

# Operation Helping Hand: *Understanding and Addressing Addiction*

A comprehensive training for first responders on addiction with personal perspectives and an overview of Operation Helping Hand.

For more information, contact Operation Helping Hand NJ CARES Peer-to-Peer Learning Coordinator:

**Ret. Captain Felix Pacheco III**  
*Felix.Pacheco@njoag.gov*  
201-232-3861

## Training Agenda

**A Personal Perspective:** Addiction as told through the lens of one person's journey to recovery.

**Understanding Addiction:** What addiction is, how to recover and remain in remission, and how best to address those who are suffering from addiction.

**Operation Helping Hand:** What it is, its history and expansion, and best approaches to link individuals suffering from substance use disorder to care.

**New Jersey State Police Drug Monitoring Initiative:** How to understand and use the At Risk Matrix Delivery (ARMD), an enhanced analytical tool to identify a jurisdictional list of those most at risk for overdose.

**Overview of Prevention Services & Resources:** County specific addiction resources and best practices in linkage to care

Date / Time: \_\_\_\_\_

Location: \_\_\_\_\_

Register at: \_\_\_\_\_