NEW JERSEY STATE PAROLE BOARD
PROMOTES MIDDLETOWN RESIDENT TO CAPTAIN

Twenty-two Year State Parole Veteran to Help Lead Agency in its Continuing Effort to Promote Public Safety and Reduce Recidivism Throughout New Jersey’s Communities

TRENTON, NJ, November 1, 2022— The New Jersey State Parole Board today announced the promotion of Middletown resident Kimberly Cavanaugh to Captain. She previously served as Lieutenant and will now oversee six of the agency’s district offices located throughout the state.

“Captain Cavanaugh is a true professional and an accomplished, demonstrated leader who brings a wealth of experience to this position,” said New Jersey State Parole Board Chairman Samuel J. Plumeri, Jr. “I know Kimberly will instill many positive contributions, strategies, and ideas that will assist our officers and commanders that will advance the agency’s Division of Parole.”

“I appreciate this great opportunity and thank Chairman Plumeri and Director Dickinson for entrusting me to help lead this important agency,” said Captain Cavanaugh. “I expect this job to be challenging and I look forward to embracing the challenge.”

Captain Cavanaugh joined the New Jersey State Parole Board in September 2000 and served as a Parole Officer Recruit for the first year at the agency’s East Orange District Office, followed by four more years as a Parole Officer.

In 2005, Captain Cavanaugh gained valuable experience within the agency’s Electronic Monitoring Unit, before being promoted to Sergeant in 2007, where she helped oversee the State Parole Board’s Sex Offender Management Unit.

Captain Cavanaugh also completed a polygraph examiner course through the Academy for Scientific Investigative Training in 2006. Polygraphing is used to obtain information necessary for risk management, treatment, and to reduce the offender’s denial mechanisms. Captain Cavanaugh oversees the polygraphing program for the State Parole Board, which is one of the few law enforcement agencies in the state that utilizes its own officers to use the technology.

Promoted to Lieutenant in 2016, Captain Cavanaugh instructed officers on gang classification and awareness at District Office # 9 in Newark. Her critical work involved teaching officers how to identify gang members, gang areas, and improving officer safety. Captain Cavanaugh also developed relationships with other law enforcement entities, including the New Jersey Department of Corrections.

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Captain Cavanaugh is married and has a nine-year-old son. She enjoys gardening, skiing, and spending time with her family in Lake George, NY.

The mission of the New Jersey State Parole Board is to promote public safety and foster the successful rehabilitation of offenders through the implementation of policies that result in effective parole case management. A multitude of innovative parole initiatives assist the Board in addressing the needs of the community, crime victims, and offenders through responsible decision-making and supervision processes. These initiatives assist the New Jersey State Parole Board in meeting its important goals which include increased public safety, sustained recidivism rate reductions, and the successful and sustainable reintegration of offenders.

*Photo Caption: New Jersey State Parole Board Captain Kimberly Cavanaugh (left) receives her Captain badge from New Jersey State Parole Board Chairman Samuel J. Plumeri, Jr. (right).*

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