#### NEW JERSEY DEPARTMENT OF TRANSPORTATION DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION

TO: NJDOT RESIDENT ENGINEERS AND CONTRACTORS

SUBJECT: "REVISED STANDARD TRAINING GUIDELINES"

DATED AUGUST 19, 1997 REVISED MAY 2007

Copies of the Revised Standard Training Guidelines used in fulfilling "Training Special Provisions" requirements found in NJDOT contracts are attached. The original guidelines were developed by NJDOT, the Federal Highway Administration and the Construction Industry Advancement Fund's Training Committee.

Apprenticeship programs registered with the USDOL Bureau of Apprenticeship and Training (BAT) are also approved for training per the Contract EEO Special Provisions (e.g. Carpenters, Dockbuilders, Electricians, Ironworkers and Operating Engineers).

The attached guidelines do not preclude Contractors from developing and submitting others, suited to their particular training needs, to the Resident Engineer and the Division of Civil Rights and Affirmative Action for final review and approval. The Training Special Provisions state: "FHWA and NJDOT shall approve a program if it is reasonably calculated to meet the equal employment opportunity obligations of the Contractor and to qualify the average apprentice or trainee for journeyperson status in the occupation concerned by the end of the training period."

#### THIS PARAGRAPH APPLIES ONLY TO "TRAINEES", NOT APPRENTICES:

Per the above, <u>skilled</u> trainees may complete up to 3,000 NJDOT training hours (with an extension of an additional 1,000 hours permitted on a case-by-case basis). Semi-skilled and lower-level management trainees attain journeyperson status <u>upon completion</u> of a training guideline and may complete up to 3 different positions.

#### The Training Guideline Approval Process consists of 4 steps:

Step #1: Contractor's development/submission to Resident Engineer (R.E.).

Step #2: R.E.'s review/concurrence/submission to DCR/AA

Step #3: DCR/AA's determination to R.E. & R.E.'s notification to Contractor.

Step #4: DCR/AA's notification to Construction Engineering.

Contractors: Keep these as your master guidelines and attach copies to your Initial Training Program submission as an indication that you have reviewed, accepted and adopted these guidelines.

Both the Resident Engineer and the Contractor will receive the approved Initial Training Program accompanied by specific "Instructions for Implementing the Training Special Provisions" and all required forms.

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATION ACTION REVISED STANDARD TRAINING GUIDELINES DATE MAY 2007

SKILLED POSITIONS	PROGRAM HOURS
CARPENTER APPRENTICE	1000
CARPENTER TRAINEE TYPE "A"*	1000
CARPENTER TRAINEE TYPE "B"*	1000
DOCKBUILDER APPRENTICE	1000
DOCKBUILDER TRAINEE*	1000
ELECTRICIAN APPRENTICE	1000
IRONWORKER APPRENTICE	1000
RONWORKER APPRENTICE RONWORKER TRAINEE*	1000
IRONWORKER-FENCE ERECTOR*	460
	330
IRONWORK-GUARDRAIL ERECTOR*	
IRONWORKER-SIGN STRUCTURES*	340
LABORER APPRENTICE	1000
OPERATING ENGINEER APPRENTICE	1000
SEMI-SKILLED POSITION (LABORER TRAINEES)	PROGRAM HOURS
ASPHALT WORKER	440
DRILLER	380
DRILLER HELPER	440
FINISHER	800
FORMSETTER	460
GRADEPERSON	460
LANDSCAPER	480
PIPELAYER	460
POWERTOOL SPECIALIST	300
TRAFFIC CONTROL COORDINATOR TYPE "A"	750
TRAFFIC CONTROL COORDINATOR TYPE "B"	750
TRUCK DRIVER	700
WICK DRAIN SPECIALIST	400
LOWER LEVEL MANAGEMENT POSTIONS*	PROGRAM HOURS
A COLOT ANT OF EDIX TYPE "A"	560
ASSISTANT CLERK TYPE "A"	/560
ASSISTANT CLERK TYPE "B"	560
ASSISTANT CLERK COMPUTER OPERATOR	860
ASSISTANT OFFICE MANAGER	1000
ENGINEERING CLERK	460
EQUIPMENT CLERK	460
TIMEKEEPER	480
TIMEKEEPERS/CLERKS MAY PROGRESS TO ASSISTANT CLER	K/COMPUTER
OPERATOR OR ASSISTANT OFFICE MANAGER	

<sup>\*</sup>CONTRACTORS MAY <u>SUPPLEMENT</u> THESE GUIDELINES BY PROVIDING SAFETY TRAINING. (USDOL-REGISTERED APPRENTICESHIP PROGRAMS REQUIRE SAFETY TRAINING/)

# NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATION ACTION CARPENTER APPRENTICE TRAINING GUIDELINE

PROGRAM HOURS: 1000		6		
MINIMUM AVAILABLE HOURS:				
The training guideline for Carpent USDOL/State approved union appropriation, will give only the on-the-project.	orentice progra	m. The employer, f	or the purpos	
The apprentices will be members	of Union Loca	ıl #	15	
All apprentices must be registered	with the USD	OOL/State <u>prior</u> to his	ring on this p	oroject.
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CONTRACTOR SIGNATURE	DATE	CANDIDATE SI	GNATURE	DATE

### NJDOT DIVISIONOF CIVIL RIGHTS AND AFFIRMATIVE ACTION CARPENTER TRAINEE TYPE "A" TRAINING GUIDELINE

PROGRAM HOURS: 1000

MINIM	IUM AVAILABLE HOURS:		i	æ		a
	es will be supervised by a m will include the followin		•		•	
CATE	GORIES.				.4	HOURS.
A.	Familiarization, operation equipment used in carpent	•	wer tools ar	nd specialt	у	275
B.	Basic layout		or ,			100
C.	Rough framing, scaffolding construction	g, floors/walls	/roof for he	avy		200
D.	Form building, build in pla	ace forms appl	icable to he	avy highv	vay	300
E.	Fabrication of facilities, wand general job protection	•	ladders, sa	fety railin	gs	125 1000
	uideline is non-renewable:					
	e, a new guideline must	be submitted	as specifi	ied on th	e Revised	Standard
Trainii	ng Guidelines cover sheet.					
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	24 - 28		e) <sup>2</sup>			
CONT	RACTOR SIGNATURE	DATE	CAND	DATE SI	GNATURE	DATE

#### NJDOT DIVISIONOF CIVIL RIGHTS AND AFFIRMATIVE ACTION CARPENTER TRAINEE TYPE "B" TRAINING GUIDELINE

PROGRAM HOURS: 1000	
MINIMUM AVAILABLE HOURS:	
Trainees will be supervised by a foreman or higher supervisor on a daily b program will include the following areas of work exposure and construction open	
CATEGORIES	<u>HOURS</u>
A. Observation prior to work	10
B. Measurement and powertool operation	140
C. Formwork mechanical devices and installation	50
D. Bridge deck formwork (interior beams)	100
E. Bridge deck formwork (overhang forms)	200
F. Bridge deck formwork (bulkheads and end closures)	180
G. Bridge parapet formwork (wood and mechanical)	180
H. Telescopic auto level instruction and use	50
I. Bridge finisher operation (screed rail)	40
J. Bridge finisher operations (set-up and dry run)	<u>50</u> 1000
This guideline is non-renewable; if the Contractor elects to continue training a Trainee, a new guideline must be submitted as specified on the Revised	
Training Guidelines cover sheet.	
CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION DOCKBULIDER APPRENTICE TRAINING GUIDELINE

PROGRAM HOURS: 1000			
MINIMUM AVAILABLE HOURS:			
USDOL/State approved union app	prentice progra	tices will be as outlined only under a ram. The employer, for the purpose or work available on this project.	
The apprentices will be members	of Union Loc	al #	
All apprentices must be registered	with the USI	DOL/State <u>prior</u> to hiring on this pro	ject.
	*		
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CONTRACTOR SIGNATURE	DATE	CANDIDATE SIGNATURE D	ATE

### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION DOCKBUILDER TRAINEE TRAINING GUIDELINE

PROGRAM HOURS: 1000

MINIMUM AVAILABLE HOURS:			
Trainees will be supervised by a f program will include the followin			
CATECODIES			HOLIDG
CATEGORIES			<u>HOURS</u>
A. Techniques of the trade (Instruor of operations prior to work as		l operations and observation	100
B. Familiarization, operation and used in dockbuilding work.	use of tools ar	nd specialty equipment	280
C. Welding of structural member	s.		300
D. Use of burning outfit (cutting	of steel memb	ers).	220
E. Pile driving.			100
			1000
This guideline is non-renewab Dockbuilder Trainee, new guide			
Standard Training Guidelines cov		submitted as specified on the	ic icvisco
CONTRACTOR SIGNATURE	DATE	CANDIDATE SIGNATURE	DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION ELECTRICIAN APPRENTICE TRAINING GUIDELINE

