

NJ American Indian Commission Newsletter

www.nj.gov/state/njcaia.shtml



January 2025



Top News

New Year

New Look

With 2025 in full swing its time to make some changes to our aesthetic! Stay tuned as we update the commission website with new visuals and resources.

VA Resources Available

Thanks to the support from our friends at the VA and the AI / AN Veteran Talking Circle, we are happy to announce a wealth of new information and resources for Native veterans! Navigate to the Government Resources tab on the Commission website and go to Veteran's Resources to learn more.



American Indian & Alaskan Native Veteran Talking Circle

Commission News

January 2025

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Our Current Projects

IYC 2025

- The time has come to begin planning for our 2025 Intertribal Youth Conference! If you are interested in being part of the planning process reach out!

Elder Voices Project

- As we enter 2025 we would like to continue to work with our Native elders and veterans by helping their voices be heard. We are organizing a project to record the wisdom and history of the elders in the community to archive for future generations.



Intertribal Youth Conference

One of the goals of our Intertribal Youth Conference is to educate and provide resources for Tribal youth preparing for college. This year we are organizing the conference to be held during the summer - yay warm weather! You can look forward to experiencing more fun activities, cultural knowledge, and abundant college resources.

While we are still in the early planning stages, we are always open to input and suggestion from the community. If you would like to get involved reach out to Lewis Fragoso at lewis.fragoso@sos.nj.gov.



Elder Voices Project

There comes a time when we must all face the reality that nothing in life lasts forever. It's important to hold on to the words and wisdom imparted to us by our elders, as they will help us to build the foundations of our community for generations to come. To this end, we are planning the Elder Voices Project: An archive of recorded conversations, wisdom, and history as told by the elders in our very own community. These recordings will be made available to all in the community so that they may always be able to hear the voices of their loved ones.

Health News

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Narcan Training 12/8/24

On Sunday, December 8, Deer Clan member, Pat Osterhoudt, presented an informative and inspiring Narcan training to an attentive audience of 13 participants. After enjoying a selection of cookies, coffee, and fresh fruit, the group were enthralled by Pat's sharing of personal information, her background, and her list of qualifications.

Prior to using a mannequin to demonstrate proper breathing face shield placement and technique, Pat provided everyone with a personal Narcan kit (from OASAS, New York State's Project COPE, the Community Overdose Prevention Education) which included everything needed to facilitate intervention in case of an opioid overdose.



Narcan Training continued:

To reinforce the details of the procedure, a card is included which reminds the responder to think A.N.C.H.O.R: Assess, Naloxone administration, Call 911, Have additional naloxone ready, Observe and provide rescue breathing, and Review and monitor the individual's condition.

At the end of the training, knapsacks from OASAS were handed out. The consensus was unanimous - the training was thorough and energizing. Many felt confident that they could intervene if necessary!



COVID-19 Tribal Coordinators

The Commission on American Indian Affairs has a number of resources related to COVID-19. This also includes our wonderful Tribal coordinators! If you ever have any COVID related concerns, here is who to contact:

Emmanuel Ogedegbe

- emmanuel.ogedegbe@sos.nj.gov

Tony Powell

- ramapoughcovidcoord@yahoo.com

Sherry Caputo

- nllcovidcoord@yahoo.com



Commission Connection

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Recommended Read!

With this issue of our newsletter we continue our segment on recommended reads! This month's recommendation comes to us from Lewis Fragoso:

"Indian America by Eagle Walking Turtle provides a literary guide to the world of Indigenous peoples in America. You will learn the locations of over 300 tribal nations, about their ceremonies and customs, as well as historical and notable locations throughout the United States. This is a great read for someone looking to learn and understand more about tribal backgrounds."



Our Contact

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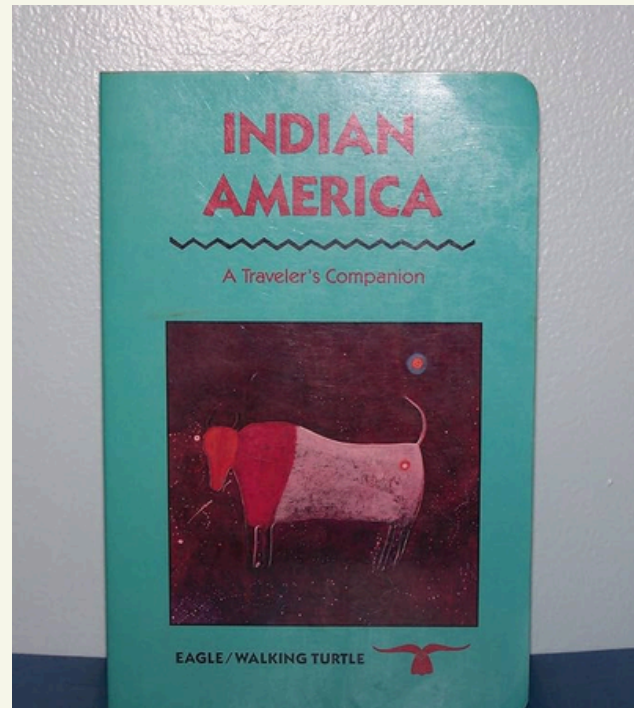
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Month of Awareness

January is Cervical Cancer Awareness Month!

