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[www.njdot.nj.gov/commuter/bike](http://www.njdot.nj.gov/commuter/bike)

## Explore the Jersey Shore by Bicycle



### Asbury Park

Asbury Park is a Jersey Shore icon with a famed music history. Its boardwalk and downtown feature galleries, museums, restaurants, antique shops, clothing boutiques, and entertainment. The Convention Hall and Paramount Theatre, both on the National Register of Historic Places, are the site of many legendary performances. No trip is complete without a visit to the Stone Pony – the famous venue where Bruce Springsteen and many other music giants have played.

### Long Branch Historical Museum/Garfield Tea House, Long Branch

President James Garfield was transported from Washington D.C. to Long Branch to recover from an assassin's ultimately fatal gunshot wound in 1881. After his death, the Garfield Tea House was built from the railroad ties used to lay the emergency track that transported him to the cottage where he died. Long Branch Historical Museum, aptly nicknamed "Church of the Presidents" for the seven presidents who worshipped here, features relics associated with the early history of Long Branch, its Gilded Age, and the associated presidents. For more information visit: [www.churchofthepresidents.org](http://www.churchofthepresidents.org).

### Pier Village, Long Branch Township

This Victorian-inspired mixed-use residential community, located on the beach in Long Branch, features 30 unique shops, restaurants, and spectacular views of the Atlantic Ocean.

### Gateway National Recreation Area, Sandy Hook, Highlands

Sandy Hook, the 7-mile peninsula extending into lower New York Harbor, features historical attractions including the decommissioned Fort Hancock and the iconic Sandy Hook Lighthouse, the oldest working lighthouse in the United States. Within the park, a shared-use path runs adjacent to the beach, through a holly forest, and along a salt marsh. Stop by the Visitor Center to find out more about Sandy Hook's diverse attractions, activities, and special events.



### National Guard Museum of New Jersey at the National Guard Training Center, Sea Girt

With the mission to preserve and explain the military heritage of New Jersey and enhance public understanding of how armed conflicts and military institutions have shaped the state and nation, this museum curates and displays artifacts significant to the Army National Guard, Air National Guard, and the Naval Militia of New Jersey. General admission is free. For more information contact 732-974-5966.

### Sea Girt Lighthouse, Sea Girt

First illuminated in December 1896 to safeguard the coastline between Sandy Hook and Barnegat Inlet, this historic lighthouse remained in operation until the 1950s. The pinnacle of the lighthouse offers magnificent panoramic views of the Atlantic Ocean. Tours run Sundays, 2-4 p.m., except holiday weekends, from early May through the Sunday before Thanksgiving. For full schedule, call 732-974-0514.

### Belmar Beach and Boardwalk, Belmar Borough

Belmar's boardwalk and beach is located along Ocean Avenue and extends over a mile from First to Twentieth Avenue. This popular stretch of beach offers attractions including shops, eateries, entertainment, and water sports such as sailing, boating, parasailing, wind-surfing, and kite sailing. The boardwalk is the perfect place to walk, jog, cycle, or relax and enjoy the atmosphere. Interpretive signs describe the plants and birds nearby.

### Ocean Grove, Neptune Township

Because of its high beach, thick groves of pine, cedar, and hickory, lack of mosquitoes, and proximity to the sea, Ocean Grove was first settled as a camp meeting site for religious services. Today, attractions include renowned Victorian residential architecture and the Great Auditorium, built in 1894 and regarded as the most impressive enclosed auditorium in the state.

## General Tips

### Plan ahead.

Read the route directions before beginning the ride.

### Obey safety laws.

Obey all rules of the road! Keep right; ride with traffic, not against it. Obey all traffic signs and signals. In New Jersey, a bicyclist has the same rights and responsibilities as a motor vehicle driver.

### Use signals.

Show your intention clearly when turning and changing lanes.

### Helmet Law.

In New Jersey, anyone under 17 years of age that rides a bicycle or is a passenger on a bicycle, or is towed by a bicycle must wear a safety helmet.



### Share the road/trail.

Be aware of and respect the rights and safety of other road and trail users, especially children, pedestrians, and joggers.

### Be aware of road conditions.

The NJDOT does not guarantee that the route is completely free from conditions that may be a hazard to bicycle traffic and takes no responsibility for the safety and fitness of the user and suggested route. In preparing this route, every attempt has been made to select roads that can provide a quality bicycle touring experience. However, road conditions continually change: pavements deteriorate, roads are resurfaced, more development leads to increased traffic. Conditions listed in this route were effective at publishing.