PROGRAM HOURS: 1000
MINIMUM AVAILABLE HOURS:
The training guideline for Electrician Apprentices will be as outlined <u>only</u> under a USDOL/State approved union apprentice program. The employer, for the purpose of this training, will give only the on-the-job training portion from work available on this project.
The apprentices will be members of Union Local #
All apprentices must be <u>registered</u> with the USDOL/State <u>prior</u> to hiring on this project.
CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION IRONWORKER APPRENTICE TRAINING GUIDELINE

PROGRAM HOURS: 1000			
MINIMUM AVAILABLE HOURS:			
The training guideline for Ironwo USDOL/State approved union approved union, will give only the on-the	prentice progran	n. The employer, for the purpos	e of this
The apprentices will be members	of Union Local	#	
All apprentices must be registered	1 with the USDO	DL/State <u>prior</u> to hiring on this p	project.
CONTRACTOR SIGNATURE	DATE	CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS IRONWORKER TRAINEE TRAINING GUIDELINE

Trainees will be supervised by a foreman or higher supervisor on a daily basis. The program will include the following areas of work exposure and construction operations:

CATEGORIES	<u>HOURS</u>
A. Techniques of the trade (Instruction in actual operations, observation of operations prior to work assignment).	100
B. Plan reading	20
C. Sorting and placement of reinforcing steel as shown on plans	300
D. Tying of reinforcing steel	300
E. Setting of bridge girders	<u>280</u> 1000

This guideline is non-renewable; if the Contractor elects to continue training an Ironworker Trainee, a new guideline must be submitted as specified on the Revised Standard Training Guidelines cover sheet.

CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION IRONWORKER-FENCE ERECTOR TRAINING GUIDELINE

PROGRAM H	OURS: 460	
MINIMUM A	VAILABLE HOURS:	
_	be conducted and/or supervised by a foreman on a daily basis. include the following areas of work exposure, familiarization	
CATEGORIE	<u>S</u>	HOURS
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/ or equipment (where applicable).	80
	a. Program related tools	
	<ul> <li>Observation of operations prior to work assignment and performance</li> </ul>	
II.	ACTUAL OPERATIONS	
	a. Exposure to various operations such as putting size posts in the proper holes, marking the posts for grade line, plumbing posts for alignment and bringing posts to proper height.	70
	b. Techniques in measuring and cutting the brace rail and installing the truss rods.	60
	<ul> <li>Assist in laying out/standing up fabric, weaving the fabric together to make one continuous run and stretching the fabric to make it taut</li> </ul>	50
	d. Practical application: connect the fabric to the terminal posts, hog ring the fabric to the coil spring, and install ties on the rail and posts.	<u>200</u>
		460
CONTRACTO	DR SIGNATURE DATE CANDIDATE SIGNATUR	RE DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION IRONWORKER-GUARDRAIL ERECTOR TRAINING GUIDELINE

PROGRAM H	OURS: 330	Marie Lambourn	
MINIMUM A	AILABLE HOURS:		
	be conducted and/or supervised by a number of the following areas of work experiences.		
CATEGORIES			<u>HOURS</u>
I.	ORIENTATION AND OBSERVATIO	N	
	Techniques of the trade (instruction in a operations, care and maintenance of too or equipment where applicable).		80
	a. Program related tools		
	b. Observation of operations prior to vand performance	vork assignment	
п.	ACTUAL OPERATIONS		
	a. Alignment and elevation procedures		100
	b. Installation procedures and sequence rail, etc.	e of post,	110
	c. Unloading and storing procedures		$\frac{40}{330}$
CONTRACTO	R SIGNATURE DATE	CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION IRONWORKER-SIGN STRUCTURES ERECTOR TRAINING GUIDELINE

PROGRAM I	HOURS: 340		
MINIMUM A	AVAILABLE HOURS:		
	l be conducted and/or supervised by a foreman on a daily be include the following areas of work exposure, familiarizat		
CATEGORIE	<u>ES</u>	<u>H</u>	<u>IOURS</u>
I.	ORIENTATION AND OBSERVATION		
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/ or equipment (where applicable).		80
	a. Program related tools		
	<ul> <li>Observation of operations prior to work assignment and performance</li> </ul>		
II.	ACTUAL OPERATIONS		
	a. Blueprint reading		10
	b. Preparation of layout for signs		20
	c. Cut and tie reinforcing steel for footings		25
	d. Erection of metal structures	•	175
	e. Types of clamps, brackets, etc. and use of hardware for installation	:	<u>30</u>
			340
CONTRACT	OR SIGNATURE DATE CANDIDATE SIGN	ATURE	DATE

