



2016 Annual Report



The Contractual Health Agency serving...

- Bernards Township
- Bernardsville Borough
- Chester Borough
- Long Hill Township
- Mendham Borough
- Mendham Township
- Peapack & Gladstone Borough

MISSION STATEMENT

To provide competent, professional, and efficient public health and environmental services to the residents of our community. Through the delivery of the state mandated “Minimum Standards of Performance” and the ordinances and policies of the Board of Health, we promote the public’s health by the use of health education, disease prevention, environmental enforcement and inspection activities.

2016 BOARD OF HEALTH MEMBERS

Dr. John Salaki	President
Jennifer Asay	Vice President
Carol Bianchi	Township Committee Liaison
Dr. Mona Birk	Regular
Dr. Elizabeth Korn	Regular
Joan B. Harris	Regular
Dr. Christopher Hunt	Regular
Paula J. DeBona, Esq.	Board Attorney

2016 HEALTH DEPARTMENT STAFF

Lucy A. Forgione	Health Officer/Director of Health/Registrar of Vital Statistics/Health Educator/Youth Services Coordinator
Tricia Cowell	Sr. Registered Environmental Health Specialist
Joel Coyne	Registered Environmental Health Specialist
Vanessa Freire	Registered Environmental Health Specialist
Deirdre Vogel	Administrative Assistant/Deputy Registrar
Gindy McCarthy	Administrative Secretary/Assistant Registrar
Michelle Santoro	Animal Control Officer/ Animal Cruelty Investigator
Kate Ferratti Jody Austin-Dominguez Katie Morales	Assistant Animal Control Officers
Cheryl Komline	Public Health Nutritionist/Health Educator/ Youth Services
Kaitlin Kordusky	Health Educator/Community Program Coordinator/ Municipal Alliance Grant Coordinator

2016 Message from the Director of Health

Dear Friends,

It is my pleasure to present the **Bernards Township Health Department's** 2016 Annual Public Health Report. I thank you for taking the time to review the excellent work that our department completed throughout the calendar year. The health department is charged with enhancing and protecting the health of its residents and has been working hard serving Bernards Township, Bernardsville Borough, Peapack and Gladstone Borough, Chester Borough, Mendham Borough, Mendham Township and Long Hill Township communities. The public health and environmental health services provided to residents are mandated and governed by the Public Health Practice Standards of Performance for Local Boards of Health in New Jersey N.J.A.C. 8:52. We also enforce the New Jersey State Sanitary Code, State laws and regulations, and local ordinances, and policies established by each municipality's autonomous Local Board of Health or governing body acting in that capacity.

This past year the most predominant public health issue was the mosquito-borne disease, Zika Virus. Through State sponsored educational programs we learned Zika specific prevention, preparedness and response measures. The goal of the local health departments was to address the transmission of Zika outbreaks and its consequences. Presently our department conducts surveillance and approves travel related cases for Zika Virus Testing.

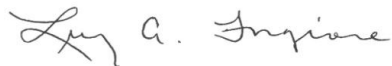
Another challenge facing local health departments is the childhood lead levels and the effect of the change in the actionable lead level from 10 µg/mL to 5 µg/mL in children. This will result in an increase in case management and environmental investigation services by local boards of health. While the lowering of the number is necessary, it presents challenges and opportunities that will impact the public health workforce.

The Bernards Township Municipal Alliance Against Substance Abuse conducted the American Alcohol and Drug Survey (ADAS) while continuing the educational initiative "21 for a Reason" to prevent underage drinking. The Alliance collaborated with community groups to impact the Opioid epidemic.

Nutrition education programs were sponsored with talented community groups who provided the latest research and education on a variety of topics such as Gut Health and the Metabolic Syndrome. Through a grant from the Greater Somerset Public Health Partnership initiated the Community Sustainable Agriculture (CSA) program and Yoga classes for Bernards Township Employee Wellness Works.

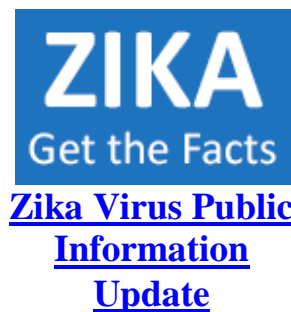
In closing, I am so profoundly proud of our talented professional team. Please take a few minutes to review the accomplishments, licensure, certifications and awards received by the health department staff. Public health is local and it is the day to day work done by this department that directly contributes to the quality of life of our residents. If you have any questions or need information, visit our website at www.bernardshealth.org, stop by the Health Department or give me a call at 908-204-3067.

