem County RESCUE, Salem County Prosecutor's Office's Operation Helping Hand Program, operates a 24/7 peer recovery hotline.
 - 609-910-4942
 - SalemCountyRESCUE@salemcountynj.gov

- The Southwest Council, Inc.:
 - To be connected to a peer recovery specialist, email: info@southwestcouncil.org or call: 800-856-9609
 - For information on available resources, visit: www.southwestcouncil.org
 - Salem County Prosecutor's Office's Operation Helping Hand Program operates a mobile van unit that provides services to individuals in need in various locations in Salem County.
 - For more information, contact: Tori.Haslett@salemcountynj.gov
- Somerset County:
 - Somerset County Operation Helping Hand has a mobile unit that is used to provide services to individuals in need in Somerset County.
 - For more information, contact: Kelly@co.somerset.nj.us
 - Richard Hall Community and Wellness Center is offering access to recovery and treatment services.
 - For more information, visit: <https://www.co.somerset.nj.us/government/human-services/mental-health>
 - Community in Crisis Community is offering recovery support.
 - For more information, visit: <https://communityincrisis.org/online-programs/>
- Sussex County:
 - C.L.E.A.R., who works with Sussex County Prosecutor's Office's Operation Helping Hand Program, is offering telephonic peer support services:
 - 844-722-5327
 - Sussex County Prosecutor's Office operates a mobile unit in collaboration with C.L.E.A.R. to provide services to individuals in need in various locations in Sussex County.
 - For more information on locations and services, visit: <https://www.facebook.com/sussexcountyclear>
 - Individuals have the opportunity to enter police departments in Sussex County at designated times to receive assistance.

- For a list of participating police departments and dates/times of program operation, visit: <http://clearprogram.org/getting-help/>
- The Center for Prevention & Recovery, who works with Sussex County Prosecutor's Office's Operation Helping Hand Program, is offering telephonic and virtual services.
 - For more information, call: 973-383-4787
 - To be connected to a peer recovery specialist, call or text: 844-722-5327
- Union County:
 - The Helping Hands 365 Hotline, in partnership with Union County Prosecutor's Office's Operation Helping Hand program, is offering 24/7 telephonic peer recovery services.
 - 855-825-3275
 - Prevention Links is offering non-clinical case management and peer recovery services.
 - For more information, visit: <https://preventionlinks.org/recovery-support/programs/>
- Warren County:
 - The Family Guidance Center of Warren County, who works with Warren County Prosecutor's Office's Operation Helping Hand Program, is offering a 24/7 crisis hotline.
 - 908-454-5141
 - Parent to Parent Addiction Services, Inc. has a mobile unit that is used to provide services to individuals in within Warren County.
 - For more information, contact: Parent2parentwc@gmail.com

Statewide

- RWJBarnabas Health Institute for Prevention and Recovery is offering virtual all recovery meetings.
 - <https://conta.cc/2UjrJz9>
- Addiction Policy Forum App (Connections App) is offering sobriety tracking, e-therapy, peer messaging, clinical support, treatment plan reminders, journaling, and a resource library.
 - <https://www.addictionpolicy.org/recovery-app>
- The Hazelden Betty Ford Foundation has a list of other available recovery support apps.
 - <https://www.hazeldenbettyford.org/recovery/tools/apps>
- In The Rooms is an online recovery tool that is offering 130 weekly online meetings for those recovering from addiction and related issues.
 - <https://www.intherooms.com/home/>
- Recovery Link is offering online recovery meetings, peer support, and classes, such as yoga and CrossFit.
 - <https://www.myrecoverylink.com/digital-recovery-support/>
- LifeRing Secular Recovery is offering online meetings.
 - <https://www.lifering.org/online-meetings>
- Recovery Dharma is offering online meetings using Buddhist practices and principles.
 - <http://www.recoverydharma.online>
- WeConnect Recovery is an online recovery support group.
 - <https://www.weconnectrecovery.com/free-online-support-meetings>
- Herren Project is offering online support groups and recovery meetings.
 - <https://herrenproject.org/online-support-groups/>
- The Relational Center is offering online video chat support groups.
 - <https://www.relationalcenter.org/online-support/>
- Self-Management and Recovery Training (SMART) Recovery is offering online community, forums, message boards, and support meetings.
 - <https://smartrecovery.org/meeting>
- Sober Recovery is an online forum for those in recovery and their friends and family.
 - <https://www.soberrecovery.com/forums/>

- Soberistas is a women-only international online recovery community.
 - <https://soberistas.com/>
- Stepchat Recovery is offering chat rooms for recovery.
 - <https://www.stepchat.com>
- Unity Recovery is offering daily online recovery meetings.
 - <https://www.unityrecovery.org/>
- New Jersey National Alliance on Mental Illness is offering online support groups.
 - <http://www.naminj.org/online-support-groups/>
- Mental Health Association of New Jersey has a list of 12 Step Virtual Resources.
 - <https://www.mhanj.org/content/uploads/2020/03/12-Step-Virtual-Resources-in-New-Jersey-Updated-March-24-2020.pdf>
- Mental Health Association of New Jersey is offering support programs and services.
 - <https://www.mhanj.org/we-support-individuals/>
- Lionrock Recovery is offering online AA meetings and drug & alcohol support groups.
 - <https://www.lionrockrecovery.com/online-aa-meetings-and-support-groups>
- Alcoholics Anonymous has online/phone meetings.
 - <https://www.onlinegroupaa.org>
 - <https://www.aonlinemeeting.net>
 - <http://www.stayingcyber.org/>
 - <https://www.nnjaa.org/>
 - Alcoholics Anonymous - North Jersey
 - 800-245-1377 (24/7)
 - <http://www.centraljerseyintergroup.org/>
 - Alcoholics Anonymous - Central Jersey
 - 609-586-6900 (24/7)
 - <https://www.aasj.org/>
 - Alcoholics Anonymous - South Jersey
 - 856-486-4444 (24/7)
- Al-anon has online/phone meetings.
 - <https://www.al-anon.org/al-anon-meetings/electronic-meetings/>

- Narcotics Anonymous has online/phone meetings.
 - <https://www.nanj.org/meetings/online.shtml>
 - Narcotics Anonymous Helpline
 - 800-992-0401
 - <https://www.narcoticsanonymousnj.org/meetings/>
 - <https://www.na.org/meetingsearch/>
 - <https://www.virtual-na.org/>
 - <http://www.csascna.org/>
 - <https://www.na-recovery.org>
 - <https://www.naranonchat.com/>
 - <https://zoom.nastuff.com/>
- Cocaine Anonymous has online meetings.
 - <https://www.ca-online.org/>
- Marijuana Anonymous has virtual support.
 - <https://www.ma-online.org/>
- Families Anonymous is offering online meetings for families and friends.
 - https://www.familiesanonymous.org/index.php?route=information/information&information_id=24
- The Phoenix is offering live stream and in-person fitness classes as a way to maintain sobriety.
 - <https://thephoenix.org/>
- Rehabs.org is offering addiction resources, including information on treatment centers across the country.
 - <https://rehabs.org/>