CONTRACTOR SIGNATURE

#### NJDOT DIVISIONOF CIVIL RIGHTS AND AFFIRMATIVE ACTION LABORER APPRENTICE ROADWAY AND UTILITY TRAINING GUIDELINE

PROGRAM H	OURS: 1000	
MINIMUM AV	VAILABLE HOURS:	
	ill be supervised by a foreman or higher supervisor on a cam will include the following areas of work exposure, famining.	
CATEGORIES		<u>HOURS</u>
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/ or equipment (where applicable).	40
	<ul> <li>Safety indoctrination, use of personal protective gear, First Aid Instruction, general hazard awareness and traffic safety.</li> </ul>	
	<ul> <li>Observations of techniques and operations prior to assignment and actual work performance.</li> </ul>	80
II.	ACTUAL OPERATIONS	
	a. Instructions in proper procedures for checking grades and assisting in excavation of roadways.	100
	<ul> <li>Instructions in recognition and installation of pipes and conduits.</li> </ul>	200
	c. Instruction in the installation of curb and sidewalk concrete forms.	200
	d. Instruction in concrete pours for curbs and sidewalks.	100
	e. Instruction in preparation and performance of asphalt paving.	100
	f. Instruction in cutting pavement with the use of saws and jackhammers.	80
	g. Assisting the Traffic Control Coordinator in the placement of cones and barrels and performing flagman duties.	<u>100</u>
		1000

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION \* OPERATING ENGINEER APPRENTICE TRAINING GUIDELINE

ROORAW HOORS. 1000
MINIMUM AVAILABLE HOURS:
*INDICATE EQUIPMENT TO BE TRAINED ON:
The training guideline for operating engineer apprentice will be outlined <u>only</u> under a USDOL/State approved union apprentice program. The employer, for the purpose of this training, will give only the on-the-job training portion from work available on this project.
All apprentices must be <u>registered</u> with the USDOL/State <u>prior</u> to hiring on this project.
CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION ASPHALT WORKER TRAINING GUIDELINE

PROGRAM I	HOURS: 440	
MINIMUM A	VAILABLE HOURS:	
	be conducted and/or supervised by a foreman on a daily basis. The include the following areas of work exposure, familiarization and	
CATEGORIE	<u>S</u>	<u>HOURS</u>
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/ or equipment (where applicable).	80
	a. Program related tools	
	<ul> <li>Observation of operations prior to work assignment and performance</li> </ul>	
II.	ACTUAL OPERATIONS	
	<ul> <li>a. Preparation and securing of machinery prior to and at completion of paving operation.</li> </ul>	10
	b. Pavement preparation	10
	c. Operating screen to regulate depth/width of material	100
	d. Raking and shoveling asphalt	40
	e. Using the hand tamper, straight edge and lute	80
	f. Making joints in asphalt pavement	80
	g. Familiarization with various types of asphalt mixes	<u>40</u> 440
CONTRACTO	OR SIGNATURE DATE CANDIDATE SIGNATURE	E DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION DRILLER TRAINING GUIDELINE (REVISED 8/96)

PROGRAM HOURS: 380	
MINIMUM AVAILABLE HOURS:	
Training will be conducted primarily by the driller on a daily basis and the tra also be observed and instructed by the blaster and/or the immediate supervis program will include the following areas of work exposure and on-the-job training	sor. The
<u>CATEGORIES</u> <u>H</u>	HOURS
A. Equipment moving setup and basic operation	200
B. Familiarization with presplit and line drill operations	100
C. Familiarization with bit and chuck selection	$\frac{80}{380}$
CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION DRILL HELPER TRAINING GUIDELINE

PROGRAM HOURS: 440	
MINIMUM AVAILABLE HOURS:	
Training will be conducted by a drill foreman during use and operation of drinks drills or other types of drill equipment) on a daily basis. Upon completion of this training and by application of these skills in constraindividual can advance to a drill operator.	successfu
CATEGORIES	<u>HOURS</u>
A. Familiarization with equipment, special tools and fundamentals of specialized drilling equipment.	80
B. Equipment: drills, compressors and air lines. Maintenance, cleaning, lubrication and adjustment	80
C. Drilling techniques and methods	80
D. Practical application and use of drilling equipment in production	<u>200</u> 440
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CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE	E DATE

### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION FINISHER TRAINING GUIDELINE

