



Using Communication to Improve Connectedness

Connecting with others in a meaningful way can improve our mood and make us more productive. Discover how to enhance your personal and professional relationships through communication and curiosity in this webinar.

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Friday, July 22

1 p.m. - 2 p.m.

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Space is limited.

Need Help Getting Care?

Call a Horizon Health Guide at 1-800-414-SHBP (7427).