Sincerely,



Lucy A. Forgione, MS, HO, MCHES
Health Officer/Director of Health/ Registrar of Vital Statistics
Health Educator/Youth Services Coordinator

Our Public Health Challenges in 2016



**Bernards Township Health Department
Accomplishments 2016**

Environmental Inspections and Projects:

- Collected for \$ 37,430. Bernards Township (BT)
- Completed required health/environmental inspections for all seven (7) towns.
- Complaints - 103 ; Kennel/Pet Shop Inspections - 8 ; Recreational Bathing - 72; Cross–Connections - 9; Youth Camps - 5
- Chapter 24 food establishment inspections - 316 (including 22 preliminary inspections)
- Soil log inspections for septic systems and subdivisions - 101; Septic Inspections including New, Alterations, Repairs, & Abandonment - 693; Well Inspections - 51.
- The following plan reviews were completed: 5 additions; 24 site plans; 14 new/remodeled food establishments; 130 septic system plans-new, alterations, repairs; 3 subdivisions; 79 septic as-built plan reviews; 9 well and addition records
- A total number of 130 Radon test kits were sold.

Clinics and Screening Programs:

- Annual Health Screening including blood analysis, blood pressure check, and urinalysis and hemoccult stool analysis: A total of 151 adults participated of which 37 were BT employees. Forty three (33) residents had their Thyroid Stimulating Hormone (TSH) tested and forty seven (39) residents had their HgbA1c tested. Ninety (90) hemoccult stool kits were returned for analysis.
- Bone Density Screening and education program was conducted in conjunction with Morristown Medical Community Health and twenty-seven residents were screened.
- Child Health Conference: Eight (8) children and adolescents were seen for immunizations and nutrition counseling.
- Conducted “Your Health Check” program in conjunction with Morristown Medical Center Community Health Zufall Health Center, and RWJ Somerset Community Health at the First Presbyterian Church of Bernardsville targeted for the immigrant community. Twelve (12) people were screened.
- Skin Cancer Screening: Fifty-two (52) people were screened for Skin Cancer through two (2) clinics.
- Stroke Screening was conducted in conjunction with Morristown Medical Community Health and fifty-two (52) residents were screened.
- Seasonal Flu Shot Clinics: three hundred forty two (342) flu shots were administered at six (6) clinics.

Marketing:

- Designed and published monthly Bernards Township Health Department's newsletter entitled "Health Matters" reached more than 2344 each month.
- Health Education newsletter articles including:
 - January: Cervical Health Awareness Month; Radon Action Month; and Thyroid Awareness Month
 - February: Healthy Heart Month; Zika Virus; and Metabolic Syndrome
 - March: Metabolic Syndrome Exercise and Diet; Safe Medication Drop-off
 - April: Lead in Water; and What is Metabolic Syndrome
 - May: Foxes; and Adopt a Sustainable Lifestyle
 - June: Zika Resources; and Stray Dogs
 - July: Summer Safety; Bat Facts; All about Bed Bugs; and Local Farm Market List
 - August: Be Prepared for the Next Emergency
 - September: Protecting Pets in a Disaster
 - October: Mental Health 1st Aid; Concussions; and Walking Home: Planning End-of-Life Journey
 - November: Turkey Talk; and Is it Cold or Flu
 - December: Making Sense of "Added Sugar Nutrition Label" and Healthy Holiday Guide
- Valpak flyer delivered to residents during the second week of April to approximately 30,000 homes.
- Marketed: "Triple the Risk: Fighting Metabolic Syndrome"; "Is Food Friend or Foe?"; "Exercise and Metabolic Syndrome"; "Your Health Check"; Colorectal Cancer Month; Annual Health Screening, Stroke Screening, Twilight Challenge, two Optimal Nutrition programs and the Male Cancer Screening, Skin Cancer Screening, Bone Density Screening, Child Health Conference, Prepared for Next Emergency, and two nutrition programs (Phyto-nutrients and Feeding Young Children); Flu Shot Clinics, Judge a Food by its label, and Teen Volunteer Fair; Radon Kits campaign, Rabies Clinics, "Walking Home: Planning Your End-of-Life Journey" and "Healthier Holidays".
- Posted current events to MA *Facebook* and *BT Municipal Alliance* Website page twice each week.

Nutrition and Health Education:

- February 8th Life by Chocolate at Ridge Oak – 50 participants
- March 2nd: "Triple the Risk: Let's Fight Metabolic Syndrome" with Dr. D. Neimann – 40 participants
- March 16: Is Food Friend or Foe? With Debra Freschel, RD – 30 participants
- March 30: Let's Get Physical: Exercise and Metabolic Syndrome with Carol and - 20 participants
- April 7th: Presented "Mediterranean Diet: Ancient and Modern" to Ridge Oak Senior Housing. About 45 people attended.
- April 20th: Conducted nutrition program at MASH for 5 people covering the topic of "Understanding Nutrition Labels."

