



By Navya Menon, Workforce Engagement Unit Intern

In 1973, the U.S. Congress designated August 26 as “Women’s Equality Day”. Since then, this day has served as an annual reminder of the fight for women’s equal voting rights. August 26 was chosen to honor the 1920 passing of the 19th Amendment to the Constitution, which granted women the right to vote nationally. This day marks this crucial step in women’s rights and history, but it also highlights the on-going struggle for equality that remains prevalent in today’s society. Gender disparities continue to create barriers for women, such as issues with pay equity, violence against women, and access to leadership roles. This Women’s Equality Day, it is essential to honor history and continue advocating for equality. Here are some ways to get involved:

- **Attend A Women’s Equality Day Festival:** Enjoy festivals based around women’s equality and that include women- vendors and encourage involvement.
- **Educate Yourself and Others:** Learn about the history of the women’s rights movement and how it applies to today’s world and share this knowledge with others.
- **Support Women-Owned Businesses:** Women-run businesses often face discrimination and challenges. As a community, it is important to support these businesses to promote women in leadership positions.

- **Support Women's Shelters:** Donate items from your local women's shelter's wish list to provide resources to women in need.
- **Volunteer:** Volunteer at local nonprofits focused on women's rights to directly support their mission..
- **Mentor:** Sign up for a mentoring program to help mentees advance and succeed in the world.