### Be aware of traffic patterns.

Plan trips to avoid peak traffic hours. This route generally utilizes low traffic volume roads. However, be careful if you bicycle during peak commuter traffic times or shore seasonal traffic times.

## Attractions

Besides the white sand beaches and people-filled boardwalks, visitors can experience great food, shopping, antiquing, historic sites, natural areas, and astounding architecture in these shore communities. A few of the many attractions are highlighted below.



### Traders Cove Marina & Park, Brick Township

This 11.5-acre municipal park with spectacular bay views features a public boat ramp, a travel lift, a walking path, picnic benches, parking facilities, landscaping, and a new ADA-compliant playground believed to be the largest boundless playground on the Barnegat Bay. It also provides easy access to the recently reopened F and T Coves, which are managed by the United States Fish and Wildlife Service.

### Mantoloking Bridge County Park and Fishing Pier, Brick Township

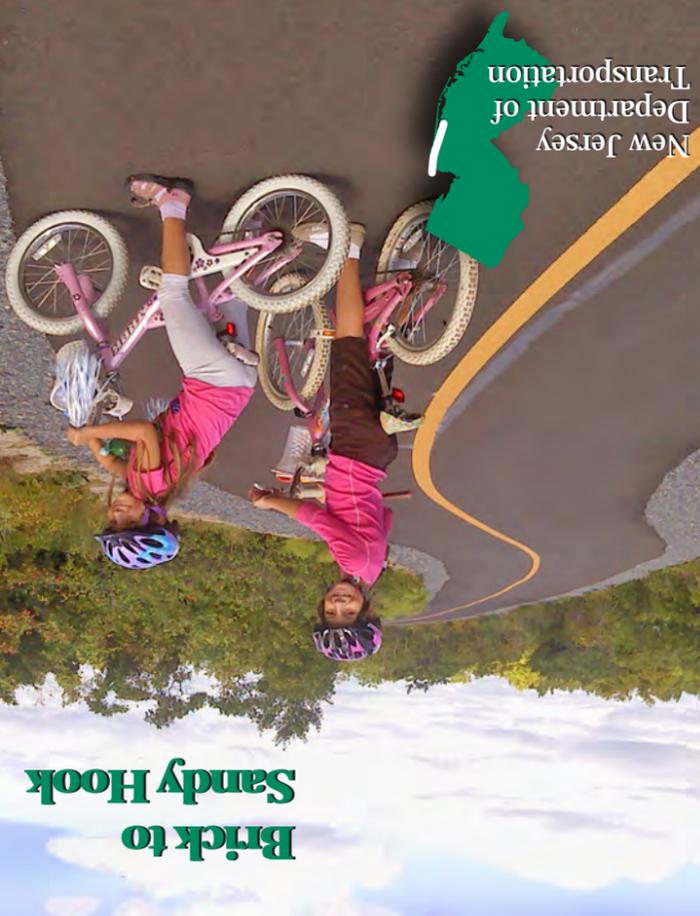
This recently renovated county park, adjacent to Traders Cove Marina & Park, provides a recreational area on the Brick side of Mantoloking Bridge. Appealing to those looking to fish, crab, or sightsee, the park features a 70-foot fishing and crabbing pier, a boardwalk, picnic area, sun shade, gazebo, indoor bathrooms, and lighted paths.

### Jenkinson's Boardwalk, Point Pleasant Beach Borough

A visit to Jenkinson's Boardwalk in Point Pleasant Beach is a Jersey Shore must! Visitors of all ages can take part in the action along this bustling boardwalk, with activities including an amusement park, arcade games, an aquarium, sweet shops, and a nightclub.

### Loughran Point Park, Point Pleasant Beach Borough

Located along the Manasquan Inlet, the northern tip of the intercoastal waterway, Loughran Point Park is a popular spot for fishermen and boaters. Activities include fishing, crabbing, and picnicking. This park also features a fisherman's memorial to honor those who were lost at sea.