- Worked on “Farm to Go” GSPHP grant offering mini-CSA program to employees and planning for programs for employee wellness.
- May 17th: Registered dietitians and chef from Living Plate presented a program entitled “Gut Health: Feeding Your Micro-biome”. Over 80 people attended.
- May 23rd: Presented nutrition program to members of the Happy Rockers Senior Group in Peapack-Gladstone on “Life by Chocolate” with about 10 people attending.
- May 26th: Conducted a nutrition session for Girls on Track program (GOT) on focusing on MyPlate food groups, nutrients, and eating a variety of foods. Included relay races and handouts of pertinent topics. Eight girls attended.
- Three hundred and sixty-nine (369) children in BT Summer Recreation Health and Safety Days were instructed on Nutrition *with a program entitled “Water is Essential”* and a relay race.
- June 11: Planned and facilitated program held at the Chester Library entitled “The Power of Phytonutrient–Rich Foods” which included nutrition education and a food demonstration. The program was designed and presented by the registered dietitians and chefs from *Living Plate*. Over fifty (50) people attended.
- Participated in the Greater Somerset Public Health Partnership (GSPHP) Healthy Communities grant. Designed and facilitated programs for Employee Wellness including:
 - Attended grant meeting on June 13, June 22, July 27,
 - Mini-CSA which allowed BT employees to opt into a program where they received fresh fruit and vegetables directly from a local farm for a subsidized amount. Included nutrition education materials and recipes each week. Thirty-six (36) employees participated for six weeks and twenty-eight (28) participated for an additional two weeks.
 - Yoga program which was conducted directly after work and was free for employees. Seven (7) employees participated.
- June 22nd: Designed and presented program entitled “Know Your Numbers” for BT employees. Program reviewed lab results from Health Screening and indicators of health risk.
- September 12: Designed and presented program on sodium and stroke prevention for Chester Seniors Group. Had about fifty (50) participants.
- September 14th: Kaitlin Kordusky presented a program about “Preparing an Emergency Kit” to approximately 6 participants on at BT Municipal Bldg.
- September 15: Co-sponsored program entitled “Feeding Healthy Kids: Raising Responsible Eaters” presented by Living Plate. We had ten very enthusiastic parents attend.
- October 11th: Planned and sponsored program in conjunction with Grace McGuirk, RD, Shop Rite Dietitian in Chester entitled “Judge a Food by Its Label” at Chester Library. About 20 people attended.
- October 26th: Designed and presented a nutrition program on “Autumn Vegetables” including nutrients, antioxidants, fiber, and food for about 25 people at the Senior Wellness Center.
- November 17th: Co-sponsored program entitled “Healthier Holidays” presented by Living Plate in the Garabrandt Center in Mendham. Eleven people participated.

- November 5 presenting a program entitled “Walking Home: Planning Your End-of-Life Journey” on The program with Public Health Intern from Rutgers University worked with VNA of Somerset Hills and the Somerset County Office on Aging and Disability Services. Program included 4 presentations. Approximately 38 people participated.

Registrar of Vital Statistics:

- Collected \$ **24,640.00** in fees. Successfully completed 100 marriage license applications; issued 646 certified marriage certificates; 1494 certified death certificates; 1 birth certificate.
- 236 marriages and 205 deaths in the Township, 87 deaths in Lyons V.A.

Animal Control:

- 132 Goltra Drive – Violation of Plea Agreement due to custody of cats within Bernards Township. Resident was found guilty of charge and fined \$4500 for violation.
- 288 South Finley Ave – 11 Unpaid Summons relating to various violations. The following plea agreement was reached:
 - Kennel Bill paid in full prior to dogs release back to owner.
 - Completion in Corrective Dog Behavioral Training
 - Resident no longer allowed to tether dog outside. Dog must be walked on leash or have a minimum 6ft high chain link fence professionally installed.
 - Dog must be neutered and licensed.
 - For the plea agreement purposes the total amount of fines were based on \$5,500. Resident paid 10% and the \$4,950 difference is suspended unless resident fails to comply with agreement.
- Training/Certifications:
 - NJACCHO Training on Hoarding
 - Somerset County Training Academy Advance Search and Seizure
 - ASPCA Professional Adoptions Beyond the Shelter Walls
 - ASPCA Professional How to Implement your own Adoption Ambassadors Program
 - ASPCA Professional Early Care for Foster Animals
 - ASPCA Professional Getting Shelter Animals Ready for Foster Care
 - ASPCA Professional How to Implement your Own Adoption Ambassador Program Part 1
 - ASPCA Professional Animal Behavior for Shelters
 - ASPCA Professional Stress and Animal Protection Work
 - ASPCA Professional Stress Management Strategies
 - ASPCA Professional NDAA – The Anicare Approach for Treating Animal Abusers

