

# Wellness Webinar: Flu, Pneumonia and Winter-Illness Prevention



## Flu season is right around the corner.

That's why now is the time to start preparing – before the sniffles, chills and muscle aches set in. In our next webinar, we'll discuss the myths and facts about vaccines, what you can do to protect yourself from germs and when it's time to reach out to your doctor. Please join us!

### [Register now](#) for this webinar.

This webinar series is specifically designed for our corporate group members, so please register with your work email. Once we receive your registration, we will send you a confirmation email with instructions for joining the webinar. Space is limited.

*If you are not able to access the registration link above, please copy and paste this address into your browser:*

<https://horizonsalestraining.webex.com/horizonsalestraining/onstage/g.php?MTID=e853de78586f220fb93e2a3861614a8b5>

Horizon BCBSNJ  
Wellness Webinar  
Flu, Pneumonia and  
Winter-Illness  
Prevention  
September 11, 2019  
12 p.m., Eastern Time

**Our Wellness Webinars are for general informational purposes. Horizon BCBSNJ wants to help you get the information you need to manage your health. Talk with your doctor about specific questions you may have about your health.**

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