New Jersey Department of Transportation

## Brick to Sandy Hook

## Explore the Jersey Shore by Bicycle

## Brick to Sandy Hook

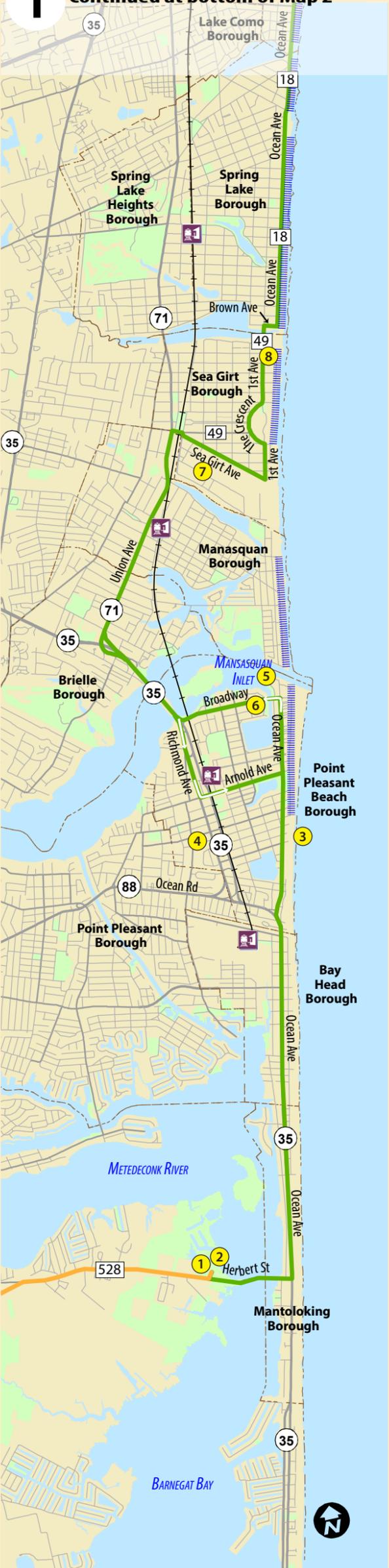
This 36-mile ride starts at the Mantoloking Bridge County Park in Brick Township and ends in the Sandy Hook Gateway National Recreation Area in Highlands. Whether daytripping or staying for an extended period, you can spend your time sunbathing on one of the many beaches, swimming in the ocean, fishing in the bay, or visiting the many restaurants, galleries, shops, and music venues sprinkled throughout the region.

The terrain is mostly flat, except for the bridges which offer excellent views along the Jersey Shore waterways. Free parking and indoor bathrooms are available at the start and end points of this ride.



# Explore the Jersey Shore by Bicycle: Brick to Sandy Hook

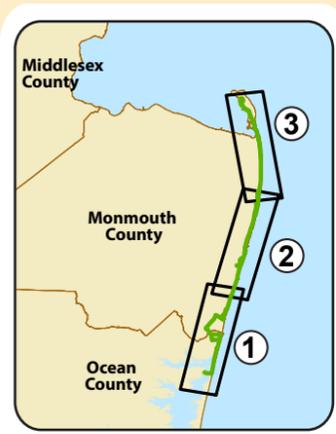
## 1 Continued at bottom of Map 2



## 2 Continued at bottom of Map 3



## 3



**Location Map**  
**Total Ride Distance**  
**36 miles**

### Legend

- Brick to Sandy Hook
- Tuckerton to Brick
- Boardwalk
- Shared Use Path
- Municipal Border
- Rail Stop
- Ferry Service
- Parking
- Park/ Wildlife Management Area
- Boardwalk Option (Pedestrians only; Walk your bike after 9 AM)

Other NJDOT Tour Guides  
 The North Shore & More

### Attractions

- 1 Traders Cove Marina and Park
- 2 Mantoloking Bridge County Park and Fishing Pier
- 3 Jenkinson's Boardwalk
- 4 Antique Emporium
- 5 Loughran Point Park
- 6 The River Belle
- 7 The National Guard Museum of New Jersey
- 8 Sea Girt Lighthouse
- 9 Belmar Beach and Boardwalk
- 10 Bradley Beach Miniature Golf
- 11 Ocean Grove
- 12 Asbury Park
- 13 Long Branch Historical Museum/ Garfield Tea House
- 14 Pier Village
- 15 Seven Presidents Oceanfront Park
- 16 Monmouth Beach Cultural Center
- 17 Twin Lights State Historic Site
- 18 Gateway National Recreation Area, Sandy Hook
- 19 Sandy Hook Lighthouse

**Boardwalk reconstruction underway in several areas throughout 2013.**

**Check local rules and restrictions for bicycle riding on boardwalks.**

Continued at top of Map 1

Continued at top of Map 2

The State of New Jersey has published this map to aid the cyclist and takes no responsibility for user's safety or fitness of the suggested routes. Ride carefully. This map illustrates the route and should be used for general wayfinding purposes.

Map by The RBA Group