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September 2025

TO: State Biweekly and State Monthly Certifying Officers, Human Resource Directors, and Benefits Administrators

FROM: New Jersey Division of Pensions & Benefits (NJDPB)

SUBJECT: Plan Year 2026 State Health Benefits Program (SHBP) Open Enrollment

The State Health Benefits Program (SHBP) Open Enrollment period for State Biweekly and State Monthly employees begins on October 1, 2025, and ends on October 31, 2025.

Open Enrollment is the opportunity for employees to make changes (adding or deleting dependents, changing coverage levels, etc.) or enroll in a different medical or dental plan. All changes to coverage made during this Open Enrollment period will be effective on December 27, 2025, for State Biweekly employees, and January 1, 2026, for all other employees.

ONLINE ENROLLMENT THROUGH MYNJbenefitSHUB

All health benefit elections must be submitted online through mynjbenefitshub which can be accessed via the myNewJersey account portal or via mynjbenefitshub.nj.gov. Employees should log in to review their Benefits Summary for accuracy even if they are not making any changes during the Open Enrollment period. Also, it is essential that we have accurate mailing and email addresses on file so members can receive important information.

Employees will have until October 31, 2025, to submit their elections and upload new dependent documentation through mynjbenefitshub. Enrollments that require documentation (e.g., adding a new dependent), must be certified by the employer **no later** than November 14, 2025, to ensure processing for the start of the 2026 plan year. Members making a plan change only will not require certification.

MEDICAL PLANS

The medical plans available to State employees for Plan Year 2026 are:

- **PPO Plans:** Aetna Freedom/Freedom 2019* or Horizon NJ DIRECT/NJ DIRECT 2019*; Aetna CWA Unity Freedom/CWA Unity Freedom 2019** or Horizon CWA Unity DIRECT/CWA Unity DIRECT 2019**; Aetna Freedom 15 or Horizon NJ DIRECT15; Aetna Freedom 1525 or Horizon NJ DIRECT1525; Aetna Freedom 2030 or Horizon NJ DIRECT2030; Aetna Freedom 2035 or Horizon NJ DIRECT2035
- **HMO Plan:** Aetna HMO or Horizon HMO
- **Tiered-Network Plan:** Aetna Liberty Plus or Horizon OMNIA
- **High Deductible Health Plans:** Aetna Freedom HDHigh or Horizon NJ DIRECT HDHigh; Aetna Freedom HDLow or Horizon NJ DIRECT HDLow

**Members hired prior to July 1, 2019, will be enrolled in Aetna Freedom or Horizon NJ DIRECT. Members hired after July 1, 2019, will be enrolled in Aetna Freedom 2019 or Horizon NJ DIRECT 2019.*

***For CWA members only. Members hired prior to July 1, 2019, will be enrolled in Aetna CWA Unity Freedom or Horizon CWA Unity DIRECT. Members hired after July 1, 2019, will be enrolled in Aetna CWA Unity Freedom 2019 or Horizon CWA Unity DIRECT 2019.*

Medical plan and prescription drug plan rates for 2026 were approved by the State Health Benefits Commission. Rate charts will be posted to the NJDPB website at: <https://www.nj.gov/treasury/pensions/hb-active-shbp.shtml>

INCENTIVE PROGRAM FOR THE TIERED NETWORK PLAN

The Incentive Program for Aetna Liberty Plus and Horizon OMNIA is available to State employees. The program offers a financial incentive of \$1,000 to first-time enrollees who remain enrolled for one year for all coverage levels (i.e., Single, Member and Spouse, Parent and Child, or Family coverage). The incentive shall be forfeited and returned to the SHBP if the subscriber fails to remain enrolled in the Tiered-Network Plan for at least one plan year. This program does not extend to children over the age of 26 or COBRA members. For more information regarding this incentive, members may visit <https://www.nj.gov/treasury/pensions/tiered-network.shtml>

TYPE AND LEVEL OF COVERAGE

Members will not be able to select different levels of Medical and Prescription Plan Coverage. For example, a member may not elect to have Single Medical coverage and Member/Spouse Prescription coverage. The level of coverage must be the same for both plans.

WAIVING SHBP COVERAGE

State employees may choose to waive SHBP medical and prescription coverage either during the annual Open Enrollment period or at any time during the year. This waiver must be submitted through mynjbenefitshub. Employees who have previously waived coverage do not need to submit a new waiver each Open Enrollment period.

VIRTUAL BENEFITS FAIR

The Virtual Benefits Fair will open on October 1, 2025, and will be available throughout the Open Enrollment period by logging in to mynjbenefitshub. Members can browse the Virtual Benefits Fair where they can visit virtual vendor's booths, access benefit resources, register to attend informative webinars, and enter for a chance to win prizes. Members will receive an email with details.

WEBINARS

Aetna and Horizon will host a series of live webinars for members during Open Enrollment. Members may register for a webinar by accessing the webinar calendar: <https://state-of-new-jersey.foleon.com/2025-ongoing/nj-2026-ae-project-plan-calendar/>

FIND A HEALTH CARE PROVIDER

Members can access each carrier's provider directory and website through mynjbenefitshub, or they can log in to the carrier's website directly. The Aetna and Horizon provider directories enable members to search for quality in-network health care providers, facilities, and cost-sharing information. Links to carrier websites which include these comprehensive search tools can also be found on the NJDPB website: <https://www.nj.gov/treasury/pensions/hb-active-contacts.shtml>.

MEMBERSHIP TO DIRECT PRIMARY CARE MEDICAL HOME DOCTOR'S OFFICE INCLUDED IN SHBP

The SHBP offers employees and their covered dependents the opportunity to join a Direct Primary Care doctor's office. This is available as part of the Aetna and Horizon plans and does not require any changes to members' health plan elections. Members may join Marathon Health, or if they are a first responder, they may join Integrity Health.