- Increased subscribers to 1850 as of 12/2016 for “Sign Me Up” to alert residents of rabies clinics & licensing information / reminders.
- 312 new dogs registered as in 2016.
- Collected a total of \$ 48,654.10 in fees.
- Dogs---\$ 41,421.60 licenses and \$3,200.00 in late fees.
- Cats---\$ 3,727.50 licenses and \$305.00 in late fees.
- Successfully licensed 2,092 dogs and 373 cats.
- Collected \$496.00 in donations
- Articles/Communications distributed to Bernards Twp residents:
 - Pet Care in Cold Weather
 - Pet Care in Hot Weather
 - Email blast regarding NJ rabies vaccination guidelines and expiration date reminder for residents
 - Email blast about adoptions
 - Email reminders and newsletter submissions for licensing and notices for rabies clinics.
 - Coyote Myth Busters
 - Dispelling Bear Myths
 - Finding a Fawn
 - Fox Facts
 - Black Bears & Safety
 - What’s the Stink All About?
 - Pet Disaster Planning
 - Caring for Your Pets
 - A Gaze of Raccoons
- Rabies Control Program:
 - 25 Dog Bites - 10 day quarantine
 - 4 Cat Bites – 10 day quarantine
 - 4 Cat Bites – specimens sent for testing
 - 9 Bats found in homes and tested
 - 11 dogs in contact with Wildlife – 45 day quarantine
 - 1 Squirrel bite to resident- sent for testing – negative rabies result
 - 1 Alpaca sent for testing – negative rabies result
- Rabies Clinics:
 - January 9, 2016 – 187 Dogs Vaccinated, 40 Cats vaccinated. Total of 227.
 - December 10, 2016 – 64 Dogs Vaccinated, 23Cats vaccinated. Total of 87.
 - November 12, 2016 - 112 Dogs Vaccinated, 40 Cats vaccinated. Total 152.

- Adopted out a total of 9 kittens/cats and 1 dog in 2016.

Municipal Alliance (MA)/Youth Services Commission

- 9 Meetings were held and 1 was canceled.
- New members welcomed : Andreas Holvik (Clergy), Katy Soulas (Civic)

Programs

Medicine Drop Off Drive Thru

- March 28: 3rd Annual Medicine Drop Off Drive Thru with safe disposal of 205 pounds of unused prescription medication was dropped off at the Bernards Township Police Department. MA members collected the bottles and packets and handed out MA literature.

Girls on Track:

- **Girls on Track at William Annin is now funded through the Somerset County Youth Services Commission**
- After-school class held twice a week for 10 weeks in Spring of 2016.
- Kaitlin Kordusky and WAMS teacher Christine Flanagan co-coached with volunteer coach, Isabel DiPalo
- 12 girls participated in grades 6-8 at William Annin Middle School.
- 5 girls participated in the Girls on the Run 5K on June 7, 2015 in Somerville, NJ.
- Girls learned about positive body image, making good choices, healthy lifestyles, and setting and achieving goals

Twilight Challenge:

- 28th Annual Pleasant Valley Twilight Challenge was held on June 5, 2016.
- 75 Runners attended the event for the 5K
- 15 Health Walkers were led by Health Officer, Lucy Forgione on a 1 mile walk.
- Made profit from donations and provided educational literature to promote “21 for a Reason”----- Over \$5,000 was raised from sponsors and race registrations.
- Participants were entertained by local band, Mama’s Stew for the sixth year in a row.
- New timer – Blue Ridge Timing provided more accurate chip timing for participants.

“Out of the Mouth of Teens 2”:

- On April 20th, Fifteen RAAD students presented drug and alcohol information and their perspective as teens living in Bernards Township. Topics included:
 - “Talk, They Hear You” with Empower Somerset to talk to parents about discussing drug and alcohol use
 - A wrap up of “Not in My Basement” from fall 2015 and “It’s 21 for a Reason” and providing alcohol to minors

- “There’s an Addict In the Family” a powerful presentation where students talked about how having an addict in the family has affected them.
- A mini-panel presentation that featured a student from each grade level talking about drug and alcohol use they see surrounding them.
- Video presentation on speaking to young children about drug and alcohol use titled “Out of the Mouth of ... Kids!”
- Over 75 people attended and the Bernardsville News wrote a detailed article about the program

The Anonymous People: Documentary Screening

- Powerful documentary about finding hope in recovery
- Held in conjunction with Community in Crisis on May 16, 2016.
- Local recovery centers came and provided information to residents
- 40 people attended.

