



Wellness Webinar

Organic Foods and GMOs

Join us for an in-depth discussion of organic and genetically modified foods

We all want to eat food that is natural, healthy, and free from chemicals and harmful substances. But do labels saying our food is organic or non-GMO guarantee that they are good for us? During this webinar, we will define organic and GMO, and look at how antibiotics, hormones and pesticides end up in our food.

Register now for this webinar.

This wellness webinar is specifically designed for our State Health Benefits Program/School Employees' Health Benefits Program members, so register with your work email. An email confirmation with instructions for joining the session will be sent upon registration. Space is limited.

If you are not able to access the registration link above, please copy and paste this address into your browser:

<https://horizonsalestraining.webex.com/horizonsalestraining/onstage/g.php?MTID=eb703d41839615ca74d314ff78fd79d5d>

**Horizon BCBSNJ
Wellness Webinar**

**Organic Foods
and GMOs**

**September 16, 2020
12 p.m., Eastern Time**

**We want you to have the information you need to manage your health. Our wellness webinars provide general information.
Talk with your doctor about specific questions you may have about your health.**



NJWELL is an incentive-based wellness program offered to eligible employees and their covered spouses who participate in the SHBP/SEHBP. More details can be found on nj.gov/njwell/.

Once you register for this session, you may receive future emails from Horizon Blue Cross Blue Shield of New Jersey.

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