



Zumba / Latin Dance

Enjoy this upbeat, movement-focused class with Zumba Instructor Aryan Demaret, where you will have fun while increasing cardio endurance and burning major calories!

Please talk to your doctor before beginning an exercise program.

Zumba / Latin Dance
Wednesday, March 22
5:30 p.m. - 6:30 p.m.

Register Now

Space is limited.

Questions?

Member Services Has the Answers. Call 1-800-414-SHBP (7427).

