

Regional Ethics Committees



Difficult Decisions

As individuals grow older and struggle with advanced illness and frailty, they, their families, and their care providers will likely be faced with difficult decisions about their care and treatment.

Decisions can include whether to provide or remove particular treatments, such as dialysis or artificial nutrition, adjust medications, or refer to palliative care or hospice.

For individuals in long-term care communities, the Ombudsman provides support and ensures that decision-making is resident-focused and consistent with ethical and legal standards.

One way the Ombudsman does that is through Regional Ethics Committees (RECs). RECs provide an impartial, comprehensive evaluation and assessment of the situation and offer non-binding recommendations to the individuals involved.

RECs provide much-needed education, conflict resolution, and ethical guidance to facilities and families when difficult decisions need to be made.

Follow Us:



facebook.com/njelderombudsman

linkedin@NJ Office of the Long-Term
Care Ombudsman

twitter@NJombudsman

youtube.com/njelderombudsman

instagram@NJelderombudsman

NJ Office of the Long-Term Care Ombudsman

1-877-582-6995 - www.nj.gov/lco - ombudsman@lco.nj.gov

New Jersey's Long Term Care Regional Ethics Committees

(Revised November 28, 2018)

| <i>Region/County</i> | <i>Contact</i> | <i>Phone Number/ Email</i> |
|---------------------------------|------------------------------------|--|
| Statewide | Jennifer Marsalis | (609) 826-5034 Jennifer.Marsalis@ooie.nj.gov |
| Essex | Rabbi Zvi Karpel | (973) 400-3363 rkarpel@daughtersofisrael.org |
| Passaic, Morris & Sussex | Margaret Nolan | (973) 632-9438 mnolan@care-one.com |
| Union | Michelle Fagan | (973) 508-5389 mfagan@barnabashealth.org |
| Bergen & Hudson | Helaine Ledany | (201) 967-0002 hledany@care-one.com |
| Ocean (Northern) | Margy Gosnell & Bernie Branz | (908) 910-4056 magosnell@yahoo.com (609) 290-4964 Bernie@rightathomeocean.net |
| Monmouth & Eastern Middlesex | Judith Parnes | (732) 493-8080 elmcares@aol.com |
| Southern New Jersey | Janet Gasbarro | (609) 287-7466 sojea@ymail.com |
| Ocean (Southern) | Christine D'Zio | (609) 748-9100 ncnmdzio@comcast.net |
| Camden, Gloucester & Burlington | Ann Markel Crozier | (856) 304-7074 |