# <u>State Health Benefits Program</u> <u>Plan Design Committee</u> <u>Open Session Minutes: October 31, 2018</u>

Adequate notice of this meeting was provided and filed with and prominently posted in the offices of the Secretary of State. The notice was mailed to the Secretary of State, Star Ledger and the Trenton Times on September 6, 2018.

The meeting of the State Health Benefits Program Plan Design Committee of New Jersey was called to order on Wednesday, October 31, 2018 at 1:00 p.m. The meeting was held at the Division of Pensions and Benefits, 50 West State St, in Trenton.

The text of Resolution B (Executive Session) – was read in its entirety in the event that the Committee desires, at any point in the meeting, to approve a motion to go into closed session.

Acting Secretary Ludwig took Roll Call and established that a quorum was present.

### Roll Call

### Committee Members:

Justin Zimmerman, Chief of Staff, Department of Banking and Insurance Dini Ajmani, Assistant Treasurer Jennifer Keyes-Maloney, Assistant Treasurer (Chair) Tennille McCoy, Governor Appointee Michael Zaynor, NJSTFA Kevin Lyons, NJ State PBA Robert Little, AFSCME Department of Research Patrick Nowlan, AAUP – AFT (Chair) David Ridolfino, Director, Office of Management and Budget Hetty Rosenstein, New Jersey Area Director, CWA/District 1 Abdur R. Yasin, NJ FMBA <u>Absent</u> Chigozie Onyema, Department of Community Affairs

# PDC Meeting Minutes

Committee Member Ridolfino made a motion to approve the minutes from the September 11, 2018 and June 22, 2018 meetings. Co-Chair Nowlan seconded the motion and all voted in favor.

# New CDT Codes

Kim Ward and Ian Carucci of Aetna presented the 2019 Dental Code changes as provided by the American Dental Association. Co-Chair Nowlan made a motion to approve the new CDT codes, Committee Member Lyons seconded the motion and all voted in favor.

# 2019 PDC Dates

Committee Member Zaynor made a motion to approve the 2019 SHBP PDC meeting dates. Committee Member Ridolfino seconded the motion and all voted in favour.

# Aetna Presentation/Overview of Medicare Advantage Transition

Kim Ward of Aetna presented a brief overview of the transition into the Medicare Advantage plan. Aetna has held or scheduled approximately 46 meetings for plan members to explain the changes. The meetings were mostly in New Jersey, but there have been meetings in key states (Florida, North Carolina & South Carolina). The Committee received copies of the information packages that were mailed to members. Ms. Ward discussed key questions on the transition from Horizon to Aetna and the network, explaining that as long as the physician accepts Medicare and is willing to bill Aetna, the member can see that physician as part of the network. Ms. Ward stated that is members are having problems with the physician, the member should call Aetna and let Aetna reach out to the physician. Co-Chair Nowlan requested a call with the NJDPB and Aetna to discuss any specific issues that the union members encounter regarding the transition.

### Discussion/Overview Regarding Mental and Behavioral Health Coverage

Susanne Kunis, Alison Montague, and Dave Perry from Horizon presented on the mental health and behavioural health benefits available to members. They noted some of the challenge in behavioural health in New Jersey are the diverse group of organizations providing services and that physical and behavioural health are not integrated. There are challenges in reimbursement structures, and suggested moving towards a value based payment. They also noted that there are access and capacity challenges. Ms. Kunis and Ms. Montague noted the benefits of involving primary care physicians in the behavioural health Committee Member Rosenstein raised concerns that reimbursement levels are too low. process. Committee Member Zaynor echoed those concerns, and raised additional concerns about access to services for members in crisis when the mental health issue is not related to substance abuse. Committee Member Rosenstein also noted that the plan's population has high exposure to trauma and there should be consideration of specializing to the population's needs. Co-Chair Keyes-Maloney suggested the creation of a sub-group to examine the SHBP population's challenges in behavioural health. Co-Chair Nowlan made a motion to create a working group of no more than six PDC members with an NJDBP staff member and a representative from Aetna and Horizon to work on behavioural health issues. Committee Member Lyons seconded the motion, all voted in favor. Co-Chair Keyes-Maloney and Committee Members Zaynor, Lyons, Rosenstein, McCoy, Zimmerman volunteered to serve as part of the working group.

#### New Business

Co-Chair Nowlan requested a presentation from R-Health and Paladina on the DPCMH program.

Co-Chair Keyes-Maloney suggested a presentation on Reference Based Pricing, an area the PDC might want to consider. Committee Members Yasin and Lyons requested discussion of NJWell at the next meeting, specifically the possibilities of offering a gym membership discount or incentive and opening the program to retirees.

### Adjournment

Co-Chair Nowlan made a motion to adjourn the meeting, Committee Member McCoy seconded the motion and all voted in favor. The SHBP-PDC meeting adjourned at 3:25pm.

Respectfully Submitted,

Jusi Ludwig

Nicole Ludwig Acting Secretary, SHBP-PDC