PROGRAM HC	URS: 800	
MINIMUM AV	AILABLE HOURS:	
_	e conducted and/or supervised by a foreman on a daily basis. aclude the following areas of work exposure, familiarization	
CATEGORIES		HOURS
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/or equipment where applicable)	80
	a. Program related tools	
	b. Observation of operations prior to work assignment and performance	
II.	ACTUAL OPERATIONS	720
	Selected operations and training categories should total 720 hours comprised from a minimum of six (6) tools and/or operations liste	
	<ul> <li>a. Finishing edges and joints</li> <li>b. Handling burlap drags</li> <li>c. Use of lutes, bull floats, etc.</li> <li>d. Use of trowels and edges</li> <li>e. Use of wood floats</li> <li>f. Rubbing and dressing curbs</li> </ul>	
	<ul> <li>g. Checking surface and straight edge</li> <li>h. Cutting &amp; trimming expansion joints</li> <li>i. Patching, rubbing and/or bagging of concrete bridge surfaces</li> </ul>	
	<ul> <li>j. Applications, curing compounds</li> <li>k. Layout of subsurface structure</li> <li>l. Pouring bottom</li> <li>m. Laying Block</li> </ul>	
	n. Forming inverts o. Application of Plaster coat p. Setting and adjusting casting	
	q. Finish top structural pours	800

DATE

CONTRACTOR SIGNATURE

CANDIDATE SIGNATURE DATE

### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION FORMSETTER TRAINING GUIDELINE

PROGRAM H	OUF	RS: 460	
MINIMUM A	VAII	LABLE HOURS:	
		conducted and/or supervised by a foreman on a daily basis. The daily basis of work exposure, familiarization and the following areas of work exposure.	
CATEGORIES	<u>S</u>		<u>HOURS</u>
I.	OR	RIENTATION AND OBSERVATION	
	ope	chniques of the trade (instruction in actual erations, care and maintenance of tools and/equipment (where applicable).	80
	a.	Program related tools	
	b.	Observation of operations prior to work assignment and performance	
п.	AC	CTUAL OPERATIONS	
	a.	Setting form, transferring and checking grade and alignment	250
	b.	Pouring concrete as it relates to forms, curbs and paving; stripping	70
	c.	Use of various tools (hand level, engineer's rule etc.), blue print and plan reading, related math	<u>60</u>
			460
CONTRACTO	OR S	IGNATURE DATE CANDIDATE SIGNATURE	E DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION GRADEPERSON TRAINING GUIDELINE

PROGRAM H	OURS: 460	
MINIMUM A	VAILABLE HOURS:	
•	be conducted and/or supervised by a foreman on a daily basis. The include the following areas of work exposure familiarization and or	
CATEGORIES	<u>I</u>	HOURS
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/ or equipment where applicable).	80
	a. Program related tools	
	b. Observation of operations prior to work assignment and performance	
II.	ACTUAL OPERATIONS	
	a. Plan reading; use of related math in establishing percent of grade, converting inches to hundredths.	15
	b. Instruction in proper use of related tools, such as hand level, engineer's rule, line level, etc.	15
	c. Familiarization with earth moving and grading equipment used in this work.	80
	<ul> <li>Instruction in proper procedures for setting top and toe stakes, slope stakes and protecting survey stakes used to control the grading operations</li> </ul>	40
	e. Checking of grades and offsetting of stakes, actual transfer of grades, make sure cuts and fills are at proper elevation.	<u>230</u>
		460
CONTRACTO	DR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION LANDSCAPER TRAINING GUIDELINE

PROGRAM H	OURS: 480	
MINIMUM AV	VAILABLE HOURS:	
_	be conducted and/or supervised by a fore include the following areas of work exp	•
CATEGORIES	<u>S</u>	HOURS
I.	ORIENTATION AND OBSERVATION	
15	Techniques of the trade (instruction in actual operations, care and maintenance of tools are or equipment where applicable).	
	a. Program related tools	
	b. Observation of operations prior to work and performance	assignment
II.	ACTUAL OPERATIONS	
	a. Falling operations, clearing and thinning	90
	b. Soil preparation: slope boards, grading, and seeding.	fertilizing, mulching 130
	c. Planting and material disposition accord	ling to blueprints. 140
	d. Herbicides and pesticides: identification and use	, precautions 30
- 412	e. Tree/plant identification, hygiene	$\frac{10}{480}$
	n e	
CONTRACTO	OR SIGNATURE DATE CA	NDIDATE SIGNATURE DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION PIPE LAYER TRAINING GUIDELINE

