



Healthy Social Media Practices

Improve your relationship with social media by exploring the benefits, potential risks, and how to navigate it more responsibly.

Healthy Social Media Practices

Tuesday, July 7

1 p.m. - 2 p.m.

[Register Now](#)

Space is limited.

Questions?

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

