



# Protect yourself from the flu

At Everside Health



**Let's keep ourselves - and our loved ones - healthy this flu season!** The best way to do that? Maintain good hygiene habits, wash your hands regularly, cover your mouth when you cough, and, most importantly, get your annual flu shot.

## Call to schedule your flu shot appointment

**Cherry Hill, NJ**  
856-528-4323

**Hamilton , NJ**  
609-528-2144

**Voorhees, NJ**  
856-644-6428

**Clifton, NJ**  
973-321-9884

**Jersey City, NJ**  
973-685-5809

**West Orange, NJ**  
973-793-8006

**Ewing, NJ**  
609-498-7670

**New Brunswick, NJ**  
732-253-4402

**Willingboro, NJ**  
609-534-4545

**Fair Lawn, NJ**  
201-484-7505

**Toms River, NJ**  
732-889-2700

**Beat the flu this season and protect yourself and others with the flu shot.** Flu shot appointments are now available for scheduling through the Everside Health portal or mobile app today.

To schedule an appointment, call your health center or visit [eversidehealth.com/newjersey](https://eversidehealth.com/newjersey)