PROGRAM H	OURS: 460	
MINIMUM A	VAILABLE HOURS:	
_	be conducted and/or supervised by a foreman on a daily basis include the following areas of work exposure, familiarization	-
CATEGORIE	<u>S</u>	HOURS
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/ or equipment where applicable).	80
	a. Program related tools	
	<ul> <li>Observation of operations prior to work assignment and performance</li> </ul>	
II.	ACTUAL OPERATIONS	
	a. Plan reading, staking and transferring grades	30
	b. Trenching, grading and shoring procedures	100
*	c. Laser aligners, set line and grade	30
	d. Preparing pipe bedding, jointing techniques and materials, pipelaying	200
	e. Backfilling and compacting	20
		460
CONTRACTO	OR SIGNATURE DATE CANDIDATE SIGNATU	JRE DATE

### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION POWERTOOL SPECIALIST TRAINING GUIDELINE

PROGRAM H	OURS: 300	
MINIMUM A	VAILABLE HOURS:	
	be conducted and/or supervised by a foreman on a daily basis. The include the following areas of work exposure, familiarization and	_
CATEGORIES		HOURS
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (instruction in actual operations, care and maintenance of tools and/ or equipment where applicable).	80
	a. Program related tools	
	b. Observation of operations prior to work assignment and performance	
II.	ACTUAL OPERATIONS	
	Training will be provided on a minimum of 3 tools for a total of 220 hours of actual operation, with a minimum of 25 hours in any selected tool.	220
	TOOL CATEGORIES:	
	a. Hammers/Breakers: Jack Hammer, Chipping Hammers, Paving Breaker	
	b. Cutters: Asphalt Cutter, Concrete Cutter, Pipe Cutter	
	c. Chain Saw	
	d. Compactors/Vibrators: Vibratory Compactor, Pneumatic Compactor, Concrete Vibrator	
	e. Specialized Tools: Hydrostatic Test Pump, Power buggy	
	f. Other (specify):	
3		300
CONTRACTO	DR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFIRMATIVE ACTION TRAFFIC CONTROL COORDINATOR "A" TRAINING GUIDELINE

PROGRAM HOURS: 750	
MINIMUM AVAILABLE HOURS:	
Training will be conducted and/or supervised by the contractor's designed traffic coordinator for the NJDOT project. The training program will include the follow of work exposure, familiarization and on-the-job training.	
<u>CATEGORIES</u>	IOURS
I. ORIENTATION AND OBSERVATION	
Methods and techniques (instruction in actual operations, care and maintenance of equipment)	80
<ol> <li>NJDOT traffic control plans introduction         (general and site specific)</li> <li>Traffic control device, ID and applications</li> <li>Construction sign ID and applications</li> <li>Observation of operations prior to work assignment and performance</li> <li>Attendance at Union Local traffic safety courses (certification cards issued)</li> </ol>	10
II. ACTUAL OPERATIONS	
<ul> <li>a. Advance warning/construction signs setup</li> <li>b. Tapers and lane closures for alternating traffic</li> <li>c. Flagging/alternate traffic operations</li> <li>d. Tapers and lane closures for left lane closure pattern setup and takedown</li> </ul>	80 80 180 80
e. Tapers and lane closures for right lane closure pattern setup and takedown	80
<ul><li>f. Shoulder closings setup and takedown</li><li>g. Detours</li></ul>	140 20 <u>750</u>
CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION TRAFFIC CONTROL COORDINATOR "B" TRAINING GUIDELINE

PROGRAM H	OURS: 750	
MINIMUM A	VAILABLE HOURS:	
coordinator fe	be conducted and supervised by the contractor's designated traffor the NJDOT project. The training program will include the follow sure, familiarization and on-the-job training.	
CATEGORIES	<u>S</u>	<u>HOURS</u>
I.	ORIENTATION AND OBSERVATION	80
	Methods and techniques (instruction in actual operations, care and maintenance of equipment)	
	<ol> <li>NJDOT traffic control plans introduction (general and site specific)</li> <li>Traffic control device, ID and applications</li> <li>Construction sign ID and applications</li> <li>Observation of operations prior to work assignment and performance</li> </ol>	
	c. Attendance at Union Local traffic safety courses (certification cards issued)	10
H.	ACTUAL OPERATIONS	
	a. Advance warning/construction signs setup	60
	b. Tapers and lane closures for alternating traffic pattern setup and takedown	60
	c. Flagging/alternate traffic operations	40
	d. Tapers and lane closures for left lane closure pattern setup and takedown	80
	e. Tapers and lane closures for right lane closure pattern setup and takedown	80
	f. Shoulder closings setup and takedown	160
	g. Detours	20
	h. Install/maintain temp. barrier curb and attenuators	160 750
CONTRACTO	DR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTON TRUCK DRIVER TRAINING GUIDELINE

