Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services New Jersey School Employees' Health Benefits Program: Aetna Freedom 1525 (SEHBP)

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-609-292-7524 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$100 person/\$250 family for out of network services only.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. Emergency care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	In-network coinsurance limit \$400 person/ \$1,000 family; Active employee medical out of pocket limit \$6,320 person/\$12,640 family. Retiree medical out-of-pocket limit \$6,489 person/\$12,978 family. Out-of-network providers \$2,000 person/\$5,000 family.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.aetna.com/docfind or call 1-877-STATENJ for a list of <u>network p</u> roviders.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's n</u> etwork. You will pay the most if you use an <u>out-of-network p</u> rovider, and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge and what your plan pays (balance billing)</u> . Be aware, your <u>network provider might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>r</u> eferral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.				
Common Medical Event	Services You May Need	What You Will PayNetwork ProviderOut-of-Network Provider(You will pay the least)(You will pay the most)		Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$15 copay/visit	30% coinsurance after deductible	none
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$25 copay/visit	30% coinsurance after deductible	Chiropractic care is limited to 30 visits combined per calendar year.
or chine	Preventive care/screening/ immunization	No Charge	Not Covered	One routine physical per calendar year.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	30% coinsurance after deductible	none
II you have a test	Imaging (CT/PET scans, MRIs)	No Charge	30% coinsurance after deductible	Requires pre-approval
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.[insert].com	Generic drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none
	Preferred brand drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none
	Non-preferred brand drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none
	Specialty drugs	See separate Prescription Drug Plan SBC	See separate Prescription Drug Plan SBC	none
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	30% coinsurance after deductible	none
	Physician/surgeon fees	No Charge	30% coinsurance after deductible	none
If you need immediate medical attention	Emergency room care	\$75 copay/visit	\$75 copay/visit	Payment at the in-network level applies only to true Medical Emergencies & Accidental Injuries.
	Emergency medical transportation	10% coinsurance	30% coinsurance after deductible	Limited to local emergency transport to the nearest facility equipped to treat the emergency condition.

[* For more information about limitations and exceptions, see the plan or policy document at www.state.nj.us/treasury/pensions/health-benefits.shtml or by 2 of 6 calling 1-609-292-7524.]

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Coverage Period: 01/01/2019 – 12/31/2019 Coverage for: All Coverage Types | Plan Type: PPO

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Urgent care	\$25 copay/visit	30% coinsurance after deductible	none	
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	30% coinsurance after deductible	Requires pre-approval. There is a separate \$200 deductible per inpatient stay for out-of-network facilities.	
stay	Physician/surgeon fees	No Charge	30% coinsurance after deductible	Requires pre-approval.	
If you need mental health, behavioral	Outpatient services	\$25 copay/visit	30% coinsurance after deductible	Some specialty outpatient services require pre- approval. Inpatient services require pre-approval.	
health, or substance abuse services	Inpatient services	No Charge	30% coinsurance after deductible	There is a separate \$200 deductible per inpatient stay for out-of-network facilities.	
	Office visits	\$25 copay/visit	30% coinsurance after deductible	Copayment applies to initial visit only.	
If you are pregnant	Childbirth/delivery professional services	No Charge	30% coinsurance after deductible	Requires pre-approval. There is a separate \$200	
	Childbirth/delivery facility services	No Charge	30% coinsurance after deductible	deductible per inpatient stay for out-of-network facilities.	
	Home health care	No Charge	30% coinsurance after deductible	Requires pre-approval.	
If you need help recovering or have other special health needs	Rehabilitation services	\$25 copay/visit	30% coinsurance after deductible	Requires pre-approval.	
	Habilitation services	\$25 copay/visit	30% coinsurance after deductible	Requires pre-approval.	
	Skilled nursing care	No Charge	30% coinsurance after deductible	Requires pre-approval. Limited to 120 days in-network and 60 out-of-network facility days for a combined maximum of 120 days per calendar year. There is a separate \$200 deductible per inpatient stay for out-of-network facilities.	

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Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	ovider Information	
	Durable medical equipment	10% coinsurance	30% coinsurance after deductible	Requires pre-approval for all rentals and some purchases.	
	Hospice services	No Charge	30% coinsurance after deductible	Requires pre-approval. There is a separate \$200 deductible per inpatient stay for out-of-network facilities.	
If your child needs	Children's eye exam	\$25 copay/visit	Not covered	Limited to one exam every calendar year.	
	Children's glasses	Not covered	Not covered	none	
	Children's dental check-up	Not covered	Not covered	none	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <u>excluded services</u> .)			
Cosmetic Surgery	Long term care	Routine foot care	
Dental Care (Adult)	Private Duty Nursing (Inpatient)	Weight loss programs	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Acupuncture (Pain Management Only)	 Hearing aids (Only for members age 15 or younger, maximums apply 	Routine eye care (Adult)	
Bariatric Surgery (requires pre-approval)	Infertility treatment (requires pre-approval)	 Non- emergency care when traveling outside of the U.S. (subject to deductible/coinsurance and balance billing) 	
Chiropractic Care (limited to 30 visits per calendar year)			

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-877-STATENJ (1-877-782-8365). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

[* For more information about limitations and exceptions, see the plan or policy document at www.state.nj.us/treasury/pensions/health-benefits.shtml or by 4 of 6 calling 1-609-292-7524.]

Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services New Jersey School Employees' Health Benefits Program: Aetna Freedom 1525 (SEHBP)

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Aetna at 1-877-782-8365. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebda/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The plan's overall deductible Specialist copayment Hospital (facility) coinsurance Other coinsurance 10% 		■ <u>Specialist</u> copayment \$25 ■ <u>Specialist</u> copayment		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> copayment Hospital (facility) coinsurance Other coinsurance 	\$0 \$25 0% 10%
This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes services like: Primary care physician office visits (<i>including</i> <i>disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)		This EXAMPLE event includes services like: Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i>	
Total Example Cost	\$12,731	Total Example Cost	\$7,389	Total Example Cost	\$1,925
In this example, Peg would pay:		In this example, Joe would pay: Cost Sharing		In this example, Mia would pay: Cost Sharing	
Cost Sharing Deductibles	\$0	Deductibles \$0		Deductibles	\$0
Copayments	\$400	Copayments \$200		Copayments	\$200
Coinsurance	\$0	Coinsurance \$0		Coinsurance	\$80
What isn't covered		What isn't covered		What isn't covered	

What isn't covered	What isn't covered	
Limits or exclusions \$10		Limits or exclusions
The total Peg would pay is	\$500	The total Joe would pay is

Please note that some of the Limits or Exclusions listed above may be covered under the Prescription Plan.

\$0

\$280

The plan would be responsible for the other costs of these EXAMPLE covered services.

\$6,000

\$6,200

Limits or exclusions

The total Mia would pay is