Ridge Against Alcohol & Drugs (RAAD)

- RAAD/LMTI (Lindsay Meyer Teen Institute) is now funded through the Somerset County Youth Services Commission.
- 20 meetings were held.
- Participated in the DARE Prom letters program, where 5th graders asked Ridge High School seniors to refrain from drinking during prom weekend. RAAD students collected the letters and put them in envelopes to hand out to the seniors.
- RAAD members were involved in the 2016 LMTI camper selection process.
- Member Hersh Gupta worked with Officer Tracy Baldassare to put a DUI car in front of Ridge High School during prom season.
- RAAD members volunteered at the Twilight Challenge 5K, Ridge High School Booth, “Out of the Mouth of Teens 2”, The Anonymous People, Party in the Park, Back to School Night, the MA Football Game, Pumpkins in the Park (Parks & Rec Event) and Teen Volunteer Fair.
- RAAD helped develop and name “Empowerment Day” at William Annin Middle School.
- Between a car wash, several can shakes, and Party in the Park’s bake sale, students raised nearly \$1,200.

LMTI (Lindsay Meyer Teen Institute)

- Seven past LMTI participants applied to be a part of the Youth Advisory Council (YAC).
 - 5 members were selected to serve as YACs
- Over 50 students were nominated and 15 LMTI interviews occurred May-June.
- 12 students accepted new student scholarships.
- Camp ran August 22 – 26th 2016 at Camp Mason in Hardwick, NJ.

- 1 Advisor, 5 YACs, 14 new campers, and 10 return campers attended LMTI this year. Campers learned about peer leadership and developed an Action Plan for their town.
 - *Action Plan 2016-2017* – RAAD will focus on 4 specific areas: Fake IDs, Vaping, Coaches and Athletes, and Mental Health. Past programs that have done well like Post It & Read It, the Sticker Campaign, DARE letters, “Out of the Mouth of...Teens” and other programs will be repeated with new information.
- RAAD was presented with the “Knowledge Award”. This award was received for promoting healthy lifestyles through an outstanding prevention program focusing on education activities and events in 2015-2016. RAAD will receive one full scholarship for LMTI.

Partnership with Parks & Rec

- The Municipal Alliance co-sponsored “Party in the Park” with the Parks & Recreation Department on July 27, 2016.
 - RAAD conducted a baked sale, distributing Municipal Alliance literature and giveaways at Pleasant Valley Park. \$185 was made from the bake sale
 - The movie, “Jurassic World” was showed as well as activities from a DJ and backyard games.
 - The event was well attended by families and middle school aged students and an estimated 250 people attended the event.
- Pumpkins in the Park was an event hosted on October 26, 2016.
 - RAAD served as the primary volunteers for the family event including refreshment distribution, games supervisors, face painters, hair spray attendants, and helped set up for the pumpkin carving contest.
 - Well over 300 families attended the event.

Municipal Alliance Football Game

- The Municipal Alliance attended the Ridge High School Pink Out Football Game on October 28, 2016 to promote “21 for A Reason”.
- Municipal Alliance members handed out promotional, youth friendly “It’s 21 for a Reason” t-shirts to people entering the game, along with literature and give-aways. The t-shirts were extremely well received. This year the shirts were orange with black lettering.
- Members answered questions from residents about what we did as a coalition in the community.
- ~\$180 was collected.

Teen Volunteer Fair

- The Teen Volunteer Fair took place on September 28, 2016 at the Bernards Township Library.

- Students enjoyed all the resources available to them but requested more vendors for future events.
- 20 vendors and organizations were on hand to answer questions for the teens attending the events.
- The vendors were pleased with the meeting space and the amount of students attending the event. Many plan to attend the event next year.
- Municipal Alliance and RAAD booths were also at the event to answer questions.
- Over 100 students signed in attended the event with additional family members. There was a comfortable flow of people in the room during the entire program.

Knock Out Opiates Day

- RAAD students and MA members worked with local group, Community in Crisis to hang flyers on mailboxes detailing the opiate epidemic. “Knock Out Opiates Day” took place on October 6th as proclaimed by the County and Township. Flyers were also hung up on every door in Ridge High School on Back to School Night.