More information regarding Direct Primary Care Medical Homes can be found on our website: <https://www.nj.gov/treasury/pensions/dpcmh.shtml>

DENTAL PLANS

Dental coverage is offered to eligible employees through the Employee Dental Plans. Dental plans are offered based on two different plan designs — Dental Plan Organizations (DPO) and a Dental Expense Plan (DEP).

- One **DPO** is available: Aetna DMO

DPOs contract with a network of providers for dental services. When an employee or dependent uses a DPO dentist, diagnostic and preventive services are covered in full. Most other eligible expenses require a small copayment. Members must use a provider that participates with the selected DPO to receive coverage. Be sure to confirm that the dentist or dental facility is taking new patients and participates with the SHBP Employee Dental Plans.

- Two **Dental Expense Plans** (DEP) are available: Aetna DEP and Horizon DEP.

The DEP is a Preferred Provider Organization (PPO) plan that allows members to obtain services from any dentist; however, using an in-network provider will reduce an employee's costs. After satisfying an annual deductible (no deductible for preventive services), members are reimbursed a percentage of the reasonable and customary charges for eligible services.

The employee cost for coverage under a dental plan is 50 percent of the actual dental plan premium. Therefore, the employee cost varies depending on which dental plan an employee chooses; however, the rate for coverage under a DPO remains considerably less expensive than the Dental Expense Plan.

Dental Plan Rates for 2026 were approved by the State Health Benefits Commission. Rate charts will be posted to the NJDPB website at: <https://www.nj.gov/treasury/pensions/hb-active-shbp.shtml>

2026 PLAN OVERVIEWS

The SHBP 2026 Plan Overviews provided by Aetna and Horizon contain a side-by-side view of the basic benefits, copayments, and other out-of-pocket costs for the SHBP medical plans and can be found on the NJDPB website at: <https://www.nj.gov/treasury/pensions/hb-active-shbp.shtml>

SUMMARIES OF BENEFITS AND COVERAGE

Detailed information about the SHBP's medical and prescription drug plans is available through the *Summaries of Benefits and Coverage*. A link to the 2026 summaries can be found on the NJDPB website at: <https://www.nj.gov/treasury/pensions/hb-active-shbp.shtml>

A direct mailing will be sent to all SHBP members to announce the availability of the summaries; however, employers also are asked to provide notice of this information to their employees. A sample of the mailer is included with this letter.

NJWELL PROGRAM

NJWELL provides inclusive and holistic experiences to meet members' needs through activities and education programming to support healthy lifestyles. NJWELL is open to employees who are enrolled in the SHBP. Spouses and eligible partners can also participate, as long as they are covered by the SHBP plan. Participants have access to specialized programming and benefits, including live wellness events, fitness challenges, and online wellness platforms tailored to their unique needs. Participants can also earn up to a possible \$350 in rewards based on points earned from participation in NJWELL. The current NJWELL 2025 Plan Year will be coming to a close on October 31, 2025. Watch your email for upcoming information about NJWELL in 2026. For information about the program, visit the NJWELL page on the NJDPB website at: <https://www.nj.gov/treasury/pensions/njwell>

EMPLOYEE CONTRIBUTIONS FOR SHBP COVERAGE

Pursuant to Pension and Health Benefit Reform (P.L. 2011, c. 78) and with the expiration, renewal, or extension of collective negotiations agreements, employees must pay a percentage of the cost of the medical and prescription plans, except for those listed below:

1. Members participating in the Aetna Freedom/CWA Unity Freedom or Horizon NJ DIRECT/CWA Unity DIRECT plans will contribute a percentage of their salary toward the cost of benefits.
2. Members participating in a Tiered Network plan will contribute 75 percent of the Aetna CWA Unity Freedom and Freedom or Horizon CWA Unity DIRECT and NJ DIRECT contribution rates in #1 above.

Percentage of salary and percentage of premium contribution worksheets are available on the NJDPB website at: <https://www.nj.gov/treasury/pensions/hb-active-shbp.shtml>

PAYROLL DEDUCTIONS AVAILABLE FOR HDHP PARTICIPANTS

Employees participating in one of the High Deductible Health Plans (HDHP) are able to use tax-deferred contributions from their paychecks to fund their Health Savings Account (HSA). If one of your employees chooses to enroll in one of the High Deductible plans, a separate contribution form is required to be completed by the employee and returned to the employer to contribute to an HSA. The form is available on the NJDPB website under Active Employee Health Benefits forms: <http://www.state.nj.us/treasury/pensions/publications-list.shtml>

PLAN MARKETING CONTACTS

Included with this letter is a listing of employer marketing contacts for the medical and dental plans. Your Human Resources staff, Benefits Administrators, or any other staff members responsible for the communication and administration of health benefits for your employees can use these contacts to obtain plan-specific information and literature for your employees.

Note: These telephone numbers are not for member services. Please do not distribute them to your employees. Phone numbers and website contacts for employees are provided on the NJDPB website: <https://www.nj.gov/treasury/pensions/hb-active-contacts.shtml>

ADDITIONAL INFORMATION

The NJDPB thanks you for your assistance with forwarding the information and materials needed to make Open Enrollment a successful and beneficial experience for your employees.

If you have any questions about the SHBP Open Enrollment or the information in this letter, please contact our NJDPB Office of Client Services at (609) 292-7524 or send an email to: pensions.nj@treas.nj.gov

Enclosures
Plan Marketing Contacts
Sample SBC Mailer