



Virtual Yoga Class

Join a beginner yoga class
led by a certified instructor.
Bring a mat, towel, and water
for stretches and wellness!

Virtual Yoga Class
Tuesday, August 19
1 p.m. - 2 p.m.

Register Now

Space is limited.

Questions?

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