Empowerment Day

- The first annual Empowerment Day was held on Friday, October 21st at William Annin Middle School (WAMS) as part of the Youth Services Commission’s “8th Grade Transitional Tools” grant, as well as WAMS’ Character Education Days.
 - Day started with a presentation by Mackie Burt, a graduate of Ridge High School.
 - RAAD presented the UBU skit which breaks down stereotypes and teaches students to not judge a book by its cover.
 - 8th graders were then divided into their teams and moved in a rotation schedule to visit 3 different workshops
 - *Addictions*: Speakers Joan Harris and Zoe Petitt told their real stories of addiction in their family. RAAD students also shared their stories of “Addict in the Family” and took questions from the 8th graders.
 - *High School*: A panel presentation took place with RAAD students from each grade level talking about high school and the trends and stresses with each year. Students took questions from the audience.
 - *Natural Highs*: RAAD students presented a video and a skit explaining what Natural Highs are and how they differ from drug highs. There was also a chance for the 8th graders to write up their own Natural Highs.
- 8th grade teachers created a video montage of inspirational stories to motivate the students.
- The day finished up with Kevin Wanzer, a speaker from LMTI. Kevin Wanzer promotes positivity through laughter and looking at life as a challenge that you can get through. Kevin Wanzer made the 8th graders laugh and was a great ending to the day.

“It’s 21 for a Reason”:

- Presentation is being shown to 8th grade health classes with appropriate variations
- Several other New Jersey Municipal Alliances continue to contact coordinator regularly for information pertaining to “It’s 21 for a Reason” hoping to develop a similar program.
- Presentation will continue to be updated and added to as time progresses.
- Program is used in other presentations with alterations – i.e. “Out of the Mouth of Teens”.
- Will be updated with 2016 data.

Mental Health First Aid Training

- Co-sponsored with the American Foundation for Suicide Prevention. Took place at the Bernards Township Library on Thursday, November 3rd.
- 15 people from the town participated and got training for Mental Health First Aid.

American Drug and Alcohol Survey (ADAS)

- The 2016 American Drug and Alcohol Survey was given to Bernards Township Students.
- Lucy Forgione and Kaitlin Kordusky worked with Dr. Kirk Harlow to create an updated version of the ADAS that included new questions on items like prescription pill use, heroin, and vaping. The new survey has different information, but is still comparable to the past 20 years of data.
- 6th and 8th graders took the survey on December 12th, 10th graders took it on December 6th and 12th graders took it on December 8th.
- Over 1,100 students participated and the data will be available in early 2017.

Other Table Events

- *Activities Night* – A night for 8th grade students to visit different clubs on May 2, 2016.
- *Charter Day* - The Municipal Alliance set up a tent at Charter Day on May 21, 2016 Literature, flyers for upcoming events, and giveaways (such as pens, magnets, cups, and t-shirts) were distributed. Participants were invited to spin the wheel to win a prize and try on the fatal vision goggles.
- *Ridge High School (RHS) Tables* – Several booths were done at Ridge High School to increase knowledge about the Municipal Alliance and RAAD at the high school. Topics included vaping.
- *Back to School Night* – September 29th and October 6th

Grants

- Completed Municipal Youth Services Commission \$5,000 Grant application for Ridge Against Alcohol & Drugs, LMTI, and Girls on Track at William Annin.
- Received the 2016 Youth Services Commission Competitive Grant for “Transition Tools: 8th Grade Programming and Support”.
- 2016 Request for Funding was submitted in February and awarded in July.

- A \$500 stipend was granted and used towards “Out of the Mouth of ...Teens 2” as Underage Drinking Town Halls.

Marketing Communications for Municipal Alliance:

- All events are sent to a large media list including local newspapers and Friday Folders.
- Collaborated with Community Service to distribute flyers in town.
- Website is continuously updated with photos, meeting dates, and current events.
- Survey results from ADAS and Student Stressors now shared via SlideShare.
- Facebook, Twitter, and YouTube accounts linked to website to provide further presence in the community. All are updated frequently. Facebook likes have been increasing steadily.

