



How to Create a Vision Board and Achieve Your Goals

Join us for this interactive session led by Presenter Keny Moon, Tantric therapist, Master Reiki healer, yoga, mindfulness and meditation instructor, and breathing coach, that will guide you in the creation of a powerful vision board to help achieve your dreams in the new year.

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Tuesday, January 23

1 p.m. - 2 p.m.

[Register Now](#)

Space is limited.

Questions?

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