PROGRAM HOURS: 700	
MINIMUM AVAILABLE HOURS:	
Training will be conducted primarily by a foreman on a daily basis. The program include the following areas of work exposure, familiarization and on-the-job train	
<u>CATEGORIES</u> <u>H</u>	OURS
A. Orientation to construction project	20
B. Familiarization with trucking equipment to be used	30
C. Startup procedures and maintenance checks	10
<ul> <li>D. Safe driving practices in construction truck operations.</li> <li>Proper method of accident reporting and driver conduct with regard to the public.</li> </ul>	20
E. Application of driving skills: Training will be provided on a minimum of 3 vehicles with at least 150 training hours per vehicle selected:	450
Rack Body Water Truck Tamdem Tractor Trailer DJB (D350D Truck)	
F. Procedure in loading, backing, docking in pits, stockpiling, delivery and spreading	150
G. Review requirements to obtain Commercial Driver's License (CDL) by studying the Motor Vehicle Services publication Commercial Driver Manual: New Requirements for Licensing in New Jersey.	_20
14cw Requirements for Electising in INCW Jersey.	700
CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION WICK DRAIN SPECIALIST TRAINING GUIDELINE

PROGRAM HOURS: 400	
MINIMUM AVAILABLE HOURS:	
Training will be conducted and/or supervised by a foreman on a daily basis. Th will include the following areas of work exposure, familiarization and o training.	
CATEGORIES	HOURS
I. Techniques of the trade (watch operation prior to work).	10
II. Actual operations:	
a. Set-up and preparation of Wick Machine	15
b. Threading stitcher	20
c. Wick installation including anchor plates or bars	285
d. Cutting and splicing wicks.	40
e. Maintenance of Stitcher—greasing and oiling.	30 400
CONTRACTOR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION ASSISTANT CLERK TYPE "A" TRAINING GUIDELINE

PROGRAM HO	OURS: 560	
MINIMUM AV	VAILABLE HOURS:	
	be conducted and/or supervised by an office supprogram will include the following areas of work training.	
CATEGORIES		HOURS
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (familiarization with forms, reports and accounting principles).	80
	Observation of operation and orientation to construction and clerical administration	on
II.	ACTUAL OPERATIONS	
	a. Payroll extensions, deductions, benefits and other computations.	120
	b. Posting records, filing, payroll reports, contribution reports for various crafts	n 120
	c. Labor contract rates, classifications and special co	nditions 80
	d. Material invoices, vouchers, checks, accounts paya cost reports, daily and accident reports.	able, job 120
	e. Personnel records	<u>40</u> 560
CONTRACTO	R SIGNATURE DATE CANDIDAT	E SIGNATURE DATE

# NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION ASSISTANT CLERK TYPE "B" TRAINING GUIDELINE

PROGRAM H	IOURS: 560		
MINIMUM A	VAILABLE HOURS:		
	l be conducted and/or supervised by an office supervisor on a daprogram will include the following areas of work exposure, family training.		
CATEGORIE	<u>s</u>	<u>HOURS</u>	
I.	ORIENTATION AND OBSERVATION		
	Techniques of the trade (familiarization with forms, reports and accounting principles).		
	Observation of operation and orientation to construction and clerical administration.		
П.	ACTUAL OPERATIONS		
	<ul> <li>Use of personal computers, working in DOS and Windows, word processing and spreadsheet programs for Windows, including Wordperfect, MS Words, Excel and Lotus1-2-3.</li> </ul>	120	
	b. Training and use of Mainframe computer and "Concord: payroll System.	20	
	c. Payroll extensions, deductions, benefits and other computations.	60	
	<ul> <li>d. Posting records, filing, payroll reports, contribution reports for various crafts,</li> </ul>	80	
	e. Labor contract rates, classification and special conditions.	20	
•	f. Material invoices, vouchers, checks, accounts payable, job cost reports, daily and accident reports.	60	
•	g. Specialized computer applications: word processing, spreadsheets and payroll entries.	<u>120</u>	
		560	
CONTRACTO	OD SIGNATURE DATE CANDIDATE SIGNATURE	DATE	