Risk Communication & Emergency Preparedness:

- Updated all emergency rosters and data bases for seven (7) towns.
- Updated Bernards Township Health Department Recall Roster for After Hours and Weekend Emergencies.
- Updated Health Department Social Service Resource pages.
- Created new information sheets for communications and shelters for seven (7) towns.
- Attendance and leadership at BT emergency preparedness efforts at LEPC committee and emergencies.
- Presented “Are You Ready for the Next Emergency?” a presentation about packing a “to-go bag” and preparing for a public health emergency or natural disaster
 - On September 29th to Bernards Township public, 20 people attended

2016 Revenue Bernards Township Health Department

Interlocal Public Health Services Contracts	\$ 368,272.24
Program Fees Collected (Clinics/Screenings)	\$ 16,402.42
Environmental Fees Collected	\$ 37,430.00
Vital Statistics Fees Collected	\$ 24,640.00
Animal Control Fees Collected	\$ 48,654.10
<i>Subtotal = \$ 495,398.76</i>	
<u><i>Prevention Grants 2016</i></u>	
Municipal Alliance Grant	\$ 19,207.00
Municipal Alliance Fund Raiser	\$ 5,500.00
RAAD Fund Raising	\$ 1,500.00
SAMHSA Town Hall Stipend	\$ 500.00
Youth Services Commission Annual Grant	\$ 5,000.00
Youth Services Commission Competitive Grant	\$ 5,000.00
<i>Subtotal = \$ 36,707.00</i>	
<i>Total Grants and Fees Collected = \$ 532,105.76</i>	

Zufall Health– Annual Report 2016

STI SCREENING AND TREATMENT SERVICES

STI TYPE	NUMBER OF CLIENTS SCREENED		NUMBER OF CLIENTS DIAGNOSED AND TREATED		NUMBER OF PREVENTIVELY TREATED CONTACTS	
	Female	Male	Female	Male	Female	Male
SYPHILLIS	3	1				
GONORRHEA	29	4				
CHLAMYDIA	15	4	1			
PID						
HERPES						
HPV/VW	18		1			
TRICHOMONIASIS						
BACTERIAL VAGINOSIS						
MONILIASIS						
PUBIC LICE/SCABIES						
UTI	1					
HIV	5	5				
TOTAL NUMBER	71	14	2			

PREGNANCY TESTS 2016

Number of Pregnancy Tests Performed	Number of Positive Pregnancy Tests
42	3

CANCER SCREENING SERVICES 2016

SCREENING TYPE	NUMBER OF CLIENTS SCREENED	NUMBER OF CLIENTS DIAGNOSED
BREAST EXAMS (ages 15-34)	1	0
BREAST EXAMS (age 35-64)	21	0
CERVICAL EXAMS (ages 15-34)	3	0
CERVICAL EXAMS (ages 35-64)	13	0
COLORECTAL EXAMS (ages >40)	13	0
PROSTATE EXAMS (ages > 50)	2	0
TOTAL NUMBER OF SCREENINGS	53	0

***All clients who are screened for STIs and cancer are also provided with health education.**

Visiting Nurses Association of Somerset Hills – Annual Report 2016

Senior Citizen Health Maintenance & Monitoring

HOME VISITS

TOWN	Number of Visits	Hours
<i>Bernards Township</i>	13	19.5
<i>Bernardsville Borough</i>	0	0
<i>Chester Borough</i>	9	14
<i>Long Hill Township</i>	19	29
<i>Mendham Borough/ Mendham Township</i>	9	17
<i>Peapack and Gladstone Borough</i>	2	6
TOTAL HOME VISITS FOR 2016	4	85.5

BERNARDS TOWNSHIP/ BERNARDSVILLE	2016
New Patients	36
Return Patients	198
TOTAL PATIENTS	234
Follow-Up	0
Referrals	0
Hours	30.25

LONG HILL TOWNSHIP	2016
New Patients	17
Return Patients	202
TOTAL PATIENTS	219
Follow-Up	0
Referrals	0
Hours	25

CHESTER	2016
New Patients	8
Return Patients	155
TOTAL PATIENTS	163
Follow-Up	0
Referrals	0
Hours	20.65

MENDHAM BORO/ MENDHAM TOWNSHIP	2016
New Patients	5
Return Patients	113
TOTAL PATIENTS	118
Follow-Up	0
Referrals	0
Hours	17.9

PEAPACK/GLADSTONE	2016
New Patients	1
Return Patients	34
TOTAL PATIENTS	35
Follow-Up	0
Referrals	0
Hours	8

TOTAL ALL TOWNS	2016
New Patients	67
Return Patients	702
Follow-Up	0
Referrals	0
Hours	102

