Get Your Flu Shot
this cold and flu season!
Stay healthy!
You can call the 24/7 Nurse Line with questions on any health topic, like:

- Flu and cold symptoms
- Fever, headache and sore throat
- Injuries, sprains or sore muscles
- Understanding your lab results
- Questions about prescription or over-the-counter medicines
- Questions about chronic conditions, such as asthma, diabetes or high blood pressure
- Preventive care

A registered nurse will answer your questions and help you understand if your symptoms need urgent medical care or if you can safely wait to see your doctor. Depending on your situation, nurses may even provide self-care tips so you can feel better faster.

You’ll get safe, reliable answers every time you call. You can speak to a registered nurse by calling 1-866-901-7477.

If you have hearing or speech difficulties, please call the TTY/TDD line at 711 to connect with a registered nurse. If you’re having a medical emergency, call 911 or your local emergency services number right away.

The 24/7 Nurse Line is not a substitute for your doctor’s care. Nurses cannot provide a diagnosis over the phone, but they can provide information so you can decide what to do next.

For benefits and coverage questions, you can send Horizon BCBSNJ your questions using our secure email or chat with a Member Services Representative once signed in to Member Online Services, or call the Member Services number on the back of your member ID card.

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Spanish (Español): Para ayuda en español, llame al 1-866-901-7477.

Chinese (中文): 如需中文協助，請致電 1-866-901-7477.