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION ASSISTANT CLERK/COMPUTER OPERATOR TRAINING GUIDELINE

PROGRAM H	OURS: 860	
MINIMUM A	VAILABLE HOURS:	
	be conducted and/or supervised by an office supervisor on a dorogram will include the following areas of work exposure, familia training.	•
CATEGORIES		<u>HOURS</u>
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (familiarization with forms reports and accounting principles)	80
	Observation of operations and orientation to construction and clerical administration.	
II.	ACTUAL OPERATIONS	
	a. Payroll extension, deductions, benefits and other computations	100
	<ul> <li>Posting records, filing, payroll reports, contribution reports for various crafts</li> </ul>	100
	c. Labor contract rates, classifications and special conditions.	40
	d. Material invoices, vouchers, checks, accounts payable, job cost reports, daily and accident reports	60
	e. Personnel records	40
	f. Computer Orientation (Introduction to DOS-general computer operation)	100
	g. Specialized computer applications	340
	<ol> <li>Word Processing</li> <li>Lotus 1-2-3 or <u>similar</u> program</li> <li>Payroll entry</li> <li>Invoices entry</li> </ol>	860
CONTRACTO	R SIGNATURE DATE CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION ASSISTANT OFFICE MANAGER TRAINING GUIDELINE

PROGRAM H	OURS: 1000	
MINIMUM AV	VAILABLE HOURS:	
	be conducted by management personnel. The training will include as of work exposure, familiarization and on-the-job training.	le the
CATEGORIES	3	<u>HOURS</u>
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (familiarization with forms/reports)	60
II.	ACTUAL OPERATION	
	<ul> <li>Payroll extensions, deductions, benefits and other computation.</li> </ul>	180
	b. Timesheet preparation for computer	180
,	c. Equipment records, rental rates, fuel used	260
	d. Engineering cost reports, coordinate subcontractors	130
	e. Concrete calculations on quantity takeoffs	100
III.	ASSISTANT EQUAL EMPLOYMENT OPPORTUNITY OFFICE DESIGNATION:	
	a. Familiarization with NJDOT R.E. Checklist	40
	b. Review of EEO, DBE and Training Date Due Chart	20
	c. Familiarization with Corporate EEO Policy/Procedures	30 1000

DATE

CONTRACTOR SIGNATURE

CANDIDATE SIGNATURE DATE

### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION ENGINEERING CLERK TRAINING GUIDELINE

PROGRAM I	HOURS: 460			
MINIMUM A	VAILABLE HOUR	S:		
	program will include		y an office supervisor on areas of work exposure,	
CATEGORIE	<u>ES</u>			HOURS
I.	ORIENTATION AN	D OBSERVAT	ION	
	Observation of opera And reports	tions and famili	arization with forms	40
II.	ACTUAL OPERATI	ION		
	a. Job specification	s, drawings, ma	terials	100
	b. Engineering term	ns, administrativ	e procedures and daily report	s 160
	c. Engineering cost	reports		80
	d. Scheduling			80 460
		,		
CONTRACTO	OR SIGNATURE	DATE	CANDIDATE SIGNATI	URE DATE

## NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION EQUIPMENT CLERK TRAINING GUIDELINE

PROGRAM H	OURS: 400	
MINIMUM A	VAILABLE HOURS:	
	be conducted and/or supervised by an office supervisor on a daily brogram will include the following areas of work exposure, familiar training.	
CATEGORIES	<u>I</u>	HOURS
I.	ORIENTATION AND OBSERVATION	
	Techniques of the trade (familiarization with forms and reports, nomenclature of equipment)	80
	Observation of operations and orientation to construction and clerical administration.	
II.	ACTUAL OPERATIONS	
	a. Equipment records, rental rates, fuel used	160
	b. Repair operations maintenance, parts ordering	160
	c. Dispatching	<u>60</u> 460
CONTRACTO	OR SIGNATURE DATE CANDIDATE SIGNATURE	DATE

#### NJDOT DIVISION OF CIVIL RIGHTS AND AFFIRMATIVE ACTION TIMEKEEPER TRAINING GUIDELINE

PROGRAM I	HOURS: 480	
MINIMUM A	AVAILABLE HOURS:	
•	Il be conducted and/or supervised by an office supervisor of program will include the following areas of work exposure ob training.	•
CATEGORIE	<u>es</u>	HOURS
I.	ORIENTATION AND OBSERVATION	*
e	Techniques of the trade (familiarization with forms and reports)	80
	Observation of operations and orientation to construction and clerical administration.	
II.	ACTUAL OPERATION	
a <u>b</u>	a. Timekeeping methods and application	190
	b. Accident and emergency procedures	30
	c. Basis knowledge of pay rates, hours and skill classifications	100
	d. General clerical duties: filing, typing, etc.	<u>80</u> 480
res La <sup>n</sup> to		400
		96 V Pi
CONTRACT	OR SIGNATURE DATE CANDIDATE SIGNA	TURE DATE