2016 COMMUNICABLE DISEASE REPORTS

<i>Disease</i>	<i>BT</i>	<i>BV</i>	<i>CB</i>	<i>LH</i>	<i>MB</i>	<i>MT</i>	<i>PG</i>	<i>TOTAL 2016</i>
Amoebiasis		1						1
Babesiosis	2							2
Botulism - Infant								
Campylobacteriosis	4	1		1				6
Chikungunya								
Cryptosporidiosis					1			1
Dengue Fever	1							1
Erlichiosis/Anaplasmosis						1		
Giardiasis	1	1		2				4
Haemophilus Influenzae								
Hepatitis B - Chronic	2	1				1		4
Hepatitis C - Acute						1		1
Hepatitis C – Chronic	4	1	1	1	1			8
Influenza, Human Isolates – Type A (Subtyping Not Done)	1			2		2		5
Influenza, Human Isolates – Type 2009 H1N1	4							4
Influenza, Human Isolates – Type A H3		1		2	2			5
Influenza, Human Isolates – Type B	3			1	1			5
Lyme Disease	22	11	7	3	7	8	6	64
Lyme Disease - Probable							1	1
Mumps						1		1
Salmonellosis – Non Typhoid		1		3		1	2	7
Shiga Toxin Producing E. Coli (STEC- NON O157-H7)	1							1
Shiga Toxin Producing E. Coli (STEC- O157-H7)	1							1
Streptococcus Pneumoniae	1							1
Streptococcus Pyogenes (GAS) Without Toxic Shock Syndrome	2			1				3
Yersiniosis						1		1
TOTAL								127

VNA COMMUNICABLE DISEASE INVESTIGATION HOURS

Town	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	Per Town
Bernards Township	4	10	6	3	23
Bernardsville Borough	3	.5	2	3	8.5
Chester Borough	0	1	2	.5	3.5
Long Hill Township	.5	2	3	4	9.5
Mendham Borough	.5	3	3	.5	7
Mendham Township	1	2	2.5	2	7.5
Peapack and Gladstone Borough	1	1	1	0	3
TOTAL	10	19.5	19.5	13	<u>62</u>

VNA OFFICE BLOOD PRESSURE SCREENING

Hypertension screening and health counseling at the Visiting Nurse Association office on Tuesday and Thursdays from 8:30-9:30 am and Monday through Thursday from 3:30 to 4:00 pm

Town	# Residents	# of Hours Total
Bernards Township	30	13.25

SCHOOL AUDITS

State mandated immunization program school audits completed.

Town	# Schools Audited
Bernards Township	27
Bernardsville Borough	8
Chester Borough	2
Long Hill Township	8
Mendham Borough	7
Mendham Township	2
Peapack and Gladstone Borough	3
TOTAL	57

BIOTERRORISM/EMERGING DISEASE

Ongoing monitoring of all current information regarding these topics as well as attending meetings, workshops, and educational programs.

BT Health Department Staff Professional Licensure/Certifications/Accreditations:

Lucy A. Forgione, MS, MCHES:

- Licensed NJ Health Officer #A-482
- Re-certified Municipal Registrar (CMR)
- MCHES passed recertification analysis
- Executive Board member of NJ Association of City & County Health Officials

Tricia Cowell, Senior REHS:

- Registered Environmental Health Specialist License #B102153
- Awarded Mini Master of Public Administration through Rutgers Center for Executive Leadership in Government September 2016
- New Jersey Environmental Health Association member

Joel Coyne, REHS:

- Retired on November 1st after 28 years as REHS
- Facilitated Bernards Township receipt of Sustainable Jersey grant

Vanessa Freire, REHS:

- Registered Environmental Health Specialist License #B156227
- Graduate student in Public Health (MPH)-Rutgers University

Sybil Rainey, REHS:

- Registered Environmental Health Specialist

Michelle Santoro, ACO, ACI:

- Certified Animal Control Officer
- Certified Animal Cruelty Investigator
- FEMA Animals in Disaster IS-00010 & IS-00012
- FEMA Livestock in Disaster IS-00111.a
- Biology, Bachelor of Science

Kaitlin V. Kordusky, MPH, CHES:

- Masters in Public Health (MPH) -Rutgers University
- Member of Eta Sigma Gamma National Health Education Honorary
- National member Society for Public Health Educators (SOPHE)
- New Jersey SOPHE member and Program Committee co-chair
- Rutgers Center For Executive Leadership In Government

Cheryl Komline, MS, RD:

- Academy of Nutrition and Dietetics: Registered Dietitian Nutritionist
Commission on Dietetic Registration
- New Jersey Dietetic Association
- Dietitians in Integrative and Functional Medicine
- Public Health/Community Nutrition Practice Group

Deirdre Vogel, CMR, RMC:

- Certified Municipal Registrar (CMR)
- Registered Municipal Clerks Certification (RMC)
- Board of Health Secretary

Gindy McCarthy, CMR

- Certified Municipal Registrar (CMR)