



Back Health

If you have back pain, you're not alone, as it is a common health complaint. During this session, we'll cover how you can protect your back and assess current injuries.

Back Health
Wednesday, August 10
12 p.m. - 1 p.m.

Register Now

Space is limited.

Questions?

Horizon Health Guide has the Answers. Call 1-800-414-SHBP (7427).

